West Salem School District July 2010 Newsletter



From The Superintendent

Dear West Salem Community Members,

The time that I never thought would arrive is at hand. School's out for Nancy, 60 years after I began as a preschool student and 43 years of service as a teacher and administrator.

It is with tears in my eyes and a heavy heart that I write to thank you for the honor of being the West Salem Superintendent of Schools for the past four years. It seems like yesterday when I turned off of I-90 onto the West Salem exit and began a new chapter in my life. What a wonderful four years we have had. The best chapter was the last

One should always look forward. Please forgive me for a short trip down memory lane. Together we have implemented four-year-old kindergarten, remodeled the OEC buildings, upgraded the baseball field, added soccer lights, positioned over one million dollars of state-of-theart technology including Smart Boards, classroom netbook labs, wireless access, Compass Learning, RevTrack, AESOP, Safari Montage, Follet Library system, Parent Access, and upgraded the district web site; established the West Salem Boys and Girls Club, focused on the Energy Star program, deposited \$1,150,000 into Fund 73, refinanced bonds to save taxpayer dollars, paid off loans early, purchased new uniforms for the band, football team, etc., hired a full-time curriculum director, received many new grants, trained staff, hired over 32 dynamic new staff members, earned SEP National Certification, and rewrote the majority of our policies. I have kept busy and am sure many are breathing a sigh of relief that the "blonde tornado", as my father nicknamed me, has moved east.

It is with great anticipation that the Troy Gunderson administration begins. On my first day in the district, I met with Troy and told him my goal was to see that he was the next superintendent. How pleased I am that our dream came true. Please show Superintendent Gunderson all the kindness that you have showered on me.

Work remains to be done as we live in times with endless opportunities to enhance education through new strategies and use of technology so that each student is able to reach his or her potential. The West Salem School District is a wonderful place to work and attend school. It has been an honor to ride on the Lion's fire truck as Chief Panther and labor at your side as a member of the Historical Society. Lions Club, West Salem Business Association, and as a Board member of the West Salem Boys and Girls Club.

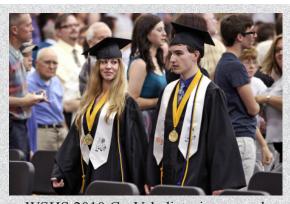
We, as I speak for my extremely supportive West Salem Panther-backer husband, take away lifetime memories of trips to state for volleyball, football, cross country, track, baseball, soccer, gymnastics and wrestling, and fabulous musical and dramatic presentations. We will wear our Panther gear with pride as we travel throughout the world.

But my greatest memory will be of watching students, who are loved by the community, succeed, graduate and move on to new opportunities. However, I have learned many return to West Salem when it is time to raise their families. They all say the same thing, "there is no place like West Salem."

God Bless you always.

Warmly,

Nancy Burns



WSHS 2010 Co-Valedictorians march down the aisle during the graduation ceremony on May 30, 2010.

West Salem School District 2010-2011 School Supply List

NOTES:

**All backpacks should be no larger than 11"x 13" due to locker size.

**All gym shoes should be tie or velcro and should have white, nonmarking soles for Physical Education class. No zippers, wheels or slip-ons.

**Please sharpen pencils at home.

**Please purchase folders with the pockets on the bottom. No side (vertical) pockets.

Please bring all completed medical forms with you at the time of registration.

4-Year-Old Kindergarten

No name needed on the following items:

- 8 pk washable Crayola markers
- 24 ct #2 pencils
- 8 oz washable liquid white school glue 1
- 4-pks play dough 3
- boxes of snacks (i.e. goldfish crackers, pretzels, graham crackers) enough for 20 students

Girls 1 box of Kleenex

1 pkg small paper plates

Boys 1 small bottle of hand sanitizer 1 pkg large paper plates

Clearly label the following

items:

- sturdy plastic folder
- backpack big enough to fit a standard size folder - no wheels
- change of clothing to be placed in Ziploc and kept at school (shirt, pants, underwear, and socks)

Kindergarten

No name needed on the following items:

- packs of skinny Crayola crayons (24 count)
- 2 Bottles of Elmer's glue
- Elmer's glue sticks
- Boxes of Crayola broad line Classic Markers
- 1 Box Crayola thin line Classic Markers
- Large box of Kleenex 1
- Large pack of napkins

- Box of crackers or cookies, monthly
- containers of antibacterial wet wipes
- pkg of 24 Ticonderoga brand #2 pencil

Please mark your child's name on the following items:

- Sturdy pocket folders (Please write your child's first and last name on the front cover.) Pockets should be on the bottom. No vertical pockets. - SEE NOTE
- Very large, sturdy backpack (No wheels allowed) Needs to be able to hold folders, library books, snow pants from home, etc. When purchasing the backpack, make sure your child can open (zip, snap, etc.) the backpack.
- pair of inexpensive tennis shoes to be left at school. Purchase with growing feet in mind.- SEE NOTE
- Beach towel for rest time. (towel to remain at school). No plastic mats.

**Girls: 1 box quart size Ziploc bags Boys: 1 box sandwich size Ziploc bags

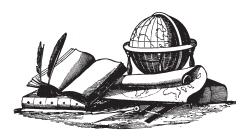
Kindergarten does not need: scissors, pencil boxes, art apron, pencil erasers, or spiral notebooks.

Grade 1

- pkg. of 12 #2 pencils SEE NOTE
- pocket folders-bottom pockets (no side pockets)
- sturdy PLASTIC pocket folders
- large glue sticks or 8 small glue sticks
- pair of Fiskar scissors (sharp ended)
- 1 box of cravons (24 or 36 count)
- 8-count box of Crayola markers 1
- large box of Kleenex (boys)
- school bag or backpack (no wheels)
- pkg. of napkins
- box of crackers or cookies, monthly
- red college ruled notebooks
- pair inexpensive tennis shoes- SEE NOTE **Elementary-School box for pencils,

glue, etc. will be provided.

**Last Names A-M 1 box Gallon size Ziploc bags; N-Z 1 box Quart size Ziploc bags





Grade 2

- pkg loose leaf paper, wide-ruled
- spiral notebooks (wide-rule, non-perforated only!)
- pkg. of #2 plain sharpened yellow classroom pencils for community use
- sturdy pocket folders with bottom pockets
- sturdy PLASTIC pocket folders with bottom pockets
- alue sticks
- small pack of 4 dry erase markers
- big erasers
- pkg. pencil top erasers (plain)
- box of crayons (24 count or larger)
- large box of facial tissue
- box of crackers or snack
- pair of good quality scissors (sharp ended)
- pkg. water-based colored markers (Cravola 8 pack)
- set of colored pencils
- pair inexpensive tennis shoes- SEE NOTE
- school bag or backpack SEE NOTE **Last Names A-H 1 box Gallon size Ziploc bags; I-Q 1 box Quart size Ziploc bags; R-Z 1 box Snack size Ziploc bags

Grade 3

- spiral notebooks (wide rule, non-perforated)
- pkg. loose-leaf notebook paper (wide rule)
- #2 plain sharpened yellow pencils (not mechanical – for community use)
- 1 bottle of Elmer's School Glue
- glue sticks
- good pair (sharp-ended) scissors
- box of crayons (24 or 36 count)
- pack of 8 count Crayola markers
- 1 big eraser (no cap erasers)
- 2 sturdy plastic folders
- pocket folders (2 red, 2 blue, 2 green)
- 3 ring binder (1 inch thick)
- 1 highlighter
- large boxes of facial tissue
- box long colored pencils
- large zippered pencil pouch, NOT school box
- box of crackers for snack, monthly
- school bag or backpack
- pair inexpensive tennis shoes-SEE NOTE

**Girls: 1 box Gallon size freezer Ziploc bags; Boys: 1 box Quart size freezer Ziploc bags

Please See Notes On Previous Page

Grade 4

- 2 sturdy plastic folder
- 4 pocket folders
- 2 spiral notebooks
- 1 pack of loose leaf paper (wide ruled)
- 1 set of colored pencils, 24 count
- 2 3-subject notebooks
- 1 box of 48 #2 pencils
- 1 box of facial tissue
- 2 large glue sticks
- 2 red pens
- 2 blue or black pens
- 1 pair of good quality scissors
- 1 school bag or backpack-SEE NOTE
- 1 pair inexpensive tennis shoes-SEE NOTE
- 2 extra-fine tip black Sharpie markers

Grades 4 & 5: FIRST ASSIGNMENT NOTEBOOK WILL BE PROVIDED. \$5.00 TO REPLACE IF LOST.

Grade 5

- 6 sturdy pocket folders 6 different colors (bottom pockets only, no side pockets)
- 6 wide-ruled spiral notebooks, *colors to match folders*
- 2 highlighters, each a different color
- 1 pkg. loose leaf paper, wide-ruled
- 1 set colored pencils, 24 count
- 1 pair quality scissors
- 1 pkg. pencil cap erasers
- 1 ruler, inch & centimeter markings
- 1 calculator
- 1 large box facial tissue
- 1 pencil pouch or school box
- 1 box of No. 2 pencils SEE NOTE
- 1 school bag or backpack
- 3-ring binder, 1-inch size (Burdick, Jeranek & LaFleur's classes only)
- 3 jumbo glue sticks
- 3 red pens
- 2 black pens
- 1 set of thin markers
- 1 pair inexpensive tennis shoes-SEE NOTE
- 1 gallon size box of Ziplock bags

NOTE: Grades 6-8 reminder-book bags will not be taken from class to class; they are only to be used for carrying materials to and from school. Tissues should be given to your advisor. Please label all supplies with name.

Grade 6

Large zippered 3 ring binder for holding notebooks and paper (e.g. Trapperkeeper)

- 10 spiral notebooks
- 6 folders (pocket)
- 4 plain green pocket folders
- 3 Glue sticks
- 1 Scissors
- set colored pencils (one for home and school)
- 1 Loose leaf paper
- 2 1" binder for science and reading
- 12 Pencils #2 w/cap erasers
- 1 Ruler with centimeter & inches
- 1 Calculator (A must!)
- 1 Pencil pouch
- 2 large boxes of Kleenex
- 1 plain yellow pocket folder-choir
- 1 plain pocket folder-general music
- 1 roll of scotch tape
- 4 highlighters
- 2 fine tip black markers (Sharpie)
- 5 pens for correcting
- 1 pack Post-it Notes 3"x3"
- 1 pack Post-it Flagsize
- 3 paper grocery bags (to cover textbooks)
- 1 USB Drive "jump drive"

NO backpacks on wheels (they don't fit in lockers)

Grade 7

- 1 large zippered 3-ring binder
- 1 3-ring 1" binder (for reading class)
- 1 3-ring 1" soft cover binder (for science)
- 1 pencil pouch
- 9 spiral notebooks
- 1 3 subject notebook with pocket dividers (for English)
- 1 ruler with centimeters & inches
- 1 box of colored pencils or markers
- 1 compass
- 4 plain blue pocket folders
- 1 protractor
- 2 black pens
- 1 pair scissors
- 2 blue pens
- 1 eraser2 fine po
 - fine point black markers
- 2 glue sticks
- 1 box of regular pencils
- 1 calculator (scientific)
- 2 large boxes of Kleenex
- 2 highlighters different colors
- 1 plain green pocket folder-choir
- 1 plain pocket folder-general music
- 1 roll 3/4" Scotch tape
- 1 pad of 100 Post-it notes 3"x3"
- 3 paper grocery bags (to cover textbooks)

Grade 8

- 2 fine tip black markers
- 1 pencil pouch
- 8 spiral notebooks
- 1 ruler with centimeters
- 1 box of colored pencils
- 1 calculator (scientific)
- 1 pocket folders (gen. music)
- 4 plain red pocket folders (homework)
- 1 protractor
 - black or blue pens
- 1 pair scissors
- 1 eraser
- 2 highlighters-different colors
- 1 glue stick
- 1 box of regular pencils
- 2 large of boxes Kleenex
- 2 3-ring 1" binder for reading and science
- 1 pack of loose leaf paper
- 1 3-subject notebook for English
- 1 3-ring binder ½" (careers)
- 20 clear top load sheet protectors (careers)
- 1 box of markers
- 1 compass
- 1 pad of 100 Post-it notes 3"x3"
- 1 plain blue pocket folder-choir
- 3 paper grocery bags (to cover textbooks)
- 2 Pack of 3x5" note cards (social studies)









2010 Swimming Pool Information

Monday-Saturday 1:30-5:00 p.m. & 6:30-8:30 p.m.

Sunday 1:30-5:30 p.m.

Family Swim Sun. Noon - 1:30 p.m.

Tues. & Thurs. 8:30-9:30 p.m.

Adult Lap Swim
Adult Early Risers
Swim Team

Mon. - Sat. 12:45-1:30 p.m.
Mon. - Fri. 6:00-8:00 a.m.
Monday-Friday 5:00-6:30 p.m.

Times may vary due to weather, number of swimmers, mechanical problems, and emergency situations. Private parties by reservation only, Sundays 6:00-8:00 p.m. E-mail Sam Ruud (sruud@wsalem.k12.wi.us) or call Sam Ruud at the pool to reserve a date and receive paperwork. Proof of insurance will be required. Cost is \$40-\$85 for the two-hour rental, depending on the number of swimmers.

Daily Admission Fees

Through 8th Grade	1.00
High School (9-12)	1.50
Adult	1.50
Waders (Accompanied by Parent)	.50

- **Refunds cannot be given due to changes in weather or equipment problems.
- *Skippers (Preschool age 3-5) July 19-23 Classes offered at 8:00, 8:45, 9:30,10:15, and 11:00 a.m.
- *This is a preschool class that works at two different levels: water adjustment skills and beginner swim skills.

This class is not part of summer school program and costs \$20. Registration for Skippers began June 8th at the pool. Payment is due at time of registration. Please come to the pool to register your swimmer.

Questions can be sent to <sruud@wsalem.k12.wi.us>.

TheWest Salem School District does not discriminate against pupils on the basis of sex, race, national origin, ancestry, creed, pregnancy, marital or parental status, religion, sexual orientation, or physical, mental, emotional, or learning disabilities or handicap in its education programs or activities. Federal law prohibits discrimination in employment on the basis of age, race, color, national origin, sex, or handicap.

Pischke's and AutoCare Mall Offer Outstanding Opportunities for Area Youth

West Salem High School Automotive Instructor Paul Liethen is extremely thankful for the actions of a couple area businesses. Both businesses have volunteered to take on an Automotive Youth Apprentice for the last 4 years.

"These businesses have continually provided a solid commitment to the automotive industry and to the youth of our area by taking on a youth apprentice. I would assume it isn't the best business decision to hire a youth apprentice, but these students learn so much that just can't be taught in our shop at the high school," said Liethen.

Mr. Jim Gross of Auto Care Mall and Midway BP, and Mr. Rahn Pischke of Pischke Motors have partnered with Liethen's youth apprenticeship program to provide numerous opportunities to West Salem High School seniors thinking about a career as an automotive technician. As a result, these students have such an advantage over other students that enter the Automotive Program at Western Technical College, says Liethen. West Salem youth apprentice grads that have graduated from Western are currently employed in this field in businesses throughout La Crosse, Onalaska, and West Salem.

"I've always been impressed with these businesses. Sometimes the apprentice works out, and sometimes they don't, but these students get a taste of what it's like to be a technician, by working under the mentorship of experienced techs," added Liethen. "Sometimes the most valuable experience is that the apprentice learns that being an automotive technician isn't for them. Figuring this out in high school stops them from spending time and money at a technical college auto program."



Duane Dahlgren receives a recognition plaque from West Salem High School automotive instructor Paul Liethen.



Scott Kaiser and Dan Gilster of AutoCare Mall receive a recognition plaque from West Salem High School automotive instructor Paul Liethen.



Jamie Nelson, service manager at Pischke Motors in West Salem receives a recognition plaque from West Salem High School automotive instructor Paul Liethen.

Calendar of Events

JULY

- 1 Baseball-V at Arcadia 7:00 Baseball-FR/JV at Arcadia - 2:30/4:30
- 5 Baseball-JV (H) Holmen 2:00
- 6 Baseball-V (H) Blair-Taylor 7:00 Baseball-FR (H) Blair-Taylor - 4:30
- 7 Baseball-V (H) La Crosse A's 7:00 Baseball-JV (H) Aquinas at 4:30
- 8 Baseball-V (H) Whitehall 7:00 Baseball-FR (H) Whitehall - 4:30
- 9 Baseball-V at GET at Copeland Park 1:00 Baseball-FR/JV at GET - 4:00
- 12 Baseball-V (H) Bangor Legion 7:00 Baseball-JV (H) Bangor Legion - 4:30
- 13 Baseball-V at Mel-min 7:00
- Baseball-V at La Crosse North Stars 6:00 Baseball-FR/JV at Luther - 4:30/6:00---
- 16 Baseball-V Regionals
- 20 Baseball-V Regionals
- 23 Baseball-V Sectionals at Whitehall
- 28-29 Baseball-V State at Stevens Point

AUGUST

- 2 Fall Sports Meeting
- 9 Football Practice Begins
- 9 Boys' Soccer Practice Begins
- 10 Girls' Tennis Practice Begins
- 16 Cross Country Practice Begins
- Volleyball Practice Begins
- SR-JR Registration for 2010-2011 School Year
- 17 SO-FR Registration for 2010-2011 School Year

SEPTEMBER

1 2010-2011 School Year Begins



The West Salem School Board gives retiring Superintendent Nancy Burns a token of appreciation at her last board meeting.

Good luck and enjoy your retirement!

STUDENTS RAISE MONEY TO SEND VETERAN TO WWII MEMORIAL IN D.C.

By: Stephanie Miller and Taylor Rel WSHS Journalism Students

West Salem Middle School students recently raised \$508.96 to help send a veteran to see the WWII memorial in Washington D.C. Students of each A/A class had a penny war against other classes. On May 19 a representative from Freedom Honor Flight came to the students' academic assembly in the gym. Four 8th graders directed this fundraiser including Alex MacRogers, Cooper Addington, Ryan Huebsch and Ethan Phelps. They also presented the check to the representative.

"Freedom Honor Flight started in Ohio with the kindness of one," said Charles Hanson, president of the Freedom Flight Organization, who added in his address to the students. "You created a special moment in our lives."

Also on hand to thank the young volunteers was Mayland Metger, a West Salem WWII veteran who journeyed on the last Freedom Flight, May 8th.

It costs about \$500 for one person to go on a flight to Washington D.C. So with the results of their fundraiser, the Middle School student body has officially "paid" for a flight to send one veteran out to see the Memorial.

The penny war was among the A/A classes in the middle school. To raise money each classroom A/A had a money jar, and students of each class were trying to raise money by bringing in pennies. As a twist to make the game more fun, other A/A classes were able to put dimes, nickels, quarters, or even dollar bills to cancel out their pennies. The class who collected the most pennies got one week off of taking Channel One notes.

"We got our idea from learning about WWII. One of our parents mentioned doing a fundraiser. After that idea got out there we talked to our teacher, Mrs. Bice, and looked on the internet for different kinds of things we could fundraise for. Once we found the Freedom Honor Flight we decided to start a penny war," said MacRogers.

"And here we are now, sending a person to see their WWII memorial. We're pretty glad we raised so much," said 8th grader Ethan Phelps.

Clearly this was a day that West Salem Middle School students were able to celebrate making a difference in people's lives... one penny at a time.

The Staff and Students of West Salem High School Invite the Class of 2014 to our annual

LINK CREW FRESHMAN ORIENTATION

8:00 a.m. - 12:00 p.m. Friday, August 27, 2010 WSHS Gymnasium

The purpose of this orientation is to make the transition from middle school to high school a positive one. Seniors and juniors will be serving as leaders and mentors to the freshman. Large and small group activities are designed to address students' needs and concerns in an enjoyable manner. Students should wear comfortable shoes and clothing, as this will be an active day! Lunch will be served at this event. Students will be expected to attend and stay for the duration of the event. If you have any questions, please call Link Crew Coordinators Andrea Armstrong at 608-386-1775 or Justin Jehn at 608-786-0844.

All 5th graders display their restaurants in the cafeteria of the elementary school on May 27. The 5th grade restaurant "owners" displayed their talent and creativity as part of the Restaurant City project.











Attention Parents of Students Entering 6th, 9th and 12th Grades

In the 2008-09 school year, the Wisconsin School Immunization law was changed to require one dose of tetanus, diphtheria, acellular pertussis (Tdap) vaccine for students in grades 6, 9 and 12 and a second dose of varicella (chickenpox) vaccine for students in grades K, 6 and 12. If your child has had chickenpox disease the vaccine is not required. Beginning in the 2010-2011 school year, the Tdap requirement will expand to include students in grades 6 through 12 and the second dose varicella requirement will expand to include students in grades K, 1, 2, 6, 7, 8 and 12.

The Centers for Disease Control and Prevention Advisory Committee on Immunization Practices also recommends meningococcal conjugate vaccine (MCV4) for students at 11 or 12 years of age, or at age 13 through 18 years if not previously vaccinated, and human papilloma virus (HPV) vaccine for **girls** at 11 or 12 years or age, or at age 13 through 18 years if not previously vaccinated. At this time, the Wisconsin School Immunization law does not require MCV4 vaccine or HPV vaccine for students.

For your convenience, the La Crosse County Health Department will offer these vaccines at no charge to protect your child and bring him/her into compliance with the law. Please call 785-9723 to set up an appointment. You may also contact your health care provider to get the required immunizations. Please Bring a copy of your child's immunization record along with you to school registration. If you have any questions please contact the nurse's office.



WSMS teacher Jenny Morgan is going to Africa this summer! She will be working with women and children/students. Mrs. Krista Beron's 6th grade art elective class made handmade books to send with her to give to the children. Students at the middle school also made bracelets in their A/A's to give to the children.

Neshonoc Yearbook Information

ATTENTION: Class of 2011

A yearbook deadline to begin thinking about... Each senior needs photos for the following publications: The 2011 Neshonoc Yearbook, the Coulee News, the Times of Our Lives, and the Senior Slideshow.

4 Photos Needed:

- 1. Yearbook/Coulee News (formal headshot)
- 2. Times of Our Lives (headshot—less formal)
- 3. Senior Picture for the Senior Slideshow
- 4. Baby Picture for the Senior Slideshow

YEARBOOK SENIOR PICTURE SPECIFICS: YEARBOOK SENIOR PICTURE SIZE- Wallet

- *Head shot (head and shoulders only)
- *Standard wallet size
- *MUST be in color
- *No full length
- *Must be formal, semi-formal
- *No background scenery
- *No "mistys"
- *No hats, props, etc.
- *NOTE: Some studios may send a headshot for the yearbook;

consult your studio to be sure the yearbook staff will receive your photos.

PLEASE LABEL ALL PHOTOS for the publication it will be used and PUT IN AN ENVELOPE WITH YOUR NAME ON IT. (This will ensure that your photos will be returned promptly and together.)

SUBMIT ALL PHOTOS TOGETHER. They will not be accepted if you don't have all 4 photos. Put your photos in the silver box in Room 242 (Mrs. Patza's Room).

ALL PHOTOS DUE BY NO LATER THAN: Friday, November 5, 2010



Celebrating at Senior Sing Out.

Ads For Grads/Friendship Ads

The Neshonoc Yearbook Ads for Grads program is a wonderful way to congratulate seniors on their accomplishments. The size options include anything from a full-page to an 1/8th page ad. The larger options provide more room for multiple photos and longer messages.

Friendship Ads are also an option for seniors. The ads provide an opportunity for seniors to celebrate their friendships with pictures and a message. For either type of ads: Please return to the yearbook staff the form with payment (checks made out to West Salem High School) and (a) labeled picture(s) if desired. Photographs will be returned. Deadline Friday, January 7, 2011.

ADS FOR GRADS AND FRIENDSHIP ADS

Your Name:	
Address:	
Phone:	
Graduate's Name:	
Ad size: 1/8 (\$40)	1/4 (\$65)
1/2 (\$100)	Full page (\$185)
Message:	

Boys and Girls Basketball Camps

July 27-29

Grades K-3 (fall 2010) 10:00 a.m. - noon Grades 4-6 (fall 2010) 12:30 - 3:30 p.m. Camps will be at WSHS

Contact Scott Koepnick: 786-1220 ext 2014, or 783-1136, or skoepnick@wsalem.k12.wi.us

Kindergarten Registration 2010-2011

Now that West Salem has a 4-Year-Old Kindergarten program, we will no longer be hosting a kindergarten registration. If you have a student who will be five years old by September 1, 2010 and the child does not attend our 4K program, please contact the elementary office at 786-1662 to pre-register. All current 4K students will automatically receive kindergarten registration information.

West Salem Community Fitness Center

Annie Labus, Interim Director

Current fitness center hours are Monday–Friday mornings 5:00–8:00 a.m., Monday–Thursday evenings 3:00–9:00 p.m., Fridays 3:00–7:00 p.m., Sunday 4:00–7:00 p.m. Fitness center gift certificates are available for purchase and are a great way to stay healthy. Also check with your insurance provider to see if they offer a reimbursement for your fitness center membership.

Clean shoes are required to enter the fitness center and indoor track. Current fitness center hours and class schedules are specified on the school website <www.wsalem. k12.wi.us>. Click on the fitness center icon to get the latest information about your community fitness center. You may call 786-1220 extension 2275.

Are you keeping your cool over the hot summer? These are a few helpful tips when working out this summer.

- Stay hydrated; keep a water bottle close by when doing summer activities.
- Try to go for walks and runs in the morning and evening when the sun isn't peaking yet.
- Choose running and walking routes that have some shade so you're not in the direct heat the whole time.
- Make sure you are eating a nutritious snack before and after long workouts. Your body needs the calories to keep you feeling your best!
- Wear clothing that is breathable and pulls the sweat away from your body.

If you just can't stand the heat, the fitness center has the perfect solution. Come indoors and enjoy our walking track and cardio machines.

Have family visiting this summer that want to workout? They can purchase a daily pass for only \$2.00 a day! Out of town guest who are not family can pay \$3.00 a day.

Zumba - Monday night 6:00-6:45

Summer fitness center/walking track hours
Monday-Friday 5:30-9:00 a.m.
Monday-Thursday 2:00-8:00 p.m.
Friday-3:00-7:00 p.m.
Sundays 4:00-7:00 p.m.

We hope to see you soon!

West Salem High School Volleyball Camp

August 2-4

Juniors and Seniors: 8:30 a.m.-12:00 p.m. Sophomores and Freshmen: 1:00-4:00 p.m.

At the West Salem High School

Brochures are available at the West Salem Park & Rec Office and the West Salem High School Office.

Are you Transferring to a Different College or Do You Need a Copy of Your High School Transcript?

If you are a WSHS graduate and need a copy of your high school transcript please follow one of the following steps:

- Send a letter/note to the high school student services office that includes:
 - a) full name as it appears on high school transcript
 - b) birth date
 - c) graduation year
 - d) address of where to send the transcript
 - e) graduate's signature (required)
 - f) \$2.00 fee per copy
- Stop in during office hours to complete and sign a transcript request form and pay fee. Requests via phone or e-mail will not be honored. The graduate's signature is required on all requests for transcripts.

Current year graduates do not pay to have their transcripts sent to their college of choice.

FYI - The high school does not keep a copy of your high school diploma.

High School Information

Office Hours	
July 1-July 2	Closed
July 6-8	9:00 a.m1:00 p.m.
July 12-15	9:00 a.m1:00 p.m.
July 19-22	9:00 a.m1:00 p.m.
July 25-30	Closed

Beginning August 2 7:30 a.m. -3:00 p.m. (M-F)

Registration
August 16

Seniors 8:30-11:30 a.m. Juniors 1:00-4:00 p.m.

August 17

 Sophmores
 8:30-11:30 a.m.

 Freshman
 1:00-4:00 p.m.

 Make-Up Time
 4:00-6:00 p.m.

<u>LinkCrew</u> Freshmen Orientation will be August 27 - 8:00 a.m.-12:00 p.m. with lunch provided.

School District of West Salem Regular Board Meeting Minutes May 10, 2010 Marie Heider Meeting Room – 7:00 p.m.

Convene

The meeting was called to order at 7:01 p.m. by President Tom Ward. The meeting was noticed to the Coulee News, La Crosse Tribune, WLSU Radio 89 FM, WXOW TV-19, WKBT-TV, WKTY, WIZM, Union State Bank, First Community Credit Union, St. Joe Country Market, River Bank-Barre Mills, West Salem Post Office, Village of West Salem, posted at each school, district web site, and district office on May 6, 2010.

Pledge of Allegiance to the American Flag
Kolton Christenson led everyone in the recitation of the
Pledge of Allegiance and Thomas Helgeson recited the
District Mission Statement.

Roll Call

Present: Ken Spraetz, Tom Ward, Errol Kindschy, and Thomas Helgeson. Also in attendance – Administrators: Nancy Burns, Dean Buchanan (7:07), Eric Jensen, Mark Carlson, Barb Buswell, and Michael St. Pierre; Student representatives: Christina Locante and Kolton Christenson. Accounts Manager: Davita Molling, Recording secretary: Patrick Bahr. Excused: Scott Scafe, Linda Brown, Jason Falck, and John Smalley.

Approval of Agenda

Mr. Helgeson asked to give a report on the WASB Spring Academy under item II. d. Written and oral reports by School Board Members. Mr. Helgeson moved, Mr. Spraetz seconded to approve the agenda as amended. Motion carried unanimously.

Connection with the Community

Christina Locante reported on:

- 1. On April 30, the high school held Star Search and Diversity and Environment Day.
- 2. The juniors had a concern on scheduling of classes; when it may happen.
- 3. There have been many field trips at the high school. One recent one was the Street Law trip to the La Crosse courthouse on April 29 to hear a trial. There was also a class visit from Assistant D.A. Dean Searnin.
- 4. The Neshonoc yearbook dedication will be Friday, May 14, 2010, at 7:00 p.m.

Kolton Christenson reported on:

1. This past Monday, 18 members were admitted during the NHS Induction Ceremony. La Crosse Mayor Matt Harter was the guest speaker.

- 2. The high school prom was this past Saturday.
- 3. The band and choir State Solo/Ensemble took place this past Saturday with many firsts and seconds.
- 4. The band and choir concert will be this coming Sunday.

Correspondence

- 1. An e-mail from high school art teacher Quenten Brown informing the board of the Senior Art Show reception on Thursday, May 13, 2010.
- 2. An e-mail from yearbook advisor Cindy Patza informing the board of the Neshonoc Dedication ceremony that will take place on Friday, May 14, 2010.
- 3. An invitation to 8th grade promotion was read.

Public comments on non-agenda items – None.

Written and Oral Reports

CESA Board of Control – Mr. Kindschy reported on the following discussion items: energy audit, comparison of school years with regards to CESA contracts, and the renegotiated second year of the Melrose-Mindoro teacher contract.

WASB Spring Academy – Mr. Helgeson reported that he and Mr. Falck attended the WASB Spring Academy conference on May 8 and reviewed the sessions they attended.

Administrator Reports – The administrators' reports were reviewed by the board. Mrs. Buswell added that the high school will be piloting student online scheduling and will start on Monday, May 17, and pointed out the semester exam schedule for the 2010-2011 school year. Mr. St. Pierre reviewed teacher interviews that were conducted. Mrs. Burns reported and summarized the WASDA Conference she recently attended.

Consent Agenda

Mr. Kindschy moved, Mr. Helgeson seconded to approve the Regular Board Meeting minutes of April 26, 2010, as amended; and invoices to be paid. Motion carried unanimously.

Discussion/Action Items:

Mr. Spraetz moved, Mr. Kindschy seconded to accept donations from Mark Carlson for the science department; Home Depot, Wal-Mart and Cathy Tyink for the high school commons; and from the Trane Company for the arts and theater department. Motion carried unanimously.

School board grant presentations were made by elementary physical education teacher Lindy Meyers and fifth grade teacher Sara Jeranek. Both teachers made a presentation on ways the grant was used and thanked the Board for their support.

The district's Director of Technology Bill Solsrud gave a presentation on the coming e-mail change from Groupwise to Microsoft Exchange/Outlook.

Mr. Spraetz moved, Mr. Helgeson seconded to approve the summer school course offerings with the additions of the summer musical and summer band contracts. Motion carried unanimously.

Mr. Kindschy moved, Mr. Spraetz seconded to approve to increase the Curriculum Director position from .5 FTE to 1.0 FTE for one-year only. Mr. Spraetz moved, Mr. Helgeson seconded to amend the motion not to exceed the amount given of \$15,761. Motion carried unanimously on the amendment. Motion carried unanimously on the original motion as amended.

Mr. Kindschy moved, Mr. Spraetz seconded to approve the elementary .5 FTE paraprofessional position for supervision. Motion carried unanimously.

Mr. Helgeson moved, Mr. Kindschy seconded to accept the administrations recommendation to hire Stacy Rel as a middle school special education teacher for the 2010-2011 school year. Motion carried unanimously.

Mr. Kindschy moved, Mr. Helgeson seconded to accept the administrations recommendation to hire Amanda Temp as an elementary school special education teacher for the 2010-2011 school year. Motion carried unanimously.

Mr. Helgeson moved, Mr. Spraetz seconded to accept the administrations recommendation to hire Jeremy Hoff as an elementary school special education teacher for the 2010-2011 school year. Motion carried unanimously.

Mr. Kindschy moved, Mr. Helgeson seconded to approve the revised MOU for the Wisconsin Phase Two Race to the Top application. Motion carried unanimously.

Mr. Spraetz moved, Mr. Kindschy seconded to approve the board committees and appointments as presented. Motion carried unanimously.

No resignations/retirements were presented for Board consideration

Mr. Kindschy moved, Mr. Helgeson seconded to send to the Finance Committee the 2010-2011 high school and middle school athletic directors contracts. Motion carried unanimously.

A school board grant presentation was made by middle school band teacher Ryan Waldhart on how his grant was used and thanked the Board for their support.

Heider Center Theatre Director Dan Heerts presented proposals for microphones that will need to be purchased for the auditorium to be in compliance by June 12, 2010. Mr. Kindschy moved, Mr. Spraetz seconded to approve quote #3 from Commercial AV Systems of Onalaska and to be paid for out of the Heider Fund. Motion carried unanimously.

Adjournment

Mr. Helgeson moved, Mr. Spraetz seconded to adjourn at 9:09 p.m. Motion carried unanimously.

Respectfully submitted, Errol Kindschy, Acting Clerk

> School District of West Salem Regular Board Meeting Minutes May 24, 2010 Marie Heider Meeting Room – 7:30 p.m.

Convene

The meeting was called to order at 7:30 p.m. by Vice President Errol Kindschy. The meeting was noticed to the Coulee News, La Crosse Tribune, WLSU Radio 89 FM, WXOW TV-19, WKBT-TV, WKTY, WIZM, Union State Bank, First Community Credit Union, St. Joe Country Market, River Bank-Barre Mills, West Salem Post Office, Village of West Salem, posted at each school, district web site, and district office on May 20, 2010.

Pledge of Allegiance to the American Flag
Christina Locante led everyone in the recitation of the
Pledge of Allegiance and Scott Scafe recited the District
Mission Statement

Roll Call

Present: Ken Spraetz, Errol Kindschy, Scott Scafe, and Thomas Helgeson. Also in attendance – Administrators: Nancy Burns, Eric Jensen, Mark Carlson, Barb Buswell, and Michael St. Pierre; Student representatives: Christina Locante and Kolton Christenson. Accounts Manager: Davita Molling, Recording secretary: Patrick Bahr. Excused: Jason Falck, Tom Ward, Linda Brown, Dean Buchanan, and Lisa Gerke.

Approval of Agenda

Mr. Spraetz moved, Mr. Scafe seconded to approve the agenda as presented. Motion carried unanimously.

Connection with the Community

Christina Locante reported on:

- 1. This week the freshmen will finish their Romeo and Juliet projects with class presentations on different scenes from the book.
- 2. High school final exams will take place this week and early next week.
- 3. Next week, the juniors will get a chance to visit a golf course to finish up their golfing unit.

Kolton Christenson reported on:

- 1. The high school LinkCrew attended the May Development Day to begin their training for the 2010-2011 school year.
- 2. The high school *Neshonoc* yearbook was dedicated to teacher Loretta Zwonitzer on May 14, 2010.
- 3. Online scheduling for 2010-2011 school year took place at the high school.
- 4. Senior sing out will be this Friday and Graduation will be Sunday.

Correspondence

The high school received a certificate of recognition for 2009-2010 from the American Cultural Exchange Service for sharing our school with foreign exchange students.

Public comments on non-agenda items – None.

Written and Oral Reports

Finance Committee – Mr. Kindschy reported that the committee met last Monday and brings forward items to the Board later in the agenda.

Professional Negotiations – Mr. Kindschy reported that the committee met last week and negotiations are proceeding.

The supervisor reports were reviewed.

Consent Agenda

Mr. Spraetz moved, Mr. Helgeson seconded to approve the Regular Board Meeting minutes of May 20, 2010; and invoices to be paid. Motion carried unanimously.

Discussion/Action Items:

Mr. Scafe moved, Mr. Helgeson seconded to approve the contract with CESA #6 for CMS4Schools web services. Motion carried unanimously.

Mr. Helgeson moved, Mr. Spraetz seconded to approve the Nonunion district Wage Rates as presented. Motion carried unanimously.

Mr. Spraetz moved, Mr. Helgeson seconded to approve compensation for the curriculum director at a salary of \$82,000. Motion carried unanimously.

Mr. Scafe moved, Mr. Helgeson seconded to approve a 2010-11 athletic director contract for Amanda Beld, middle school, and LeRoy Krall, high school. Motion carried unanimously.

Mr. Spraetz moved, Mr. Scafe seconded to approve staff summer school contracts as presented. Motion carried unanimously.

Mrs. Molling informed the Board that the district will short-term borrow a million dollars from June 1-June 22 from Union State Bank at 3% interest rate.

Mrs. Burns reviewed the latest 2010-11 budget information.

Mrs. Burns and Mrs. Molling presented information on non-personnel budget items. Mr. Helgeson moved, Mr. Spraetz seconded to approve spending up to \$150,000, using the priority as presented for purchases for this fiscal year. Motion carried unanimously.

Mr. Scafe moved, Mr. Helgeson seconded to accept the audit firm proposal from Vig and Associates, LLC. Motion carried unanimously.

Mr. Helgeson moved, Mr. Scafe seconded to approve Ruby Kerkman, pending release from her current contract, as a speech and language pathologist. Motion carried unanimously.

Mr. Helgeson moved, Mr. Scafe seconded to approve Jennifer Mick as a speech and language pathologist. Motion carried unanimously.

Mr. Spraetz moved, Mr. Helgeson seconded that the district not take the \$10,000 limit auto insurance optional coverage. After some discussion, Mr. Spraetz called for the vote. A roll call vote was taken: Mr. Spraetz, Aye, Mr. Scafe, Nay; Mr. Helgeson, Nay; Mr. Kindschy, Nay. Motion failed.

Mr. Helgeson moved, Mr. Scafe seconded to accept the \$2,790 cost to purchase auto medical payments coverage, which will provide a \$10,000 per person limit for non-employees. A roll call vote was taken: Mr. Spraetz, Nay, Mr. Scafe, Aye; Mr. Helgeson, Aye; Mr. Kindschy, Aye. Motion carried.

Mr. Scafe moved, Mr. Helgeson seconded to accept the resignation of adaptive P.E. teacher Justin Coulson and the retirement of custodian Gene Tollefson. Motion carried unanimously.

11

Mr. Scafe moved, Mr. Helgeson seconded to appoint Diane Hicks as the community representative to Fund 73 Trust. Motion carried unanimously.

Mrs. Burns reviewed the 2009 Annual Report for Village of West Salem TIF District No. 1.

Adjournment

Mr. Scafe moved, Mr. Helgeson seconded to adjourn at 8:26 p.m. Motion carried unanimously.

Respectfully submitted, Scott Scafe, Acting Clerk



A look to the past

By Connor Burke, WSHS Journalism Student

War cries echoed from the fields of West Salem Middle School on May 14 as students reenacted a civil war battle.

The Civil War reenactment day is an annual event 8th graders at WSMS. The day is filled with activities that teach students about the clothing of a soldier, the food a soldier eats, and even how to carry a gun. Mrs. Bice's 8th grade class also reads the book "Across Five Aprils" in the weeks prior to the day of events. All of these activities lead up to the reenactment at the end of the day.

Students march around in formation, taking commands from professional reenactors. Getting shot means playing dead and returning to the "aid station" and getting bandaged up.

"This day is everything and more that I anticipated it to be. It is really fun." said 8th grader Ethan Modawell.

Fun Night a Success

By Nicole Barnhart, WSHS Journalism Student

Area high school foreign exchange students helped West Salem elementary students learn about their countries and cultures. May 13th was the evening of the Fun Night, which was held at West Salem Elementary school for the students and their families.

Dita Narvitasari, an Indonesian exchange student who is attending Bangor high, performed a traditional Indonesian dance. Ferhat Rodoplu, another exchange student attending Bangor high, did a power



point presentation on his country, Turkey.

Paula Martins and Marcos Buss, Brazilian exchange students attending West Salem High School, did a presentation on Brazil, and then showed the students how to dance the samba. They also made a traditional Brazilian dessert for everyone to try. Andzelica Czajkowska and Wojciech Bortacki, Polish exchange students attending West Salem High School, also made a traditional polish dessert, and Czajkowska performed a gymnastic routine.

"When I performed, and people were watching and paying attention, it was everything that I expected and wanted. When people really appreciated the Nalesniki (the Polish dessert) and took the recipe, I saw that all of my hard work was not for nothing," said Czajkowska.



Other exchange students who attended were Liga Celma from Latvia and Catalina Saravia from Chile, who are both

attending West Salem High School, and Ricky from South Korea who is attending Coulee Region Christian School.

West Salem Students Win Robotics Competition

by WSHS Journalism Student

Two students from West Salem High School competed at the 5th annual robotics competition held at Western Wisconsin Technical College on Friday, April 30. Junior Marcos Buss and senior Nick Tabbert both competed in the blind navigation competition in the lobby of the Lunda Center, tying for first place with two other high schools.

The competition featured programming a Parallax Boe-bot to navigate through a course of different distances, with each box hit representing a certain amount of points. A total of seven boxes hit was a perfect score of 25. Three schools, including West Salem High School, all tied atop the standings with perfect scores.

"It was amazing to see three schools get perfect scores since Marcos and I thought that maybe one school would get a perfect score," said Tabbert. "We were surprised to see how well everyone else's robots were performing."

Originally Buss and Tabbert set out to compete in the dead reckoning competition, where each group or contestant tries to program their robot to travel around a three by three foot box and stop as close to its starting point as possible. Although Buss and Tabbert consistently programmed their robot to stop within half an inch of where it started, the two were disqualified during both competition runs because the robot went inside the box.

"At first we were really dedicated to our dead reckoning competition," said Tabbert, "but we lost interest the longer we worked on it. At the same time we became more interested in the blind navigation course though. We tried our best to succeed at both and put a lot of time into each one."

After experiencing disappointment in the dead reckoning competition, Buss and Tabbert set their sites on the blind navigation portion to be held that afternoon. The two had spent most of the three weeks prior to the competition in their Principles of Engineering class preparing for this competition.

"We were very excited to see how we could do in the blind navigation," said Tabbert. "Marcos and I thought we had a pretty good chance to win."

It turned out that so did everyone else. With each practice run, each high school from around the area made their robots more competitive and bettered their chances at winning. With half an hour remaining in the competition, two schools had already earned perfect scores.

"Marcos and I went from really confident to facing more disappointment in about a half-hour period," said Tabbert. "We were frustrated that our robots were not performing the way we wanted.

Buss completed his two competition runs amidst numerous practice runs but proved to be unsuccessful. With ten minutes remaining in the competition, Buss and Tabbert had a decision to make.

"It was either being satisfied with Marcos's two runs or have me go up there with a second entry," said Tabbert. "We decided that we might as well try so Marcos made a few changes and I gave it a shot."

Tabbert's first run was a near-miss, missing one crucial box that would have tied for first place. With two minutes remaining Tabbert brought the robot back over to Buss for one last change.

"Marcos made one last adjustment and we had no time to do anything else," said Tabbert.

It paid off. Tabbert's second run was perfect, earning a three-way tie as time expired.

"Marcos and I couldn't believe it," said Tabbert. "We were happy that our effort in class finally paid off."

Buss and Tabbert received recognition for their efforts at an awards ceremony held shortly after the dead reckoning competition as well as a wooden plaque commemorating their participation in the robotics competition.

"Overall this was a fun experience," said Tabbert. "I am glad I participated and would do it again."

Film Club Off To A Good Start

By: Stephanie Miller, WSHS Journalism Student

Two award-winning student film directors decided to share their passion for cinematography with their West Salem High School classmates by starting the school's first film club.

As freshmen, Ben Hanchette and Stephen Helstad won the first award of their careers as amateur film directors at the annual Creative Writing Festival held at UW-Whitewater. Since then, they have collaborated on a half dozen more projects, mostly documentaries.

The new club meets weekly and has had six successful gatherings so far. So far about ten students are involved with the meetings.

When they meet, they spend time watching film clips from some of the top movies of recent years, such as The Lord of the Rings trilogy, The Bourne Ultimatum, and A Beautiful Mind. Their goal, however, is more ambitious than simply these movies. They also want to educate club members about the craft itself.

"I wanted to teach students what goes into making films and hopefully spark some interest in the film genre," said Helstad. "Students will learn about what makes a good story, directing, acting, cinematography, and music."

Helstad and Hanchette are assisted by art teacher Quentin Brown who volunteered to serve as club advisor. All three are hopeful that interest in the club will help prompt interest in developing photography and filming classes as part of the district's curriculum offerings.

The last three meetings of the school year will focus on editing and music with a movie day on the last day. Students who still wish to join the club should head to the school's 2nd floor conference on Wednesdays, from 3:30-4:30 p.m.







Superintendent Farewell
School Supply List
Student Articles
Link Crew
Neshonoc Yearbook Information
High School Transcripts
Summer Camps
HS Summer Hours
Swimming Pool
Calendar of Events
School Board Minutes

Community Fitness Center



Students and staff busy until the end of school.

Enjoy
Your
Summer!

For a full-color version of this and past newsletters, check out the West Salem School District Website at <www.wsalem.k12.wi.us>

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