

# West Salem School District

July 2012



Newsletter

## Right In the Middle

Troy M. Gunderson, Superintendent

In the 1980's following the opening of a new "middle school" building, a group of talented West Salem teachers and administrators embraced the breakthrough research of the day concerning middle level education. The timely research suggested children in grades 6, 7 & 8 were not miniature or "junior high" school students but unique transitional learners caught between childhood and adolescence. The staff at West Salem Middle School enthusiastically implemented the recommendations of the new middle school movement through intensive training and revolutionary practices. Some twenty-five years later our middle school students continue to benefit from such innovations as thematic units, grade-level teaming and our Advisor-Advisee program.

Fast forward to 2012. We find ourselves blessed with an entirely new generation of talented employees seeking to make the best for our kids. Like the previous group, the current team is embracing relevant research and tackling the task of re-inventing middle level education. While the dynamics of middle level child development haven't changed - puberty is still a tough gig - the world around our children has changed a great deal.

When our middle school children and their families return to school in the fall, they will encounter two substantive changes in our programming. First, the schedule will be changed from the current model of nine 40 minute periods with classes meeting daily to a block schedule of four 90 minute periods with classes meeting every other day. Research indicates as the pace of our lives speeds up and access to information explodes, the need for more self-directed, uninterrupted learning events becomes paramount. Education is transitioning away from teacher-directed, passive learning towards student-directed active

learning. The more concentrated approach afforded by longer class periods will better accommodate this change in practice.

Secondly, every student will be issued a mobile tablet computing device. More specifically, our school district will provide each middle school student with an Apple iPad2 for individual use as part of our instructional programming. This breakthrough educational device will enhance the self-directed, active learning approach mentioned above. The device essentially places an entire world of information at the fingertips of each student. As noted in an earlier newsletter, open access to digitized content is revolutionary for the education industry. The sky is truly the limit.

Extending the length of our class periods and equipping our students with individual technology will literally transform our middle school. West Salem Middle School was a regional leader in the transition from the old junior high school model to the middle school concept. The bold steps taken by those involved at the time enhanced the lives of countless students and placed our middle school in high regard. The current team of professionals working in our middle school hope to repeat past success with bold new steps of their own. They aim to better serve our middle school students by doing what's right, in the middle!



**Summer School Is In Session!**

*More pictures inside.*

# West Salem School District 2012-2013 School Supply List

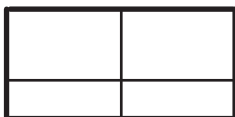
## NOTES:

**\*\*All backpacks should be no larger than 11"x 13" due to locker size.**

**\*\*All gym shoes should be tie or velcro and should have white, non-marking soles for Physical Education class. No zippers, wheels or slip-ons.**

**\*\*Please sharpen pencils at home.**

**\*\*Please purchase folders with the pockets on the bottom. No side (vertical) pockets.**



Please bring all completed medical forms with you at the time of registration.

## 4-Year-Old Kindergarten

No name needed on the following items:

- 1 box of Kleenex
- 1 container of Clorox wipes
- 1 box of snacks (fish crackers, pretzels) enough for 20 students
- 1 box washable markers (fat or skinny)
- 1 pkg play dough
- 1 pkg paper plates (small or large)

Students with the last name starting with A-M

- 1 box sandwich size Ziploc bags
- 1 child size blunt tipped Fiskar scissors

Students with the last name starting with N-Z

- 1 box gallon size Ziploc bags
- 1 pkg #2 pencils
- 1 bottle of school glue

All Students-Please mark your child's name on the following:

- 1 sturdy pocket folder
- 1 spiral notebook
- 1 backpack large enough to fit a standard folder-no wheels
- 1 change of clothing (underwear, socks, pants and shirt) in a ziploc bag to be kept at school

**\*\*Optional donations - Googly eyes, pom-poms, pony beads, unscented shaving cream, foam stickers, etc.**

## Kindergarten

No name needed on the following items:

- 2 packs of skinny Crayola crayons (24 count)
- 2 Boxes Crayola broad line Classic Markers
- 8 Elmer's glue sticks
- 2 Bottles of Elmer's glue
- 1 Box Crayola thin line Classic Markers
- 1 large pink eraser (no pencil tops)
- 1 large box of Kleenex (boys)
- 1 box Ziploc gallon size bags (boys)
- 1 large pack of napkins (girls)
- 1 box Ziploc quart size bags (girls)
- 1 box of crackers AND cookies, monthly
- 2 containers of disinfectant wipes
- 1 pkg of 24 Ticonderoga brand #2 pencils

Boys: 1 large box Kleenex & 1 box Ziploc gallon size bags

Girls: 1 large pkg. napkins & 1 box Ziploc quart size bags

**Please mark your child's name on the following items:**

- 3 plastic pocket folders (Please write your child's first and last name on the front cover.) Pockets should be on the bottom. No vertical pockets. - SEE NOTE
- 1 Very large, sturdy backpack (No wheels allowed) Needs to be able to hold folders, library books, snow pants from home, etc. When purchasing the backpack, make sure your child can open (zip, snap, etc.) the backpack.
- 1 pair of inexpensive tennis shoes to be left at school. Purchase with growing feet in mind.- SEE NOTE
- 1 Beach towel for rest time. (Towel to remain at school). No plastic mats.

**Kindergarten does not need: scissors, pencil boxes, art apron, pencil erasers, or spiral notebooks.**

## Grade 1

- 2 pocket folders-bottom pockets-plain (no side pockets)
- 2 sturdy PLASTIC pocket folders
- 4 large glue sticks or 8 small glue sticks
- 1 pair of Fiskar scissors (sharp ended)
- 1 box of crayons (24 or 36 count)
- 1 8-count box of Crayola markers
- 1 large box of Kleenex

- 1 school bag or backpack (no wheels)
- 1 box of crackers or cookies, monthly
- 1 college ruled notebook
- 1 medium size eraser
- 1 pair inexpensive tennis shoes- SEE NOTE

**\*\*Elementary-School box for desk supplies and pencils will be provided.**

**\*\*Last Names A-M 1 box sandwich size Ziploc bags;**

**N-Z 1 box Quart size Ziploc bags**

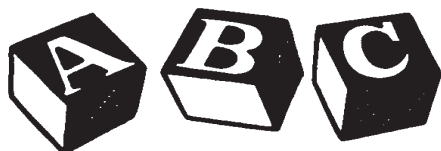
## Grade 2

- 2 spiral notebooks (wide-ruled)
- 2 pkg. of #2 sharpened Ticonderoga brand pencils
- 2 sturdy pocket folders with bottom pockets (red, yellow)
- 2 sturdy PLASTIC pocket folders with bottom pockets
- 4 large glue sticks or 8 small glue sticks
- 1 pack of 4 fine-tip dry erase markers
- 1 pencil box
- 2 big erasers
- 1 box of crayons (24 count or larger)
- 1 large box of Kleenex
- 1 box of crackers or snack
- 1 pair of good quality scissors (sharp ended)
- 1 pkg. water-based colored markers (Crayola 8 pack)
- 1 set of long colored pencils
- 1 pair inexpensive tennis shoes- SEE NOTE
- 1 school bag or backpack - SEE NOTE

## Grade 3

- 4 spiral notebooks (wide rule, non-perforated)
- 1 pkg. loose leaf notebook paper (wide rule)
- 36 Ticonderoga brand #2 pencils-sharpened, if possible
- 1 bottle of Elmer's School Glue
- 2 glue sticks
- 1 good pair (sharp-ended) scissors
- 1 box of crayons (24 or 36 count)
- 1 pkg. cap erasers
- 2 sturdy plastic folders
- 4 pocket folders
- 2 extra-fine tip black Sharpie markers
- 1 highlighter
- 2 large boxes of Kleenex
- 1 box long colored pencils
- 1 large zippered pencil pouch, NOT school box
- 1 box of crackers for snack, monthly
- 1 school bag or backpack
- 1 pair inexpensive tennis shoes-SEE NOTE

**\*\*Girls: 1 box Gallon size freezer Ziploc bags; \*\*Boys: 1 box Quart size freezer Ziploc bags**



## Please See Notes On Previous Page

### Grade 4

- 1 pencil pouch or school box
- 2 sturdy plastic folder
- 4 pocket folders
- 2 loose leaf packs of paper-wide rule
- 3 spiral notebooks
- 1 8 pk markers
- 1 large eraser
- 2 3-subject notebooks
- 1 box of 48 #2 pencils (Ticonderoga brand recommended)
- 2 boxes of facial tissue
- 2 large glue sticks
- 2 red pens
- 2 blue
- 1 pair of good quality scissors
- 1 school bag or backpack-SEE NOTE
- 1 pair inexpensive tennis shoes-SEE NOTE
- 2 black Sharpie markers

**Grades 4 & 5: FIRST ASSIGNMENT  
NOTEBOOK WILL BE PROVIDED.  
\$5.00 TO REPLACE IF LOST.**

### Grade 5

- 6 sturdy pocket folders  
(bottom pockets only, no side pockets)
- 6 spiral notebooks (wide rule, non-perforated)
- 2 highlighters, each a different color
- 1 pkg. loose leaf paper, wide-ruled
- 2 set colored pencils, 12 or 24 count  
(second for mid-year)
- 1 pair quality scissors
- 1 large eraser
- 1 ruler, inch to 16th & centimeter markings
- 1 large box Kleenex
- 1 pencil pouch or school box
- 1 box of 24 #2 pencils or mechanical  
pencils- SEE NOTE
- 1 school bag or backpack
- 1 3-ring binder, 1-inch size
- 2 jumbo glue sticks
- 3 red pens
- 2 black pens
- 1 set of thin markers
- 1 pair inexpensive tennis shoes-SEE NOTE
- 1 box of gallon size Ziploc bags (boys)
- 1 box of snack size Ziploc bags (girls)
- 1 Zip drive (optional)
- 1 Ear buds (optional)

**NOTE:** Grades 6-8 reminder-book bags will not be taken from class to class; they are only to be used for carrying materials to and from school. Tissues should be given to your advisor. Please label all supplies with name.

### Grade 6

- Large zippered 3 ring binder for holding note-  
books and paper (e.g. Trapperkeeper)
- 10 Spiral notebooks
- 1 3-subject notebook-Reading
- 3 Plain green pocket folders
- 3 Glue sticks
- 1 Scissors
- 1 set colored pencils
- 1 Loose leaf paper
- 2 1" binder for math and reading
- 5 pens for correcting (not black or blue)
- 12 Pencils #2 w/cap erasers
- 1 Ruler with centimeter & inches
- 1 Pencil pouch
- 2 large boxes of Kleenex
- 1 plain yellow pocket folder-choir
- 1 roll of transparent tape
- 4 highlighters
- 2 fine tip black markers
- 1 pack sticky notes 3"x3"
- 1 pack post-it flagsize
- 3 paper grocery bags
- 1 USB Drive "jump drive"
- 1 Ear buds

**NO backpacks on wheels  
(they don't fit in lockers)**

Please bring all completed  
medical forms with you at the time  
of registration.



### Grade 7

- 1 large zippered 3-ring binder
- 1 3-ring 1" binder (for reading class)
- 1 3-ring 1" soft cover binder (for science)
- 1 pencil pouch
- 9 spiral notebooks
- 1 ruler with centimeters & inches
- 1 box of colored pencils or markers
- 1 compass
- 3 plain blue pocket folders
- 1 plain green pocket folder-choir
- 1 plain different color pocket folder
- 1 protractor
- 2 black pens
- 1 pair scissors
- 2 blue pens
- 1 eraser
- 2 fine point black markers
- 2 glue sticks
- 1 box of regular pencils (for math homework)
- 2 large boxes of Kleenex
- 2 highlighters - different colors
- 1 roll 3/4" Scotch tape in a box
- 1 Post-it notes 3"x3"
- 3 paper grocery bags (to cover textbooks)
- 1 Ear buds

**\*\*Purchase English notebook from teacher.**

### Grade 8

- 2 fine tip black markers
- 1 pencil pouch
- 8 spiral notebooks
- 1 ruler with centimeters
- 1 box of colored pencils
- 3 plain red pocket folders (homework)
- 1 protractor
- black or blue pens
- 1 pair scissors
- 1 eraser
- 2 highlighters-different colors
- 1 glue stick
- 1 box of regular Ticonderoga pencils
- 2 large boxes of Kleenex
- 2 3-ring 1" binder for reading and science
- 1 box of markers
- 1 pad of 100 Post-it notes 3"x3"
- 1 plain blue pocket folder-choir
- 1 Pack of 3"x5" note cards (social studies)
- 1 roll clear/transparent tape for dispenser (math)
- 1 Ear buds
- 1 scientific calculator

### West Salem Middle School Registration Time & Dates:

Noon to 7:00 p.m.  
Monday, August 13  
Tuesday, August 14



Monday-Friday	1:30-5:00 p.m. & 6:30-8:30 p.m.
Saturday	1:30-5:45 p.m.
Sunday	2:00-5:45 p.m.
Family Swim	Sun. 1:00-2:00 p.m. Tues. & Thurs. 8:30-9:30 p.m.
Adult Lap Swim	Mon. - Sat. 12:45-1:30 p.m.
Adult Early Risers	Mon. - Fri. 6:00-8:00 a.m.
Swim Team	Monday-Friday 5:00-6:30 p.m.

Times may vary due to weather, number of swimmers, mechanical problems, and emergency situations. Private parties by reservation only, Saturday and Sundays 6:00-8:00 p.m. E-mail Sam Ruud ([ruud.sam@wsalem.k12.wi.us](mailto:ruud.sam@wsalem.k12.wi.us)) or call the pool at 786-0323 with questions. School use forms are available in the district office. Proof of insurance will be required. **Cost is dependent on the number of swimmers. Base cost is \$85.**

### Swimming Lessons

Students must pre-register with the middle school office for lessons.

Session III July 9- July 20

#### Daily Admission Fees

Through 8th Grade	1.00
High School (9-12)	1.50
Adult	1.50
Waders (Accompanied by Parent)	.50

**\*\*Refunds cannot be given due to changes in weather or equipment problems.**

**\*Skippers (Preschool age 3-5) July 23-27**

Classes offered at 8:00, 8:45, 9:30, 10:15, and 11:00 a.m.

**\*This is a preschool class that works at two different levels, water adjustment skills and beginner swim skills.**

This class is not part of the summer school program and costs \$25. Registration for Skippers begins Tuesday, June 12th at the pool. Payment is due at time of registration. Please come to the pool to register your swimmer.

## School Board Members

Tom Ward ~~~~~	397-9873
Scott Scafe ~~~~~	786-0969
Jason Falck ~~~~~	786-0935
Thomas Helgeson ~~~~~	612-0018
Syl Clements ~~~~~	786-1491
Jane Halverson ~~~~~	786-1067
Ken Schlimgen ~~~~~	786-4382

Board meetings are held the second and fourth Monday of each month.

## Are you Transferring to a Different College or Do You Need a Copy of Your High School Transcript?

WSHS graduates needing a transcript can print out an official transcript request form by going to the student services page on the district website [www.wsalem.k12.wi.us](http://www.wsalem.k12.wi.us). Cost is \$3 per copy.

The West Salem Area Aquatic Center Committee is looking for new members. If you are interested, they meet the first and third Thursdays at the Hazel-Brown Memorial Library at 7:00 p.m. For more information contact Becky Auna at 608-786-0097.

August Developmental Reading Summer School  
August 6-9 & 13 - 16 (Monday-Thursday)  
9:00 a.m. - noon

WSMS Registration -- August 13 & 14  
noon - 4:00 p.m. & 5:00 - 7:00 p.m.

## Open Enrollment

For more information, visit the DPI website:  
<http://dpi.wi.gov/sms/psectoc.html>

Public School Open Enrollment Program  
Wisconsin Department of Public Instruction  
P.O. Box 7841, Madison, WI 53707-7841  
Toll-free: 888-245-2732

Email: [DPIopenenrollment@dpi.wi.gov](mailto:DPIopenenrollment@dpi.wi.gov)

June 29, 2012 – Parents of accepted applicants must notify the nonresident district if the student will attend the nonresident district in the 2012-13 school year. If the parent fails to make this notification, the nonresident district may refuse to allow the student to attend the district.

# Calendar of Events

## JULY

- 4 Independence Day

## AUGUST

- 13-14 Student Registration  
 21 WSMS Marching Band  
     8:00-9:00 - Drumline & Color Guard  
     9:00-noon - 7th & 8th Grade Band & Color Guard  
     noon-1:00 - All Brass (pack a snack or bag lunch)  
 22 WSMS Marching Band  
     8:00-9:00 - Drumline & Color Guard  
     9:00-noon - 7th & 8th Grade Band & Color Guard  
     noon-1:00 - All Woodwinds (pack a snack or bag lunch)  
 23 WSMS Marching Band  
     8:00-noon - 7th & 8th Grade Band & Color Guard  
 29 Middle School Open House

## SEPTEMBER

- 3 Labor Day  
 4 First Day of 2012-2013 School Year  
 21 WSMS & WSHS Marching Band - "Band Night"  
     Perform at Home Panther Varsity Football Game  
 28 WSMS Marching Band - Oktoberfest Opening Day  
     Parade - Downtown La Crosse - 10:15  
     WSHS Homecoming!  
     WSMS Marching Band Performs in Homecoming  
     Parade - 2:00  
 30 WSMS Marching Band Performs in Warrens Cran-  
     berry Festival Parade -

## WSHS SUMMER OFFICE HOURS

June 11-29	7:30 a.m.-3:30 p.m.
July 2-6	CLOSED
July 9-12	9:00 a.m.-1:00 p.m.
July 16-19	9:00 a.m.-1:00 p.m.
July 23-26	9:00 a.m.-1:00 p.m.
July 30-August 3	CLOSED
August 6-31	7:30 a.m.-3:30 p.m.



## Heider Center Events



Visit the Heider Center website for information on the 2012-2013 Gallery displays, and Mainstage, Spotlight and Educational shows. There shows for all ages.

[www.heidercenter.org](http://www.heidercenter.org)

## WSMS Color Guard

The WSMS Marching Band always has a Color Guard lead the way when it comes to our parade performances. If you are a student entering grade 7 or 8 and would like to give Color Guard a try, please contact Mr. Waldhart. Students do not have to be in band to join the Color Guard. You will have to commit to the schedule contained within this newsletter should you decide to join. Contact info for Mr. Waldhart: [waldhart.ryan@wsalem.k12.wi.us](mailto:waldhart.ryan@wsalem.k12.wi.us) or 786-2090 (x4138)

## School Closings

### Attention Parents:

We've had great response to  
 BLACKBOARD CONNECT.

Get signed up! Details on the district website.  
[www.wsalem.k12.wi.us](http://www.wsalem.k12.wi.us)

More information will be mailed out with your  
 child(ren)'s registration packets in August!

## Announcements

CONGRATULATIONS to Erica Vehrenkamp who won the Washburn People's Choice Award for the National



History Day Projects displayed at the La Crosse Library on Main Street. Her exhibit was on Vinnie Ream Hoxie, a Wisconsin born sculptress who was selected to sculpt President Lincoln.

## 2011-2012 School Calendar

Go to the school district web site:

[www.wsalem.k12.wi.us](http://www.wsalem.k12.wi.us)

On left side click on District Calendar.

## High Quiz Bowl Team Travels To Nationals In Atlanta



The trip was very exciting. We took eight players (Kyle Lang, Chad Seitz, Josh Baker, Rachael Jahnke, Jennifer Kelley, Christopher Stockus, Cameron Robaczewski, and Connor Givens) with the thought that four would sub into the rounds: however, four of our players got to play as a standby team, so we actually had two teams playing! Even though the teams did not place, they did so well against the extraordinary competition. I am very proud of both teams, and we are all excited to begin the journey to Nationals next year. I am also very thankful to the parents for all their help and support as well as that of the school district. Without them, this experience would not have been possible.

Coach Laura Skemp Deal



Coach Deal and members of the High Quiz Bowl Team share their experiences with the school board.



## West Salem High School Volleyball Camp

(for girls entering grades 9-12)

July 23-26 at the West Salem Elementary School

Sophomores, Juniors, Seniors - 6:00-8:00 p.m.

Freshmen - 4:00-5:30 p.m.

July 27th - \*\*Central Tournament\*\*

\*Brochures can be picked up at the West Salem Park and Rec. Office or the West Salem High School Office.

## Boys and Girls Basketball Camps

July 23-26, 2012

Grades K-3 (fall 2012) 10:30 a.m. - noon

Grades 4-6 (fall 2012) 12:30 - 3:30 p.m.

Camps will be at WSES

Contact Scott Koepnick: 786-1220 ext 2014, or 783-1136, or [koepnick.scott@wsalem.k12.wi.us](mailto:koepnick.scott@wsalem.k12.wi.us)

## West Salem Boys' Basketball Camp

(for boys entering grades 5-8)

August 6-9, 2012 — 4:00-7:00 p.m.

\*Brochures for registration are available at <http://www.westsalemmoops.org/>

Please contact Chad Hayes at 920-539-1850 or [hayes.chad@wsalem.k12.wi.us](mailto:hayes.chad@wsalem.k12.wi.us)



# Neshonoc Yearbook Information

## ATTENTION: Class of 2013

A yearbook deadline to begin thinking about... Each senior needs photos for the following publications: *The 2013 Neshonoc Yearbook*, *the Coulee News*, *the Times of Our Lives*, and *the Senior Slideshow*.

TAKE THESE SPECIFICATIONS TO YOUR PHOTOGRAPHER—You are responsible for making sure you have a photo that meets the yearbook staff's requirements!

### 4 Photos Needed:

1. Yearbook/Coulee News (formal headshot)
2. Times of Our Lives (headshot—less formal)
3. Senior Picture for the Senior Slideshow
4. Baby Picture for the Senior Slideshow

### YEARBOOK SENIOR PICTURE SPECIFICS:

YEARBOOK SENIOR PICTURE SIZE- Wallet

\*Head shot (head and top of shoulders only)

\*Standard wallet size

\*MUST be in color

\*No full length

\*Must be formal, semi-formal

\*No background scenery

\*No "mistys"

\*No hats, props, etc.

**ALL PHOTOS**

**DUE BY NO**

**LATER THAN:**

**Friday, November**

**9, 2012**

**\*NOTE:** Some studios may send a headshot for the yearbook; consult your studio to be sure the yearbook staff will receive your photos.

Photographers may also send your portrait on a cd or via email. <armstrong.andrea@wsalem.k12.wi.us> Specify 300 dpi jpeg format.

*PLEASE LABEL ALL PHOTOS* for the publication it will be used and *PUT IN AN ENVELOPE WITH YOUR NAME ON IT.* (This will ensure that your photos will be returned promptly and together.) *SUBMIT ALL PHOTOS TOGETHER.* They will not be accepted if you don't have all 4 photos. Put your photos in the silver box in Room 242 (yearbook advisor's room).

## Ads For Grads/Friendship Ads

The Neshonoc Yearbook Ads for Grads program is a wonderful way to congratulate seniors on their accomplishments. The size options include anything from a full-page to an 1/8th page ad. The larger options provide more room for multiple photos and longer messages. Remember: The longer your message, the less space available to showcase your grad's picture(s).

Friendship Ads are also an option for seniors. The ads provide an opportunity for seniors to celebrate their friendships with pictures and a message.

If interested please fill out the following form and turn it in to the yearbook staff by Monday, January 7, 2013.

### ADS FOR GRADS AND FRIENDSHIP ADS

Your Name: \_\_\_\_\_

Address: \_\_\_\_\_

Phone: \_\_\_\_\_

Graduate's Name: \_\_\_\_\_

Ad size: ☐ 1/8 (\$40) ☐ 1/4 (\$65)

☐ 1/2 (\$100) ☐ Full page (\$185)

Message: \_\_\_\_\_

If the ad includes photos, please label them clearly, and send them along with this form and payment in full. Please make checks payable to West Salem High School. (Photos will be returned shortly after our final March deadline. If you need them back earlier, please contact the yearbook staff.)

### 2013 Times of Our Lives Order Form

(Underclassmen Only; Seniors are covered in class fees)

Every underclassman will want to have a Times of Our Lives. This valuable supplement to your yearbook not only showcases the seniors, but also re-caps all the spring events that the yearbook is unable to publish in time for spring delivery. Plus, you get to contribute to and personalize its contents yourself! How? By joining in the tribute to the seniors and sending your own special message(s) to seniors who were important to you. We know you will also enjoy the Seniors' "Wills" to the underclassmen, their "Words of Wisdom," and their "Most Likely" or "Senior Superlatives" showcase section. At only \$3.00, the Times of Our Lives is a true bargain and publication that you will cherish forever.

You may purchase your Times at registration as part of the yearbook sales event or from the yearbook staff later in the school year. The Times will be distributed with the yearbooks in May.

## West Salem Community Fitness Center

Annie Labus, Fitness Center Director

Foods that give you energy! The hot summer weather can drain your energy and make you feel tired and sluggish, but these foods and drinks can help give you energy and feel your best.

Water is one of the easiest and most important ways to increase energy. Many times we feel fatigued and don't realize we are thirsty until we are already dehydrated. Make sure you try and sip water during the day. Keep a water bottle full and with you at work, home and traveling. Adding water-enriched food to your diet like watermelon, cucumbers, celery and lettuce will also help keep you hydrated.

Fiber helps you stay full longer and keeps your blood sugar stabilized. Oatmeal, strawberries, carrots, raspberries, and whole wheat bread are great ways to add fiber to your diet.

Protein can also help give you energy. Lean beef, chicken and fish help muscles repair, grow and help you focus. Protein bars and shakes can be quick and easy ways to add protein to your diet but be careful when selecting one. Check out how many calories you will be consuming and what other ingredients are added.

The fitness center is always nice and cool during the summer. Community members can pay just \$2.00 a day, \$15.00 a month or \$150.00 a year. College students are just \$10.00 a month. We have a variety of cardio equipment, weights, and fitness classes. We hope to see you soon.

### Fitness Center & Walking Track Summer Hours

Monday–Friday mornings 5:30–9:00 a.m.

Monday–Thursday evenings 2:00–8:00 p.m.,

Fridays 3:00–7:00 p.m., Sunday 4:00–7:00 p.m.

Clean shoes are required to enter the fitness center and indoor track. Current fitness center hours and class schedules are specified on the school website [www.wsalem.k12.wi.us](http://www.wsalem.k12.wi.us). Click on the fitness center icon to get the latest information about your community fitness center. You may call 786-1220 extension 2275.

**Centralized Registration.** All students NEW to the West Salem School District will need to register at the District Office prior to attending the elementary, middle or the high school. The District Office is located at 405 Hamlin Street East. Additional information is posted on our website. [www.wsalem.k12.wi.us](http://www.wsalem.k12.wi.us) and click on New Student Registration

• • • • •  
• **2012-2013 School Calendar** •  
• **Go to the school district web site:** •  
• **[www.wsalem.k12.wi.us](http://www.wsalem.k12.wi.us)** •  
• **On left side click on District Calendar** •  
• **The current 2011-2012 and the 2012-2013** •  
• **school calendar will be displayed.** •  
• • • • •

The West Salem School District prohibits discrimination in all its programs and activities on the basis of race, color, creed, national origin, age, disability, and where applicable, sex, marital status, familial status, parental status, religion, sexual orientation, genetic information, political beliefs, reprisal, or because all or a part of an individual's income is derived from any public assistance program. Persons with disabilities who require alternative means for communication of program information (Braille, large print, audiotape, etc.) should contact the Pupil Services Director at (608)786-0700. To file a complaint of discrimination write to: Pupil Services Director at 405 East Hamlin Street, West Salem, WI 54669 or call 608-786-0700. The West Salem School District is an equal opportunity provider and employer.

### WSHS Class of 2012 Senior Lock-In

The Class of 2012 and their parents want to thank the following businesses for donating items to the lock-in that was held the night of graduation at Features. The West Salem Lions, Kwik Trip, Ship Shape Car Wash, Gundersen Lutheran, Premiere Fitness of La Crosse, A/C Doc, Glass Service Center, Marcie's Pet Spa, The Company Store, Coulee Region Glass, Westview, West Salem Tool and Die, Ron Schmidt and La Crosse Archery (Onalaska), and Pepsi. This event allows seniors to come and enjoy fun games, a hypnotist, bowling, archery, prizes, and food with their classmates for one last time.

A **Big Thank You** to all of the individuals that participated in the Long Range Facilities meetings. Your knowledge and experience is appreciated.

Becky Auna  
 Brian Babiash  
 Eric Bauer  
 Lance Brown  
 Errol Kindschy  
 George Christiansen  
 Paul Degenhardt  
 Mardeana Glasel  
 Thomas Helgeson  
 Scott Johnson  
 Joe Krien  
 Kenneth Manke  
 Dennis Manthei  
 Davita Molling  
 Jamie Olson  
 Melissa Olson  
 Jim Quinn  
 Scott Scafe  
 Pastor Jason Schockman  
 Barb Thompson  
 Ryan Waldhardt  
 John Wyatt  
 Steve Zeman  
 Mark Ledman  
 Ernie Tourville  
 Troy Gunderson  
 Mike Martin

Check out the full 2012 Long Range Facilities

Report at [www.wsalem.k12.wi.us](http://www.wsalem.k12.wi.us)

A Special Thank You to committee members Steve Zeman and Pastor Jason Schockman for presenting the findings to the school board.

The Staff and Students of West Salem High School  
 Invite the Class of 2016 to our annual

### ***LINK CREW FRESHMAN ORIENTATION***

8:00 A.M. - 12:00 P.M.

Friday, August 24, 2011

WSHS Gymnasium

The purpose of this orientation is to make the transition from middle school to high school a positive one. Seniors and juniors will be serving as leaders and mentors to the freshman. Large and small group activities are designed to address students' needs and concerns in an enjoyable manner. Students should wear comfortable shoes and clothing, as this will be an active day! Lunch will be served at this event. Students will be expected to attend and stay for the duration of the event. If you have any questions, please call Link Crew Coordinators Andrea Armstrong at 608-386-1775 or Justin Jehn at 608-786-0844.



WSHS Band performs in the June Dairy Days Parade



Mrs. Wagner's first grade class, 3 Piggie Opera

Thank You Mrs. Waldhart for the pictures.



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## FALL SPORTS' ATHLETE/PARENT MEETING

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The West Salem High School fall pre-season sports information meeting is set for Wednesday, August 1, 2012. The meeting will begin at 7:00 p.m. in the Heider Center auditorium. Because of the significance of understanding and signing-off on some district and WIAA policies, parents and athletes need to be in attendance for the entire meeting. Therefore the auditorium doors will be closed at 7:00 p.m. SHARP, and anyone not present at that time will need to schedule a later appointment time to get this information. All athletes planning to participate in cross country, football, boys' soccer, volleyball, girls' tennis and fall poms, and their parents, are required to attend this meeting. The meeting will begin with an overview of general information, followed by break-out sessions conducted by the head coaches in each of those fall activities. From 6:30-9:00, there will be stations set up in the lobby of the auditorium to check the necessary paperwork requirement of each athlete. We ask that you arrive early or plan to stay late so you have a chance to check physical dates, etc. All paperwork needs to be completed before that athlete is allowed to participate in any practices. If there are any questions, call the West Salem High School athletic office at 786-1220, Ext 2353.

LeRoy Krall  
WSHS AD

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## LETTER JACKET ORDERING

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Meca Sportswear will be at the Fall Sports Meeting on Wednesday, August 1, from 6:00 p.m. – 9:30 p.m. in the Heider Center Lobby. Sizing jackets are available to assure a proper fit. Please plan accordingly to get your order placed before the meeting. Order your letter jacket now to have in time for cold weather! Doors close to the sports meeting promptly at 7:00 p.m.

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## ALUMINUM FOR ATHLETICS

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When cleaning up around the garage, etc., you are encouraged to bring all aluminum cans to the can pen in the southwest corner of the Heider Center parking lot for recycling. West Salem Athletics will gain full benefit of this collection project. Also, if you have any car or truck batteries for recycling, please drop them off at West Salem Auto Repair at 513 Brickl Road, West Salem. Dave Eckelberg and the guys there have graciously offered their services to be our collection point for those recyclable batteries.

School District of West Salem  
Regular Board Meeting Minutes

May 29, 2012

Marie Heider Meeting Room – 7:00 p.m.

### **Convene**

The meeting was called to order at 7:00 p.m. by President Tom Ward. The meeting was noticed to the Coulee News, La Crosse Tribune, WLSU Radio 89 FM, WXOW TV-19, WKBT-TV, WKTY, WIZM, Union State Bank, First Community Credit Union, St. Joe Country Market, River Bank-Barre Mills, West Salem Post Office, Village of West Salem, posted at each school, district web site, and district office on May 24, 2012.

### *Pledge of Allegiance to the American Flag*

Kevin Martinson led everyone in the recitation of the Pledge of Allegiance and Alyssa Noll recited the District Mission Statement.

### *Roll Call*

Present: Syl Clements, Jane Halverson, Thomas Helgeson, Tom Ward, Jason Falck, and Ken Schlimgen. Also in attendance – Administrators: Troy Gunderson, Dean Buchanan, Eric Jensen, John Smalley (7:36), Mark Carlson, Michael St. Pierre, and Lisa Gerke; Student representatives: Alyssa Noll and Kevin Martinson. Finance Director: Davita Molling, Recording secretary: Patrick Bahr. Excused: Scott Scafe and Mike Malott.

### *Approval of Agenda*

Mr. Schlimgen moved, Mr. Falck seconded to approve the agenda as presented. Motion carried unanimously.

### **Connection with the Community**

#### *Kevin Martinson reported on:*

1. Graduation was this past Sunday.
2. The High Quiz Bowl team competed at Nationals this past weekend.

#### *Alyssa Noll reported on:*

1. June Dairy Days is this weekend.
2. The state track meet is at University of Wisconsin-La Crosse this coming weekend.
3. The varsity baseball team won their first game of the tournament season.

### *Correspondence*

A thank you from the high quiz bowl team was read.

### *Public comments* – None.

### *Written and Oral Reports*

Supervisor reports were reviewed. As part of Mr. Gunderson's report, he deferred to the High Quiz Bowl team coach Laura Skemp-Deal. Mrs. Deal highlighted the trip to the national competition in Atlanta, Georgia. Students Chris Stockus and Kyle Lang also talked about the trip and answered questions of the board.

### **Consent Agenda**

Mr. Falck moved, Mr. Helgeson seconded to approve the minutes of the Regular Board Meeting of May 14, 2012, as amended; the minutes of the Special Board Meeting of May 21, 2012; and the invoices to be paid. Motion carried unanimously.

### **Discussion/Action Items:**

Mrs. Halverson moved, Mr. Clements seconded to accept the donations for the elementary school LMC from Nick Averbeck and Jane Bangsberg. Motion carried unanimously.

Mr. Gunderson and the board discussed the Long Range Facilities Plan recommendations.

Mrs. Halverson moved, Mr. Clements seconded to accept the administration's recommendation for Bob Monroe as the boys' varsity hockey coach. Motion carried unanimously.

Mr. Schlimgen moved, Mr. Helgeson seconded to approve the administration's recommendation for 2012 summer school professional and support staff assignments and contracts as presented. Motion carried unanimously.

Mr. Falck moved, Mrs. Halverson seconded to offer contracts for the 2012-2013 school year for district/non-union staff as presented. Motion carried unanimously.

Mr. Schlimgen moved, Mrs. Halverson seconded to approve the 2012-2013 open enrollment requests as per Board Policy 425. Motion carried unanimously.

Mr. Helgeson moved, Mr. Clements seconded to approve the WIAA affiliation for high school and middle level athletics for 2012-2013 and designation of Troy Gunderson as the authorized administrator. Motion carried unanimously.

Mr. Schlimgen moved, Mrs. Halverson seconded to accept the resignation of computer technician Gretchen Larson. Motion carried unanimously.

Mr. Ward welcomed the motion for closed session: The Board will discuss, consider and, if appropriate, take

action pursuant to WI Statute 19.85 (1) (e) deliberating or negotiating the purchasing of public properties, the investing of public funds, or conducting other specified public business, whenever competitive or bargaining reasons require a closed session; for the purpose of discussing the West Salem Education Association and the West Salem School Employee Association base wages for the 2012-2013 school year.

Mr. Schlimgen moved, Mr. Falck seconded that the board convene in closed session at 8:29 p.m. A roll vote was taken: Mr. Falck Aye, Mr. Helgeson Aye, Mr. Ward Aye, Mr. Clements Aye, Mrs. Halverson Aye, and Mr. Schlimgen Aye. Motion carried unanimously.

### *Closed Session*

### **Adjournment**

Mrs. Halverson moved, Mr. Schlimgen seconded to adjourn at 9:49 p.m. Motion carried unanimously.

Respectfully submitted,  
Jason Falck, Clerk

The following minutes have not been approved by the school board.

School District of West Salem  
Regular Board Meeting Minutes  
June 11, 2012  
Marie Heider Meeting Room –7:00 p.m.

### **Convene**

The meeting was called to order at 7:00 p.m. by President Tom Ward. The meeting was noticed to the Coulee News, La Crosse Tribune, WLSU Radio 89 FM, WXOW TV-19, WKBT-TV, WKTY, WIZM, Union State Bank, First Community Credit Union, St. Joe Country Market, River Bank-Barre Mills, West Salem Post Office, Village of West Salem, posted at each school, district web site, and district office on June 7, 2012.

### *Pledge of Allegiance to the American Flag*

Syl Clements led everyone in the recitation of the Pledge of Allegiance and Lisa Gerke recited the District Mission Statement.

### *Roll Call*

Present: Syl Clements, Jane Halverson, Thomas Helgeson, Tom Ward, Ken Schlimgen, and Scott Scafe. Also in attendance – Administrators: Troy Gunderson, Eric Jensen, Mark Carlson, Mike Malott, John Smalley, Michael St. Pierre (7:32), and Lisa Gerke; Student representatives: Alyssa Noll and Kevin Martinson. Finance Director: Davita Molling, Recording secretary: Patrick Bahr. Excused: Jason Falck and Dean Buchanan.

*Approval of Agenda*

Mr. Schlimgen moved, Mr. Scafe seconded to approve the agenda as presented. Motion carried unanimously.

**Connection with the Community**

*Kevin Martinson reported on:*

1. The regular school year ended on June 7, 2012.
2. Summer school programming started on June 11, 2012.
3. Summer sporting activities have started.

*Alyssa Noll reported on:*

The summer musical is Joseph and the Amazing Technical Color DreamCoat and will be performed June 21-24 in the Marie Heider Center.

*Correspondence*

A thank you note was read from the Wisconsin Historical Society for the middle school's participation in the National History Day program.

*Public comments* – None.

*Written and Oral Reports*

Professional Staff Committee – Mr. Helgeson reported that the committee negotiated with the West Salem Education association and have reached a tentative agreement.

CESA #4 Report – Mr. Ward reported that he attended the Annual Convention and brought back a copy of the Annual Report. They also discussed what should be on the board's radar.

Administrator reports were reviewed. Mr. Gunderson reported: the Policy Committee needs to meet in July; Scott Johnson, coach and maintenance worker, applied for a grant with Riddell and received \$1000 worth of football helmets for the middle school; and negotiations with the Support Staff Committee will take place on June 18, 2012, at 6:00 p.m.

**Consent Agenda**

Mrs. Halverson moved, Mr. Helgeson seconded to approve the Regular Board Meeting Minutes of May 29, 2012; and the invoices to be paid. Motion carried unanimously.

**Discussion/Action Items:**

Mr. Schlimgen moved, Mr. Scafe seconded to accept the donation from St. Joseph Equipment in memory of Sara Hougom for the high school dance team. Motion carried unanimously.

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• For a full-color version of this and past newsletters, •  
• check out the School District of West Salem •  
• Website at [www.wsalem.k12.wi.us](http://www.wsalem.k12.wi.us) •  
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High school teachers Jeff Maves and Nicole Ellefson-Johnson gave a review of the Senior Exit Program (SEP) – past, present and future.

Elementary teacher Lisa Jones shared with the board how she used the Board Grant that she applied for and received – Key Board Project.

Mr. Scafe moved, Mr. Helgeson seconded to adopt the Long Range Facilities Plan as presented to serve as a road map for future decision making. Motion carried unanimously.

Mrs. Molling presented information on the district's property insurance. Mrs. Halverson moved, Mr. Schlimgen seconded to approve the selection of EMC as the property insurance carrier. Motion carried unanimously.

Mr. Gunderson recapped the health insurance process of the past few months and received direction from the board.

Mrs. Halverson moved, Mr. Helgeson seconded to accept the administration's recommendation to hire Kevin Flottmeyer as a high school special education teacher. Motion carried unanimously.

Mr. Scafe moved, Mrs. Halverson seconded to renew the food service co-op contract with the Bangor School District. Motion carried unanimously.

No action was taken by the Board at this time on the kindergarten iPad purchase through the McClintock Funds.

Mr. Helgeson moved, Mrs. Halveson seconded to approve the 2011-2012 budget adjustments as presented. Motion carried. (1-Nay, 5-Aye)

Mr. Schlimgen moved, Mr. Clements seconded to set the time of the June 25, 2012, Regular Board Meeting at 5:30 p.m. Motion carried unanimously.

There were no resignations received and no action was taken by the Board.

Mr. Ward welcomed the motion for closed session: The Board will discuss, consider and, if appropriate, take action pursuant to WI Statute 19.85 (1) (e) deliberating or negotiating the purchasing of public properties, the investing of public funds, or conducting other specified public business, whenever competitive or bargaining reasons require a closed session; for the purpose of discussing the West Salem Education Association and the

West Salem School Employee Association base wages, and salaries for individual administrators and district/non-union staff for the 2012-2013 school year.

Mr. Scafe moved, Mr. Schlimgen seconded that the Board convene in closed session at 8:59 p.m. A roll vote was taken: Mr. Scafe Aye, Mr. Helgeson Aye, Mr. Ward Aye, Mr. Clements Aye, Mrs. Halverson Aye, and Mr. Schlimgen Aye. Motion carried unanimously.

#### *Closed Session*

Mr. Helgeson moved, Mr. Scafe seconded to return to open session at 9:41 p.m.

#### *Open Session*

Mrs. Halverson moved, Mr. Helgeson seconded to approve a 3.16% increase on the base wages for the West Salem Education Association as presented. Motion carried unanimously.

Mr. Scafe moved, Mr. Clements seconded to approve a 2.7% increase on the salaries for the district/non-union staff as presented. Motion carried unanimously.

Mr. Scafe moved, Mr. Clements seconded to approve a 2.7% increase on the salaries for the administrators as presented. Motion carried. (1-Nay, 5-Aye)

Mrs. Halverson moved, Mr. Helgeson seconded to approve a Health Reimbursement Account (HRA) for the administrators. The district will offer a post-employment benefit equal to \$7000 per year for a maximum of 15 years of service. At the completion of the 16<sup>th</sup> year and each successive year of service, any interest earned for each year on the employee's designated account total will be added to the employee's account. Those administrators who leave the district after 5 years of service, regardless of age, will receive 25% of the accrued amount in cash. Those administrators who leave the district after 10 years of service, regardless of age, will receive 50% of the accrued amount in cash. Upon professional retirement from professional service to the school district and upon successful enrollment as a retiree within the Wisconsin Retirement System, the employee will receive the full amount applied toward continued medical insurance premium (District plan or outside plan). If the professional educator should die prior to the exhaustion of the designated funds, his/her designated beneficiary will be entitled to any remaining benefit. Motion carried unanimously.

#### **Adjournment**

Mr. Clements moved, Mr. Scafe seconded to adjourn at 9:48 p.m. Motion carried unanimously.

Respectfully submitted,  
Clerk

### **Attention Parents of Students Entering 6th, 9th and 12th Grades**

In the 2008, the Wisconsin School Immunization law was changed to require one dose of tetanus, diphtheria, acellular pertussis (Tdap) vaccine for students in grades 6, 9 and 12 and a second dose of varicella (chickenpox) vaccine for students in grades K, 6 and 12. If your child has had chickenpox disease the vaccine is not required. Beginning in the 2012-2013 school year, the Tdap requirement will expand to include students in grades 6 through 12 and the second dose varicella requirement will expand to include students in every grade but 5th, and 11th.

The Centers for Disease Control and Prevention Advisory Committee on Immunization Practices also recommends meningococcal conjugate vaccine (MCV4) for students at 11 or 12 years of age, or at age 13 through 18 years if not previously vaccinated, and human papilloma virus (HPV) vaccine for girls at 11 or 12 years of age, or at age 13 through 18 years if not previously vaccinated. At this time, the Wisconsin School Immunization law does not require MCV4 vaccine or HPV vaccine for students.

For your convenience, the La Crosse County Health Department will offer these vaccines during registration on August 14th from 3 to 6 PM. There is a \$15 administration fee per child – waived for children who present valid BadgerCare/Forward Card

(However, no one may be denied Vaccine For Children supplied vaccine for failure to pay the administration fee) You may also contact your health care provider to get the required immunizations. Please bring a copy of your child's immunization record along with you to school registration. If you have any questions please contact the nurse's office.

Connie Troyanek, RN, BSN  
School Nurse

Students talk with a World War II Veteran at the WWII memorial on the 58th Anniversary (June 6) of D-Day.



## 8th Grade Trip to Washington D.C. Trip Highlights

The first annual 8th grade trip to Washington D.C. was highlighted by a trip to the Whitehouse. During the tour, First Lady Michelle Obama was spotted leaving with her motorcade and the Treasury Secretary Tim Geitner was observed on his way to a meeting.

At the Korean Memorial there were two Freedom Honor Flights (one from Pennsylvania and one from Colorado): Our students applauded each and every one of them as they passed, bringing many smiles and tears.

While visiting the National Air and Space Museum our students were able to view the space shuttle Discovery.

Several students talked with a World War II vet and Vietnam vet at the World War II Memorial.

While at Arlington National Cemetery, the students were able to attend the changing of the guard at the Tomb of the Unknown Soldier.

Students attended the special Marine Corps Parade Tuesday evening at Iwo Jima Memorial--featuring the Marine Corps Drum and Bugle Corps and precision rifle corps.

*June 2012 marks the first year that the 8th graders at West Salem Middle School have had the opportunity to travel to Washington D.C. This year's trip took place June 3-8th.*



Students learning about Day 1 of Gettysburg at Gettysburg National Park

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## Do You Enjoy Doing Art Work and Want To be Creative This Summer?

The Peace Poster Contest was created in 1988 by Lion Clubs International to give young people the opportunity to creatively express their feelings for world peace and to share their visions with the world. The West Salem Lions Club is sponsoring this contest which is open to any student between the ages of 11-13 by November 15, living in the West Salem School District. Contestants are asked to create a poster that visually communicates the contest theme, "Imagine Peace".

Posters are due at the end of September following the contest rules. West Salem Lions gives out monetary awards for the top 3 posters with the 1st place moving on to the District level, with a chance at State and International levels.

Contest rules and more information can be picked at the West Salem Middle School or contact Rita Thompson at 786-0651 or e-mail [thomsrv@centurytel.net](mailto:thomsrv@centurytel.net).

For more information check out Lion Clubs International's web site [www.lionsclubs.org](http://www.lionsclubs.org) to view past contest finalists and more information on the contest.

## American Red Cross Blood Drive

*Sponsored by the*

### West Salem High School National Honor Society

Monday, August 13 from noon to 4:00 p.m.

West Salem High School Library,  
490 N. Mark Street, West Salem, WI

All presenting blood donors will receive a tangle-free ear bud code-card with a unique PIN number that can be entered online for a chance to win prizes! Additionally, West Salem High School will earn an additional \$500 for their school's 2012-2013 Red Cross Young Minds Change Lives scholarship.

Young donors play an important role in meeting patient needs for blood products. Approximately 20 percent of blood donations come from high school and college blood drives during the academic year. During the summer when school is not in session, donations from high school and college donors drop by as much as 57 percent.

### How to Donate Blood

Simply call 1-800-RED CROSS (1-800-733-2767) or visit [redcrossblood.org](http://redcrossblood.org) to make an appointment or for more information.

All blood types are needed to ensure a reliable supply for patients. A blood donor card or driver's license, or two other forms of identification are required at check-in. Individuals who are 17 years of age (16 with parental permission in Wisconsin), weigh at least 110 pounds and are generally in good health may be eligible to donate blood. High school students and other donors 18 years of age and younger also have to meet certain height and weight requirements.

Students will need to bring a photo I.D.  
A driver's license is best.



### 2012 Staff Retirements

Over 150 current and retired staff attended the Employee Recognition Night at Fox Hollow Banquet Hall. 10 and 20 year staff members as well as the retirees were honored at this event. Pictured above: Ed Syc, Gretchen Larson, Rita Thompson, Ellen Bice, Janice Stuntebeck, and Cheryl Kammel.



### WSHS Drama and Music Departments *JOSEPH & THE AMAZING TECHNICOLOR DREAMCOAT*





*A lot of activities going on during summer school!*



Superintendent's Letter  
 School Supply List  
 Long Range Facilities Report  
 High Quiz Bowl Competes at Nationals  
 New Student Enrollment Process  
 Link Crew Freshman Orientation  
 Neshonoc Yearbook Information  
 High School Transcripts  
 Summer Camps  
 HS Summer Hours  
 Swimming Pool  
 Immunization  
 Calendar of Events  
 School Board Minutes  
 Community Fitness Center  
 August Summer School  
 WSMS Color Guard  
 WSHS Fall Sports' Meeting  
 WSHS Letter Jackets  
 Aluminum for Athletics

## IN THIS ISSUE

School District of West Salem  
 405 East Hamlin Street  
 West Salem, WI 54669

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