

# West Salem School District

July 2009



Newsletter

## From The Superintendent

*Behind every change shines a rainbow of opportunity.*

Today I e-mailed a business owner in our community whose business is undergoing tremendous change. I let him know that I had him in my thoughts and prayers. His response was, "Every change brings opportunity." What a positive spirit.

The history of man is the story of change. Lack of whale oil led to the discovery of the use of a black substance oozing from the earth. We are now searching for an eco-friendly substance to replace oil. Opportunity called many men and women in the 18th century to "Go West." Opportunity to travel the new highway of knowledge is leading to great changes in education through the use of online coursework, communication and new job possibilities. New jobs are being created at a much more rapid pace than those disappearing. Yes, opportunity still knocks...

Last summer when I was in China it became apparent that the Chinese believe that American ingenuity will solve the problems that we now suffer from as a global community. Might solutions be found in a West Salem garage sparking another renaissance?

As you have noticed, changes have come to our school district due to the present economic climate or maybe a "window of opportunity". District staff, the administrative team, community members, and School Board have explored every aspect of our operations. We are opening windows of opportunity that will allow us to do business in differing ways with minimal impact on taxes, student achievement and in particular, class size.

Staff members will be asked to do new tasks and address problems in creative ways. Luckily, we have only had to lay off one full-time staff member and reduce the hours of several individuals. We have been able to recall some individuals due to "stimulus" funds that will allow for hiring of a math coach and teacher through natural attrition.

However, we are aware that this is not the case for many of our parents and community members. We want to let you know that we have you in our thoughts. Some individuals may have an opportunity during this period of unemployment to substitute and/or volunteer in our school district. I have witnessed many volunteers turn into great employees in years past. Please come and see me if you would like to explore this opportunity.

Your partner in education,

Nancy Burns

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## From The School Nurse

### *Immunizations*

The La Crosse County Health Department will be offering the following vaccines to children, through 18 years of age, at no cost through September 2009. Tdap, Varicella, Meningococcal, Gardasil/HPV (human papillomavirus) while supplies last.

Parents/guardians can call the department at 608-785-9723 to set up an appointment. Appointments are available Monday thru Friday, between the hours of 7:30 a.m. and 4:30 p.m. Public Health Nurses will also have a clinic at the West Salem Elementary School on August 11th from 3:00PM to 7:00 PM.

Keep in mind that the 2009-2010 school year requires that students in grades K, 1, 6, 7 and 12 will need the second dose of varicella vaccine and students in grades 6, 7, 9, 10 and 12 will need Tdap vaccine. Children outside of these grade levels are also encouraged to update immunization status.

This is a great opportunity for parents/guardians to get their children up-to-date with required immunizations. If you have any questions about the immunization requirements, please contact Connie Troyanek (school nurse at 786-1662) or the Immunization Program at the La Crosse County Health Department-Public Health Nursing.

# West Salem School District 2009-2010 School Supply List

## NOTES:

\*\*All backpacks should be no larger than 11"x 13" due to locker size.

\*\*All gym shoes should be tie or velcro and should have white, non-marking soles for Physical Education class. No zippers, wheels or slip-ons.

\*\*Please sharpen pencils at home.

\*\*Please purchase folders with the pockets on the bottom. No side (vertical) pockets.

Please bring all completed medical forms with you at the time of registration.

## Kindergarten

No name needed on the following items:

- 3 packs of skinny Crayola crayons (24 count)
- 2 Bottles of Elmer's glue
- 4 Elmer's glue sticks
- 2 Boxes of Crayola broad line Classic Markers
- 1 Box Crayola thin line Classic Markers
- 1 Large box of Kleenex
- 1 Large pack of napkins
- 1 Box of crackers or cookies, monthly
- 2 packages of antibacterial wet wipes

### Please mark your child's name on the following items:

- 3 Sturdy pocket folders (Please write your child's first and last name on the front cover.) Pockets should be on the bottom. No vertical pockets.



- 1 Very large, sturdy backpack (No wheels allowed) Needs to be able to hold folders, library books, snow pants from home, etc. When purchasing the backpack, make sure your child can open (zip, snap, etc.) the backpack.
- 1 pair of inexpensive tennis shoes to be left at school. Purchase with growing feet in mind. - SEE NOTE
- 1 Beach towel for rest time. (towel to remain at school). No plastic mats.

Kindergarten does not need: scissors, pencil boxes, art apron, pencil erasers, or spiral notebooks.



## Grade 1

- 1 pkg. of 12 #2 pencils
- 1 pkg. of pencil cap erasers
- 2 pocket folders-bottom pockets (no side pockets)
- 2 sturdy PLASTIC pocket folders
- 4 large glue sticks or 8 small glue sticks
- 1 pair of Fiskar scissors (sharp ended)
- 1 box of crayons (24 or 36 count)
- 1 8-count box of Crayola markers
- 1 large box of Kleenex
- 1 school bag or backpack (no wheels)
- 1 pkg. of napkins
- 1 box of crackers or cookies, monthly
- 2 red college ruled notebooks
- 1 pair of inexpensive tennis shoes- SEE NOTE

\*\*Elementary-School box for pencils, glue, etc. will be provided.

\*\*Last Names A-M 1 box Gallon size Ziploc bags; N-Z 1 box Quart size Ziploc bags

## Grade 2

- 5 spiral notebooks (wide-rule, non-perforated only!)
- 1 pkg. of #2 plain sharpened yellow classroom pencils for community use
- 3 sturdy pocket folders with bottom pockets
- 2 sturdy PLASTIC pocket folders with bottom pockets
- 2 glue sticks
- 1 bottle of Elmer's School Glue (no gel glue) (Hickey & Schwartz only)
- 1 small pack of 4 dry erase markers
- 1 school box
- 2 big erasers
- 1 pkg. pencil top erasers
- 1 box of crayons (24 count or larger)
- 1 large box of facial tissue
- 1 box of crackers or snack
- 1 pair of good quality scissors (sharp ended)
- 1 pkg. water-based colored markers (Crayola 8 pack)
- 1 set of colored pencils
- 1 pair of inexpensive tennis shoes- SEE NOTE
- 1 school bag or backpack - SEE NOTE

\*\*Last Names A-H 1 box Gallon size Ziploc bags; I-Q 1 box Quart size Ziploc bags; R-Z 1 box Snack size Ziploc bags

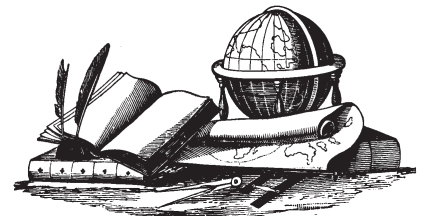
## Grade 3

- 6 spiral notebooks (wide rule, non-perforated)
- 1 pkg. loose-leaf notebook paper (wide rule)
- 48 #2 plain sharpened yellow pencils (not mechanical – for community use)
- 1 bottle of Elmer's School Glue
- 2 glue sticks
- 1 good pair (sharp-ended) scissors
- 1 box of crayons (24 or 36 count)
- 1 big eraser (no cap erasers)
- 2 sturdy plastic folders
- 6 pocket folders (2 red, 2 blue, 2 green)
- 1 3 ring binder (1 inch thick)
- 1 highlighter
- 2 large boxes of facial tissue
- 1 box long colored pencils
- 1 large zippered pencil pouch, NOT school box
- 1 box of crackers for snack, monthly
- 1 school bag or backpack
- 1 pair inexpensive tennis shoes-SEE NOTE

\*\*Girls: 1 box Gallon size freezer Ziploc bags; Boys: 1 box Quart size freezer Ziploc bags

## Grade 4

- 1 sturdy plastic folder
- 5 pocket folders
- 3 spiral notebooks
- 1 pack of loose leaf paper (wide ruled)
- 1 set of colored pencils, 24 count
- 2 3-subject notebooks
- 1 ruler with inches and centimeters (hard plastic)
- 1 box of 48 #2 pencils
- 1 box of facial tissue
- 2 large glue sticks
- 2 red pens
- 2 blue or black pens
- 1 pair of good quality scissors
- 1 package of pencil cap erasers
- 2 highlighters
- 1 school bag or backpack-SEE NOTE
- 1 pair of inexpensive tennis shoes-SEE NOTE
- 1 pencil pouch-NOT school box
- 2 fine-tip black permanent Sharpie markers
- 2 extra-fine tip black Sharpie markers



## Please See Notes On Previous Page

**Grades 4 & 5: FIRST ASSIGNMENT NOTEBOOK WILL BE PROVIDED. \$5.00 TO REPLACE IF LOST.**

### Grade 5

- 6 pocket folders (bottom pockets only, no side pockets):
- 6 wide-ruled spiral notebooks, each one a different color
- 2 highlighters, each a different color
- 1 pkg. loose leaf paper, wide-ruled
- 1 set colored pencils, 24 count
- 1 pair quality scissors
- 1 pkg. pencil cap erasers
- 1 ruler, inch & centimeter markings
- 1 calculator
- 1 large box facial tissue
- 1 pencil pouch or school box
- 1 box of No. 2 pencils
- 1 school bag or backpack
- 1 3-ring binder, 1-inch size (Burdick, Jeranek & LaFleur's classes only)
- 3 jumbo glue sticks
- 3 red pens
- 2 black pens
- 1 set of thin markers
- 1 pair of inexpensive tennis shoes-SEE NOTE

NOTE: Grades 6-8 reminder-book bags will not be taken from class to class; they are only to be used for carrying materials to and from school. Tissues should be given to your advisor. Please label all supplies with name.

### Grade 6

- Large zippered 3 ring binder for holding notebooks and paper (e.g. Trapperkeeper)
- 10 spiral notebooks
- 6 folders (pocket)
- 4 plain green pocket folders
- 3 Glue sticks
- 1 Scissors
- 2 sets colored pencils (one for home and school)
- 1 Loose leaf paper
- 1 1" binder for science
- 12 Pencils #2 w/cap erasers
- 1 Ruler with centimeter & inches
- 1 Calculator (A must!)
- 1 Pencil pouch
- 2 large boxes of Kleenex
- 1 plain yellow pocket folder-choir

- 1 plain pocket folder-general music
- 1 roll of scotch tape
- 2 highlighters
- 2 fine tip black markers (Sharpie)
- 1 composition notebook
- 1 pack Post-it Notes 3"x3"
- 1 pack Post-it Flagsize
- 3 paper grocery bags (to cover textbooks)

**NO backpacks on wheels (they don't fit in lockers)**

### Grade 7

- 1 large zippered 3-ring binder
- 1 3-ring 1" binder (for reading class)
- 1 3-ring 1" soft cover binder (for science)
- 1 pencil pouch
- 9 spiral notebooks
- 1 3 subject notebook with pocket dividers (for English)
- 1 ruler with centimeters & inches
- 1 box of colored pencils
- 1 box of markers (not chisel tip)
- 1 compass
- 4 plain blue pocket folders
- 1 protractor
- 2 black pens
- 1 pair scissors
- 2 blue pens
- 1 eraser
- 2 fine point black markers
- 2 glue sticks
- 1 box of regular pencils
- 1 calculator
- 2 large boxes of Kleenex
- 2 highlighters - different colors
- 1 plain green pocket folder-choir
- 1 plain pocket folder-general music
- 1 roll 3/4" Scotch tape
- 1 pad of 100 Post-it notes 3"x3"
- 3 paper grocery bags (to cover textbooks)

### Grade 8

- 2 fine tip black markers
- 1 pencil pouch
- 8 spiral notebooks
- 1 ruler with centimeters
- 1 box of colored pencils
- 1 calculator (scientific)
- 2 pocket folders (careers/gen. music)
- 4 plain red pocket folders
- 1 protractor
- black or blue pens
- 1 pair scissors
- 1 eraser
- 2 highlighters-different colors
- 1 glue stick
- 1 box of regular pencils
- 2 large of boxes Kleenex
- 1 3-ring 1" binder for reading
- 1 pack of loose leaf paper
- 1 3-subject notebook for English
- 1 Front View 3-ring binder (careers)
- 20 clear top load sheet protectors
- 1 box of markers
- 1 compass
- 1 pad of 100 Post-it notes 3"x3"
- 1 plain blue pocket folder-choir
- 3 paper grocery bags (to cover textbooks)
- 1 1" binder for Science
- 1 pack of 3x5" notecards

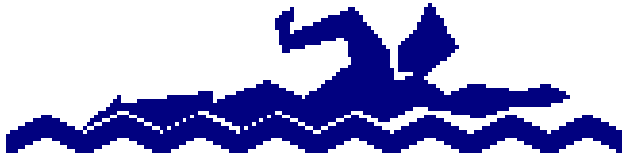


## School Employee's Work On Display





# 2009 Swimming Pool Information



Monday-Saturday	1:30-5:00 p.m. & 6:30-8:30 p.m.
Sunday	1:30-5:30 p.m.
Family Swim	Sun. Noon - 1:30 p.m. Tues. & Thurs. 8:30-9:30 p.m.
Adult Lap Swim	Mon. - Sat. 12:45-1:30 p.m.
Adult Early Risers	Mon. - Fri. 6:00-8:00 a.m.
Swim Team	Monday-Friday 5:00-6:30 p.m.

Times may vary due to weather, number of swimmers, mechanical problems, and emergency situations. Private parties by reservation only, Sundays 6:00-8:00 p.m. E-mail Sam Ruud (ruusam@wsalem.k12.wi.us) or call Sam Ruud at the pool to reserve a date and receive paperwork. Proof of insurance will be required. **Cost is \$75-\$125 for the two-hour rental, depending on the number of swimmers.**

## Swimming Lessons

Students must have pre-registered with the middle school office for lessons. Students must have completed kindergarten in order to be part of the summer school swim sessions.

Session I	June 15 - June 26
Session II	June 29 - July 10
Session III	July 13- July 24

## IMPORTANT NOTE: POOL PASSES WILL BE SOLD AT THE POOL.

Membership	Resident	Non-Resident
Family	65.00	95.00
Single High School/Adult	40.00	50.00
Through 8th Grade	35.00	50.00
Daily Admission Fees		
Through 8th Grade		1.00
High School (9-12)		1.50
Adult		1.50

Waders (Accompanied by Parent) .50

\*\*Refunds cannot be given due to changes in weather or equipment problems.

**\*Skippers** (Preschool age 3-5) July 27-31

Classes offered at 8:00, 8:45, 9:30, 10:15, and 11:00 a.m.

\*This is a preschool class that works at two different levels - water adjustment skills and beginner swim skills.

This class is not part of summer school program and costs \$20.

Registration for Skippers begins Monday, June 22 at the pool. Payment is due at time of registration. Please come to the pool to register your swimmer.



Mrs. Wizner's class drawing outside in the open air [plein air drawing] on their last day of art class for the 2008-09 school year with Mrs. Stefferud-Johnson.



## PLEIN AIR DRAWING

What You Need:

a few pieces of paper, pencils (or paints), coloured pencils, and a thick piece of cardboard

For more information about plein air drawing, visit <http://www.kinderart.com/drawing/pleinair.shtml>.

The West Salem School District does not discriminate against pupils on the basis of sex, race, national origin, ancestry, creed, pregnancy, marital or parental status, religion, sexual orientation, or physical, mental, emotional, or learning disabilities or handicap in its education programs or activities. Federal law prohibits discrimination in employment on the basis of age, race, color, national origin, sex, or handicap.

# Heider Center Events

Marie W. Heider Center for the Arts

## 2009-2010 SPECIAL EVENT!

The Greatest Story Ever Retold - *COTTON PATCH GOSPEL* - This magical musical is directed by Morrie Enders and features the original Coulee Region cast. It portrays the gospels of Mark and John as if they were events happening in modern-day rural Georgia. This multi-award winning production and cast performed in theatres, churches and festivals around the country in the 1990's and is being reunited to take this production to an international festival in Monaco France in late August.

Performances are July 24-26 and July 31 - August 2, 2009  
Sunday matinees are at 2:00 p.m.

Ticket cost: \$15.00 for adults and \$13.00 for students and senior citizens. Call the box office 786-1220 (ext 4) for tickets.

## 2009-2010 CELEBRATING OUR 6th SEASON

### MAINSTAGE SERIES:

*Rave On!* - The electrifying New Buddy Holly Tribute  
Thursday, October 22, 2009, at 7:30 p.m. \$15/\$13

*Bill Miller in Concert*  
Saturday, November 14, 2009, at 7:30 p.m. \$15/\$13

*Dallas Brass* - A Musical Travelogue through American History  
Monday, February 15, 2010, at 7:30 p.m. \$15/\$13

*Randy Sabien and Friends in Concert*  
Friday, March 19, 2010, at 7:30 p.m. \$12/\$10

*Home Free A Cappella*  
Thursday, April 15, 2010, at 7:30 p.m. \$12/\$10



### FAMILY SERIES:

All Seats \$6.00 and are General Admission

*Laura Ingalls Wilder*  
Friday, October 9, 2009, at 7:00 p.m.

*Tom Pease, Children's Musician*  
Saturday, February 6, 2010, at 2:00 p.m.

*Flanagan Irish Dancers*  
Sunday, March 7, 2010, at 2:00 p.m.

Missoula Children's Theatre presents: *King Arthur's Quest*  
A week long residency, culminating in two public performances starring local children. Call the box office for audition information.  
Saturday, April 24, 2010, at 2:00 p.m. and 7:00 p.m.

## Visual Arts Series

"Altered Book Show" - A collection of work from area educators

September 1-30, 2009

"Recent Works" Water Color, Jo Bladridge

October 1-31, 2009

Portal Wisconsin Artists of La Crosse County

November 1-30, 2009

Photography by Phyllis Olson & Diana Swim

December 1-30, 2009

"Practicing What We Preach" - Angie Stefferud-Johnson, Krista Beron, Danielle Tsukano & Quenten Brown

January 1-31, 2010

"Acrylic Florals & Landscapes/Watercolor Portraits" - Jean Donohoe

February 1-28, 2010

District K-12 Art Show

March 1-31, 2010

Community Art Exhibit

April 1-30, 2010

West Salem High School Senior Art Show

May 1-31, 2010

**Coming soon ... hopefully**

going live on June 28, without any unforeseen problems or issues,

**the new website for  
the Heider Center**

<[www.theheidercenter.org](http://www.theheidercenter.org)>.



**Is your child enrolled for school?**

**Kindergarten and 4 year-old kindergarten registrations for the 2009-2010 school year were held in January. If you were unable to attend, please stop by the elementary office to pick up an enrollment packet.**

**Thank you.**



# Calendar of Events

## JULY

- 2 Baseball-Varsity at Arcadia - 5:00 & 7:00 (correction)  
Baseball-FR/JV (H) Arcadia - 12:00 (correction)
- 3 Baseball-Varsity at Bangor Legion - 7:00  
Baseball-JV at Bangor Legion - 4:30
- 6 Baseball-Varsity at La Crosse A's (Aquinas) - 7:00  
Baseball-FR at La Crosse A's (Aquinas) Seminary - 2:00
- 7 Baseball-Varsity (H) GET - 7:00  
Baseball-FR/JV at GET - 4:30
- 8 Baseball-FR/JV (H) Mel-Min - 12:30
- 9 Baseball-Varsity (H) Mel-Min - 7:00
- 10 Baseball-Varsity at Whitehall - 7:00
- 13 Baseball-Varsity at Copeland Park vs. C-FC - 8:30 a.m.  
Baseball-FR/JV (H) Onalaska Legion - 4:30
- 14 Baseball-JV at Holmen Legion - 2:00
- 16 Baseball-Varsity at La Crosse North Stars (Logan) - 6:00  
Baseball FR at Bi-State (Onalaska Luther) 2:30
- 17 Baseball-Varsity Regionals
- 21 Baseball-Varsity Regionals
- 24 Baseball-Varsity Sectionals at Arcadia
- 29-30 Baseball State at Stevens Point



## RE-ENACTMENT BRINGS CIVIL WAR TO LIFE

By Alex Martinson, WSHS Journalism Student

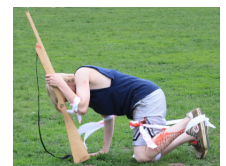
Friday, May 15th was more than just another year out on the battle field for West Salem Middle School eighth graders.

This year marked the school's 15th annual Civil War re-enactment, and the day began with the tradition of the "troops" performing in drills and also marching as a company (team). The troops then learned from the re-enactors how to load and fire their weapons (wooden guns), learned about the life of Billy Yank (the life of a Union troop), the life of Johnny Reb (life of a Confederate troop), about medical practices, and also about the letters written home by the soldiers. After a Civil War lunch it was time for the battle.

"This is awesome! I would do this every day," said CJ Walters as she was running back to the battle field from the hospital for the fourth time. Another student, Glenn McCabe, said that she prefers learning this way better than in the classroom. "[I learned that] war is serious, it's intense and you have to work as a group," McCabe added.

When eighth grade social studies teacher Jennifer Morgan came to West Salem 15 years ago she brought along the idea of a Civil War day. She had seen the war performed at another school and liked the idea. Ellen Bice then tied in the book *Across Five Aprils*, a book about a boy who thinks war is an exciting adventure but when he actually goes into the war he finds that it is the exact opposite.

"Students have an 80% chance of retaining the knowledge learned [if they are a part of it]," said Bice. Bice also said it is a great experience for the students to realize how the Civil War really was.



## AUGUST

- 3 WSHS Fall Sports Meeting

**2009-2010**

## Back to School Picnic

All K-12 West Salem School District Families, Staff and Community Members are Invited!!!

**Thursday, August 27, 2009**  
**4:30-7:30 pm**

West Salem High School green space (rain location: Lion's Shelter)

Bring your family & a picnic blanket for an evening of fun, food and friendship as we celebrate a new school year at West Salem Schools!  
Stop by before or after you attend your school's Open House!  
*Elementary Open House: drop off supplies between 5:30-7 pm WSMS Open House 6:30-7:30 pm*

**Chicken-Q** prepared by Premier Catering

**Cost: \$7.00** Includes 1/2 chicken, potato salad, beans & roll (beverage not included)  
Get your tickets in advance at the WS District Offices during the summer OR  
Tickets can be picked-up or purchased at Registration on Aug. 17-18 at all 3 schools

Sponsored by the WSES PTO, West Salem Fine Arts Board & WSHS Booster Club

**Other food items for sale include:**  
Hotdogs, Caramel Apple Sundaes, Beverages,  
Root Beer Floats & Walking Tacos & more!  
(all proceeds benefit clubs and groups that support West Salem Schools)  
OR  
Bring your own picnic supper!

**FREE Fun Activities for the whole family to enjoy**  
**Inflatables, Face Painting,**  
**and Live Music by Quenten Brown !!!**

## TRACK COUNTERPARTS SHOW THEY CAN BE SUCCESSFUL

Nick Tabbert, WSHS journalist



While the WSHS track athletes were preparing for the state meet last weekend, the West Salem Elementary school fourth and fifth graders participated in their bi-annual

track meet on Monday June 1. Students competed in seven running events including two relays and four field events including long jump, high jump, Frisbee throw and softball throw.



The event finished the track and field unit that the fourth and fifth graders participate in during the last few weeks of school. Students were asked to pick the three events, one field and one track, in which they would like to participate in.

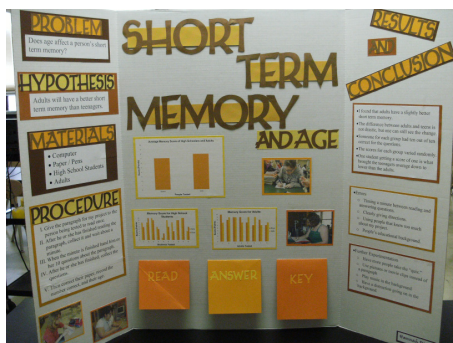
Physical education teachers Kristen Csiacsek, Lindy Meyers, and Carol Hanson along with parent volunteers helped run the meet and keep times of the participants. Scores were not recorded but told to the athletes when they were finished.



## Science Expo

Though this student determined that adults have better short term memory than teens, it is clear these students will remember their freshman science project for quite some time. Approximately 175 people stopped to view the boards at the Science Expo and Ice Cream Social on June 1, 2009.

Justin Jehn  
Science Teacher



## EXTRA EFFORT FOR MAY

Sarah Schneider, WSHS Journalism

As the year winds down the staff at West Salem High School elected two students for the May Extra Effort Nomination. These two are seniors Jarod Hrabak and Ashley Sauter, who jointly produced this year's Senior Slide Show, a completely volunteer undertaking.

Hrabak, the son of Brad and Tamie, has been involved in many extracurricular activities and sports. He was the editor in chief of the school newspaper. Outside of school, he participated in Big Brothers Big Sisters, and volunteered at St. Clare Health Mission and the Boys and Girls Club. He also stays busy working at Features 25 hours a week.



His future plans include going to UW-L for pre-pharmacy, then going to UW-Madison to enter its pharmacy school.

Sauter is the daughter of Jay and Patti. her interests include shopping, hanging with friends, and sleeping. She currently works at Herbergers 25-28 hours a week.



Her future plans include going to Western Technical College with an undecided major.

"To see the way these two young people dedicated themselves and sacrificed every extra minute they could to this year's slide show was truly inspiring. No one can imagine the attention to detail required to pull this off. Jarod and Ashley made the slide show project a true labor of love," said teacher Cindy Patza.

"It was heart-warming to see them huddled over the myriad pictures and hunched at their computers day after day and night after night all spring," Patza added. "Then the week after they graduated, where were they? Back in our journalism production room finalizing the mailing to return each and every picture to its owner!"

### High School Information

#### Office Hours

Beginning August 3 7:30 a.m. -3:00 p.m. (M-F)

#### Registration

August 17	
Seniors	8:30-11:30 a.m.
Juniors	1:00-4:00 p.m.
August 18	
Sophomores	8:30-11:30 a.m.
Freshman	1:00-4:00 p.m.
Make-Up Time	4:00-6:00 p.m.

LinkCrew Freshmen Orientation will be August 26 - 8:00 a.m.-12:00 p.m. with lunch provided.



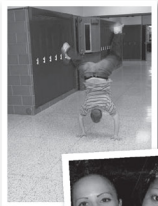
# Neshonoc Yearbook Information

## WSHS YEARBOOK PORTRAIT SPECIFICATIONS

Class of 2010 please be sure you convey these specifications to your chosen photographer.

- Deadline to submit photo to yearbook staff: Oct. 9, 2009
- Overall image size: 2 ¼" x 2 ½"
- Exact head size from eyebrows to bottom of chin: 1 1/8"
- All images must be in color.
- Other specifications: no hats, props, cluttered backgrounds.
- No horizontal layouts. (If you submit a horizontal it will be cropped into a vertical)
- Questions contact advisor Cindy Patza: 786-1220 cpatza@westsalem.k12.wi.us
- If you wish to have 1 pose be used in both the yearbook and its supplement, the Times of Our Lives, we need only 1 copy of the pose. If however you want to use a different pose for the Times provide us 2 poses clearly indicating which publication they are to be used in.
- The senior slide show is not produced by West Salem High Schools journalism staff; please be prepared to submit a separate senior portrait and baby picture to your 2010 slide show committee which is comprised of student volunteers.

### Image Share



Get your pictures in the yearbook!



The Yearbook Staff invites students and parents to submit photos for the yearbook. If you've got great photos of school and community events or you and your friends just having fun, we'd like to see them.

Our photographers can't be everywhere. Help us get as many photos as possible to create a terrific book everyone will want to have.



Here is how you can submit photos online—

Log on to: [images.jostens.com](http://images.jostens.com)

Enter Login ID: 400000353

Password: panther10

**Yearbook It!**

- Browse to select the photo(s) you wish to upload, click on "Image Share".
- Enter information about the photo and provide contact information in case the staff needs additional information.
- Click "Save Details".

It's that easy! Submit your photos today!

The last day to submit photos is **Feb. 1, 2010**



The Yearbook Staff will review all photos and determine final yearbook content. We cannot guarantee that all submissions can be used in the book.



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## Attention Parents and Class of 2010:

Yes, next year's Neshonoc is already in progress! Here are a few things for you to consider throughout the summer:

### SENIOR PORTRAITS

In order for your senior pictures to be in the book next year, there are a few specifications. Please pass them on to your photographer.

3 Photos Needed:

#1. Yearbook—formal headshot

#2. Times of our Lives/Coulee News

#3. Senior Slide Show

NOTE- The 2nd and 3rd picture may be more informal  
Picture #3 may even be full-length

**SENIOR PICTURE #1 DEADLINE**- Submit by November 6.

Allow 4-6 weeks after photo session for development- studios may charge a fee for rush order.

**YEARBOOK SENIOR PICTURE SIZE**- Wallet  
**YEARBOOK SENIOR PICTURE SPECS**-

Head shot (head and shoulders only)

Standard wallet size      **MUST** be in color

No full length      Must be formal, semi-formal

No background scenery      No "misty"

No hats, props, etc.

Submit three pictures to Mrs. Patza. Some studios send us the yearbook picture directly. Others require that you come back to pick up the picture and deliver it to our staff yourself. Be sure to know which procedure your chosen photographer expects you to follow.

### ADS FOR GRADS and FRIENDSHIP ADS

The Yearbook Ads for Grads program is a wonderful way to congratulate seniors on their accomplishments. You will have the option to purchase anything from a full-page to an 1/8th page ad. The larger options will provide you more room for multiple photos and longer messages. Friendship Ads are also an option for seniors. The ads provide an opportunity for seniors to celebrate their friendships with pictures and words.

The costs will be as follows:

Full page.....	\$185
Half page.....	\$100
Quarter page.....	\$65
Eighth page.....	\$40

If you are interested in purchasing an Ad for Grad or a Friendship Ad, please fill out the enclosed form and return it to the Neshonoc staff by Christmas break!





## WELLNESS PROGRAM FOR STAFF TO LOWER INSURANCE COSTS

By Christina Locante, WSHS Journalist

An end-of-the-year wellness program for the staff of West Salem School District included three events to better the health of members of the staff. By reinforcing healthy choices and habits, the district hopes to lower its long-range health insurance costs.

The first event, held on April 18 was a cooking workshop called, “Cooking with Herbs and Spices.” All staff members that attended the event were also given herb plants to use in their own cooking.

“Hiking Nathan Hill,” was the second event held on May 21. The hike included games, snacks, and prizes along the way.

The third and final event was nine free holes of golf on June 1st at Maple Grove Country Club. The event included a grand prize drawing for a *Wii-Fit* system with high school food service employee Jo Wilke as the winner. Coincidentally, Wilke celebrated her 50th birthday on the same day.

### Boys and Girls Basketball Camps - July 28 - 30

Grades K-3 (fall 2009) 10:00 a.m. - noon

Grades 4-6 (fall 2009) 12:30 - 3:30 p.m.

Camps will be at WSHS

Contact Scott Koepnick: 786-1220 ext 2014, or  
783-1136, or [skoepnick@wsalem.k12.wi.us](mailto:skoepnick@wsalem.k12.wi.us)

### Convene

The meeting was called to order at 6:00 p.m. by President Errol Kindschy. The meeting was noticed to the Coulee News, La Crosse Tribune, WLSU Radio 89 FM, WXOW TV-19, WKBT-TV, WKTY, WIZM, Union State Bank, First Community Credit Union, St. Joe Country Market, River Bank-Barre Mills, West Salem Post Office, Village of West Salem, posted at each school, district web site, and district office on May 14, 2009.

### *Pledge of Allegiance to the American Flag*

Tyler Heimer led everyone in the recitation of the Pledge of Allegiance and Tom Ward recited the District Mission Statement.

### *Roll Call*

Present: Ken Spraetz, Ann Bina, Tom Ward, Errol Kindschy, Scott Scafe, Henry Althoff, and Linda Brown. Also in attendance – Administrators: Nancy Burns, Mark Carlson (6:10), Barb Buswell, John Smalley (6:45), and Lisa Gerke; Student representatives: Riley Schock and Tyler Heimer. Transportation Director: Rick Kline. Recording secretary: Patrick Bahr. Excused: Dean Buchanan and Eric Jensen.

### *Approval of Agenda*

Mr. Scafe moved, Mr. Althoff seconded to approve the agenda as presented. Motion carried unanimously.

### Connection with the Community

Mr. Kindschy introduced and welcomed the new student representatives to the Board.

### *Riley Schock reported on:*

1. The 2009 Neshonoc Dedicattee is Ken Spraetz and the high school yearbooks were distributed this past Friday.
2. The high school soccer team is doing well.
3. The high boys placed second and the girls placed first at a recent conference track meet.

### *Tyler Heimer reported on:*

1. Graduation is Sunday, May 31, 2009, at 1:30.
2. Reporting student concerns to the Board.

### *Correspondence*

1. A thank you note from the family of Carol Seebauer, mother of Chris Antony, was read.
2. A letter from Western Technical College was shared.

3. A letter from another Wisconsin school board was shared, urging districts to sign correspondence on the QEO.

*Public comments on non-agenda items* – None.

### **Consent Agenda**

Mr. Ward moved, Mrs. Brown seconded to approve the minutes of the Regular Board Meeting of May 11, 2009. Motion carried unanimously.

### **Discussion/Action Items:**

*Parental concerns regarding bus route reduction in the Woodbury Addition for 2009-1010*

The following community members expressed their concerns and thoughts: Jenny Leren, Barry Owen, Jennifer Linse, Dale Mikshowsky, Teri Gile, Vickie Horman, Michelle Hansen, Mary Freybler, Mike Freybler, and Dorrene Heider.

Melissa Schiffer and Catey Greenwood, high school drum majors, reviewed the music department's tour of Florida and expressed their gratitude for the chaperones who accompanied the trip and their appreciation for the wonderful opportunity. A video was then played documenting the trip.

Mr. Althoff summarized the request by the River City Rough Riders to use our stadium this summer for games on Saturdays. The administration held a meeting with Mark Ledman and Wayne Sackett to evaluate the amount of use the field could take. Dan Bridge, owner of the River City Rough Riders, a semi-pro football team was present and answered the Board's questions. There would be 3 games played in June and one in July. Mrs. Bina moved, Mr. Scafe seconded to approve the use of the football field, stadium and locker rooms for one year - contingent upon legal review of the contract. Motion carried unanimously.

Mr. Althoff moved, Mr. Ward seconded to accept the resignations of administrative assistant Jo Ann Machotka and paraprofessional Rose Mulholland. Motion carried unanimously.

Mr. Carlson wanted to bring the Boards to attention the change for the seniors' last day. The rearranging of activities for the Senior Sing Out would allow students to participate in the state track meet and sing out. Mr. Carlson warned the board that there may be many who do not participate in the ceremony if their graduation requirements, fees are paid and detentions served, are not met. Students are aware of the requirement and have been informed in writing and face-to face meetings.

Mrs. Brown moved, Mr. Althoff seconded to go into closed session at 7:15 p.m. A roll vote was taken Mr. Althoff Aye, Mrs. Brown Aye, Mr. Scafe Aye, Mr. Spraez Aye, Mrs. Bina Aye, Mr. Ward Aye, and Mr. Kindschy Aye. Motion carried unanimously.

MOTION to adjourn into executive (closed) session pursuant to Wisconsin Statutes under Sections 19.82(1) and 19.85(1)(c) for considering employment, promotion, compensation, or performance evaluation data of any public employee over which the governmental body has jurisdiction or exercises responsibility; for the purpose of hearing, considering and deliberating over grievances filed by the West Salem Education Association and West Salem School Employees Association.

The Board will discuss, consider and, if appropriate, take action in closed session to consider evaluation information on a district employee pursuant to Wis. Stats §19.85(1)(c).

### *Closed Session*

Mr. Althoff moved, Mr. Scafe seconded to return to open session at 8:05 p.m. Motion carried unanimously.

### *Open Session*

Mr. Althoff moved, Mr. Ward seconded to approve the co-curricular recommendations list as presented. Grant Reynolds and Liz Faller, cross country co-head/assistant coaches; Jennifer Bimmel, freshman volleyball; Amy DuPont, gymnastics head coach; Carrie O'Hearn, gymnastics assistant coach; Rick Dobbs, wrestling head coach; Pete Arentz, wrestling assistant coach; Todd Van Order, head boys' basketball coach; Justin Running, JV boys' basketball coach; James Cole, freshman boys' basketball coach; Mike Malott, head girls' basketball coach; Rick Martinson, JV girls' basketball coach; Heather Jehn, freshman girls' basketball coach; and Bethany LaDue, fall poms coach. A roll vote was taken Mr. Althoff Aye, Mrs. Brown Abstained, Mr. Scafe Aye, Mr. Spraez Abstained, Mrs. Bina Abstained, Mr. Ward Aye, and Mr. Kindschy Nay. Motion carried.

Mr. Ward moved, Mr. Scafe seconded to reconvene in closed session at 8:10 p.m. A roll vote was taken Mr. Althoff Aye, Mrs. Brown Aye, Mr. Scafe Aye, Mr. Spraez Aye, Mrs. Bina Aye, Mr. Ward Aye, and Mr. Kindschy Aye. Motion carried unanimously.

MOTION to adjourn into executive (closed) session pursuant to Wisconsin Statutes under Sections 19.82(1) and 19.85(1)(c) for considering employment, promotion, compensation, or performance evaluation data of any

public employee over which the governmental body has jurisdiction or exercises responsibility; for the purpose of hearing, considering and deliberating over grievances filed by the West Salem Education Association and West Salem School Employees Association.

*Closed Session*

Mr. Scafe moved, Mr. Ward seconded to return to open session at 8:30 p.m. Motion carried unanimously.

*Open Session*

Mr. Ward moved, Mr. Althoff seconded to deny the grievance regarding seniority. A roll vote was taken Mr. Althoff Aye, Mrs. Brown Aye, Mr. Scafe Aye, Mr. Spraez Nay, Mrs. Bina Aye, Mr. Ward Aye, and Mr. Kindschy Aye. Motion carried.

Mr. Scafe moved, Mr. Althoff seconded to reconvene in closed session at 8:32 p.m. A roll vote was taken Mr. Althoff Aye, Mrs. Brown Aye, Mr. Scafe Aye, Mr. Spraez Aye, Mrs. Bina Aye, Mr. Ward Aye, and Mr. Kindschy Aye. Motion carried unanimously.

MOTION to adjourn into executive (closed) session pursuant to Wisconsin Statutes under Sections 19.82(1) and 19.85(1)(c) for considering employment, promotion, compensation, or performance evaluation data of any public employee over which the governmental body has jurisdiction or exercises responsibility; for the purpose of hearing, considering and deliberating over grievances filed by the West Salem Education Association and West Salem School Employees Association.

*Closed Session*

Mr. Scafe moved, Mrs. Brown seconded to return to open session at 9:31 p.m. Motion carried unanimously.

*Open Session*

Mrs. Brown moved, Mr. Spraez seconded to uphold the grievance. A roll vote was taken Mr. Althoff Nay, Mrs. Brown Aye, Mr. Scafe Nay, Mr. Spraez Aye, Mrs. Bina Abstained, Mr. Ward Nay, and Mr. Kindschy Nay. Motion failed.

Mr. Scafe moved, Mr. Althoff seconded to support the administration and deny the grievance. A roll vote was taken Mr. Althoff Aye, Mrs. Brown Nay, Mr. Scafe Aye, Mr. Spraez Nay, Mrs. Bina Abstained, Mr. Ward Aye, and Mr. Kindschy Aye. Motion carried.

Mr. Ward moved, Mr. Scafe seconded to reconvene in closed session at 9:35 p.m. A roll vote was taken Mr. Althoff Aye, Mrs. Brown Aye, Mr. Scafe Aye, Mr. Spraez Aye, Mrs. Bina Aye, Mr. Ward Aye, and Mr. Kindschy Aye. Motion carried unanimously.

MOTION to adjourn into executive (closed) session pursuant to Wisconsin Statutes under Sections 19.82(1) and 19.85(1)(c) for considering employment, promotion, compensation, or performance evaluation data of any public employee over which the governmental body has jurisdiction or exercises responsibility; for the purpose of hearing, considering and deliberating over grievances filed by the West Salem Education Association and West Salem School Employees Association.

*Closed Session*

Mr. Ward moved, Mr. Scafe seconded to return to open session at 10:30 p.m. Motion carried unanimously.

*Open Session*

Mrs. Bina moved, Mr. Scafe seconded to deny the grievance and uphold the administrations recommendation for suspension. Motion carried unanimously.

**Adjournment**

Mr. Ward moved, Mr. Scafe seconded to adjourn at 10:31 p.m. Motion carried unanimously.

Respectfully submitted,  
Ann Bina, Clerk



**School Board Members**

- Errol Kindschy ~~~~~ 786-1675
- Tom Ward ~~~~~ 397-9873
- Ann Bina ~~~~~ 786-1050
- Scott Scafe ~~~~~ 786-0969
- Linda Brown ~~~~~ 786-3027
- Henry Althoff ~~~~~ 786-0207
- Ken Spraez ~~~~~ 786-0017

Board meetings are held the second and fourth Monday of each month.



## West Salem Community Fitness Center

Annie Labus Fitness Center Director

Current fitness center hours are Monday–Friday mornings 5:30–9:00 a.m., Monday–Thursday evenings 2:00–8:00 p.m., Fridays 3:00–7:00 p.m., Sunday 4:00–7:00 p.m. The hours have been adjusted slightly for the summer. ***Yogalates is held on Sundays at 5:30 p.m. and Wednesdays at 6:30 p.m. All West Salem students and fitness center guests with a year membership may attend classes FREE of charge.*** Fitness center gift certificates are available for holiday or special occasions gifts. Give the gift of health to someone you care about. Check with your insurance provider to see if they offer a reimbursement for your fitness center membership. Blue Cross/Blue Shield and other insurance companies along with some employers offer a full or partial reimbursement for fitness center memberships. Check with your employer to see if you qualify.

***Clean shoes are required to enter the fitness center and indoor track.*** Current fitness center hours and class schedules are specified on the school website [www.wsalem.k12.wi.us](http://www.wsalem.k12.wi.us). Click on the fitness center icon to get the latest information about your community fitness center. You may call 786-1220 extension 2275. Fitness center T-shirts, sweatshirts, are available at wholesale prices. The fall athletic seasons will begin before you know it so take advantage of our exceptional facility to improve your conditioning.

When it's hot outside come indoors and take advantage of our walking track. It's always nice and cool. Yogalates is a great way to firm up, gain flexibility and help with your balance. It offers a wide variety of strength and conditioning exercises for the beginner to the advanced. All ages enjoy the combination of relaxing yoga combined with the intensity and precision of palates.

I would like to thank the West Salem Community Fitness Center for welcoming me. The customers have been very kind and I look forward to meeting their expectations. The community fitness center truly is a family. It's customers like you who make this facility what it is. Thank you for your support and we hope that if you have not visited us in a while that you will come back and check out some of our new attractions. We have so much to offer that you may not be aware of.

We now have a treadmill available for all your cardio needs and have added body bars to our strength training equipment and yogalates class. We are looking to have water aerobics starting the end of July and running throughout August. More details are to follow.

We hope to see you soon!

## 8th Grade Promotion

WSHS Journalism Student, Savanna Elliott

Last week on Tuesday evening, June 9, 120 West Salem 8th graders were promoted to high school. The evening was opened up by two speeches from eighth graders, Kevin Martinson and Glenn Kelly McCabe, sharing the highlights of their middle school years.



Teacher Ellen Bice, chosen by the eighth graders, spoke as their faculty representative. Her speech was full of words of encouragement, hope, and dignity. In addition to the students receiving a certificate for promotion, several members of the class earned Presidential Awards, based on having a 10.0 or better GPA and on a strong showing on the W.K.C.E. test. The recipients received a letter signed from Barack Obama and an award.

“When I received the award, it made me feel special and nerdy in a sort of way,” said Ian Gray. “I was very surprised I got the award and was amazed at how many of my fellow classmates received it.” Guidance counselor, Mike Lang also recognized students who were involved in sports, clubs such as Student Council, Yearbook, and or Mathcounts, and activities such as musicals or plays.



The 8th graders were presented their promotion awards by members of the school board. The evening concluded with a slide show of baby pictures and pictures taken throughout middle and elementary school. Principal Dean Buchanan then officially announced the students as the West Salem Class of 2013 and the incoming freshman class of West Salem High School.

Following the ceremony the 8th grade teachers provided family and friends with lemonade and cake.

“Eighth grade promotion was exciting because it allowed me to bring back the memories of middle school and at the same time get the feeling of excitement for our adventure in high school, let alone being freshmen next year,” said Jordan Beirne.



# STUDENT OF THE MONTH FOR MAY

WSHS Journalism Student, Savanna Elliott

West Salem High School has recently named five May Students of the Month. They include freshmen Allison Kelsey and Nicole Piske, sophomore Katie Seeger, junior Angie Baker, and senior Briana Indahl.

Kelsey is the daughter of Mike and Kathy. She is involved in gymnastics and track, and enjoys spending time with her family and friends. During the school year, Kelsey also babysits. After high school she plans to attend college and go into pediatrics or some other type of nursing.

"Allison has worked very hard this quarter. She is now one of the top students in her physical science class," said Randy Dammon.

Piske is the daughter of Christa and Carl. Her awards include being on the High Honor Roll for all three quarters of her freshman year. She enjoys dancing, reading, and shopping. Piske was also went to JoyWorks Dance Arts for six years. She also babysits when someone needs her. After graduating, Piske plans to go to a fashion school and become a fashion designer.

"Nicole is a polite, organized student who is always working hard to achieve her goals. It is a pleasure to have her in class," said teacher Jonathan Jones.

Seeger is the daughter of Ron and Chris. A few of her awards include: leader award for J.V. volleyball, State Solo Ensemble (singing & clarinet choir), and was on the High Honor Roll all four quarters this year. She is involved in volleyball and the summer musical. Seeger also takes voice lessons and is in church choir. Her community service involves helping out at church for diners, performances, and raking leaves. Seeger also has a job and works at the West Salem Vet Clinic taking care of boarding dogs and cats. After graduation, she plans to attend college.

"Katie has been a remarkable student all year, but more recently this month she has pushed herself to be the best she can be. She has really gone above and beyond in terms of academics and character. Katie's presence is a joy in the classroom," said teacher Laura Deal.

Baker is the daughter of Dianne and Al. For community service, Baker volunteers at the La Crosse Community Theater, Marie W. Heider Center, the West Salem Historical Society, and the Boys and Girls Club of West Salem. Baker is also involved in Link Crew, the National Honor Society, the dance team and Show Choir. She is the captain in Show Choir, performs in plays and musicals, and ballroom dances. Baker works at Christopher and



Banks over the holiday season and recently just started working at West Salem Chiropractic. After high school, she plans on going to college for accounting and finance, and move to a much bigger city.

"Angie, aside from being intelligent, is talented in many ways. She can handle a complicated equation as easily as a deep piece of literature. She's creative and bright and I wish I had more students like her," said teacher Kimberley Volden.



Indahl is the daughter of Christy Indahl La Fleur and Tony Roberts. She competed in varsity track, was a National Honor Society officer and a Student Council member. Indahl graduated 5th in her class and is going to study biochemistry at UW-Madison.

"Briana is very hard-working and never 'cuts corners' to get the job done. She has demonstrated excellence in both Pre-Calculus and physics. Even as the year drew to an end, Bri worked as hard as she did in September. I think she is very deserving of the Student of the Month award," said teacher Chris Milne.

## SPANISH HEADS TO FESTIVAL OF NATIONS

Sarah Schneider, WSHS Journalist

Thirty six Spanish three and four students headed to St. Paul, MN to learn about different cultures and enjoy a day away from school. Led by teacher Loretta Zwonitzer, the students attended Festival of Nations, which is in its 77th year of existence. Established by the International Institute of Minnesota in 1932, the Festival of Nations is designed to bring Americans of all backgrounds together - native and naturalized citizens alike - to share the ties with our past and take pride in the richness of diverse cultures in the community. At the Festival of Nations, they are able to renew a sense of dignity in the respective ethnic heritage.

This year's theme was Transportation and Invention, a fun and festive atmosphere that ties with taking pride in the richness of diverse cultures in the community.

While students are there they are required to take one language class. The rest of the time is theirs to explore and try different food from different cultures, as well as go visit different stands that represent a part of that country. There were fifty cultural exhibits, twenty-eight folk art demonstrations, fifty three International Bazaars, and thirty-eight ethnic cafés all present at the Festival of Nations.

"It's exciting for the students to hear many different languages being spoken and to meet face to face many of the cultures that make up our society," said Zwonitzer.



End of the year events...  
 Graduation, Senior Sing-Out,  
 Star Search,  
 Washington DC Trip

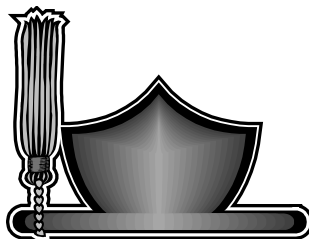


For a full-color version of this and past newsletters, check out the West Salem School District Website at <[www.wsalem.k12.wi.us](http://www.wsalem.k12.wi.us)>

- From the Superintendent**
- Immunization**
- Neshonoc Yearbook**
- K-8 School Supply List**
- Student Articles**
- 09-10 Heider Center Events**
- Basketball Camp**
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- Science Expo**
- Fitness Center**
- HS Registration**
- Swimming Pool**
- Calendar of Events**
- School Board Minutes**

**IN  
 THIS  
 ISSUE**

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