When parents and teens were asked what they liked most about the event, they responded:

"The hands on experience was a real confidence booster for my child."

"I'm more comfortable and more careful behind the wheel."

Gundersen La Crosse Campus Parking Lot F 1900 South Avenue, La Crosse, WI 54601

- Motor vehicle crashes are the leading cause of death for 15 to 20-year-olds.
- Of the 16-19 year old trauma patients seen at Gundersen from 2010-2017, 66% of the crashes occurred because the driver lost control.

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GUNDERSEN MEDICAL FOUNDATION



A special thank you to Organic Valley, The Audi Club of North America, Lindy's Subs and Salads, La Crosse Fire Department, Courtesy Corporation, Festival Foods and Caribou Coffee for donating their services and products.

This event, class or activity is not sponsored or endorsed by the School District and is not printed at District expense.

Gundersen Lutheran Medical Center, Inc. Gundersen Clinic, Ltd. 1900 South Avenue, La Crosse, WI 54601 (608) 782-7300 or (800) 362-9567 gundersenhealth.org



Free Teen Car Control Clinic

April 13 and 14 7:45 a.m.–4:30 p.m.

Breakfast and lunch will be provided.

Gundersen La Crosse Campus Parking Lot F (see map on back)

gundersenhealth.org/teencar



If you were driving your vehicle and suddenly lost control, would you know what to do?

Motor vehicle crashes are the leading cause of death for United States teenagers, accounting for more than one in three deaths. Young people are at a greater risk for traffic accidents due to one major reason—lack of experience.

Gundersen's Division of Trauma is committed to keeping teens safe by offering a Teen Car Control Clinic. The clinic will not only teach the fundamentals of vehicle control during the classroom session, but it will also offer invaluable behind-the-wheel exercises.

During the in-car portion of the clinic, instructors will familiarize students with proper braking concepts, vehicle weight transfer and cornering, and unexpected lane changes. The session is designed to heighten students' awareness and responsiveness to real-world situations and boost confidence in their own skills.

We require that a parent/guardian attend the course with the licensed teen (16 to 19 years of age).

This is a free clinic but a \$50 deposit is required at registration which will be refunded in full after completion of the program. To register, go to gundersenhealth.org/teencar. Information about payment options can be found on the website. Pre-registration is required by March 29.

For more information about this program call (608) 775-2011.



You must use your own vehicle for the driving portion of the course. Vehicle requirements include:

- Car must be in good mechanical condition and safe in the opinion of the instructor. All cars will need to pass a brief safety inspection. No visible leaks of any kind.
- The car must be legally registered, licensed and insured to participant or their parent/ legal guardian.
- No racecars or special-use vehicles. The use of Nitrous Oxide will not be allowed.

- Tires must have visible tread.
- The car and trunk must be cleaned of all loose items.
- The battery and spare tire must be secure.
- Have plenty of gas in the car for the day's event.

Dress comfortably and according to the weather. **Closed toed shoes are required.** Much of the course is outdoors.

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