

WEST SALEM MIDDLE SCHOOL

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West Salem, WI 54669
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Volume 6 - Issue 10



2018

SPECIAL POINTS OF INTEREST:

School starts at 7:50 am

**Early Release - May 9

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Dear Families,

The end of the school year is fast approaching. I would like to take this opportunity to genuinely thank the parents, staff, students, and community members who helped make this a very successful school year. The building continues to be in "renovation mode" with demolition currently taking place in the old part of the building. This August, we will hold an open house for the community to see our new, finished, renovated Middle School.

But the school year isn't over yet! In addition to the academic work and learning we have left to accomplish, the next few weeks are filled with many opportunities and experiences for our students. The eighth grade Promotion Ceremony will be on May 31 at 7pm in the Heider Auditorium. Eighth graders are expected to attend school the following day, June 1. We will be wrapping up instruction, handing out yearbooks, collecting iPads/chargers, & maybe having a little fun as well! June 3 - 8 many eighth graders will be going on a trip to Washington, D.C. Those who are not attending will participate in engaging activities locally.

The seventh grade spring campout will be held at the Outdoor Education Center (OEC) May 21 - 25. Please avoid scheduling appointments for your child during these dates, as your child will be spending 2 1/2 days at the OEC. This is a great opportunity for our students! The sixth grade will be attending the OEC on June 5 and Jellystone on the 6th as they complete their first year at WSMS. In addition, all grades have spring choir and band performances. Dates and times can be found on page 3. We will be collecting all iPads/chargers prior to the end of the school year. The dates for grades 6 & 7 will be determined shortly, and we will communicate that to both the students and parents.

As always, we encourage you to take an active role in building relationships with your child, our staff, and community. We thank you for your continued support of our efforts as we work together to provide the best middle school experience for your child. As we move towards the end of the school year it's important we stress to our students the importance of a strong finish. In addition, please feel free to discuss your student's goals for next school year and connect how the finish to this year can lead to a great start for next fall. The choices we make today have a large impact on the options that we have available to us tomorrow.

Have a great summer with family and friends.

Ben Wopat
Principal
twitter.com/coachwopat



"Meet Us in the Middle"



FROM THE NURSE'S OFFICE.....

Student Medications

A reminder to parents who have students with medications at school: **Please pick up medications before the last day of school.** This includes prescription and non-prescription medications. For the safety and protection of everyone, it is our policy that a parent or guardian must pick up any medication. We do not send medications home with students. Thank you for your cooperation.



Counselor Comments...

This time of year is always bitter sweet. We are excited about meeting our "new recruits" when the 5th graders come over on Thursday, May 10, to visit with their A/A. We look forward to getting to know them over the next three years. As we bring in the new, though, so must we send out the old. Our 8th graders have been a part of us for the past three years which makes it difficult to see them leave. Watching our kids grow up and move on is one of the toughest parts of "parenting." We wish them all the best in their future endeavors! Thank you for entrusting us with your children this past year. Have an adventurous and memory-filled summer with your family. Not to wish the time away, but we look forward to seeing you again next year.

Attention parents of the current **4th grade** class: There will be an informational meeting for parents and students on **Thursday, May 24 at 6:00pm** in the middle school gym. We look forward to seeing you and answering questions.

Attention parents of the current **5th grade** class: There will be an informational meeting for parents and student on **Thursday, May 24 at 7:00pm** in the middle school gym. We look forward to seeing you and answering questions.

Calendar of Events...

Upcoming Events - May/June



- 1 - Track @Holmen High 4:15
- 3 - Softball vs Westby 4:15
- 7 - Track @ Logan High 4:15
- 7 - Softball vs Winona 4:00
- 9 - EARLY RELEASE - 12:20
- 10 - Softball vs Sparta 4:00
- 14 - 6/7 Gr. Band Concert 6:00 & 7:30
- 15 - Softball @ Aquinas 4:00
- 17 - Softball vs Holmen 3:45
- 17 - Track - Conference @ Holmen High 4:30
- 21-25 Gr. 7 OEC Campout
- 21 - 8 Gr. Band Concert 7:00
- 22 - Softball @ Westby Middle 4:00
- 23 - 8 Gr. Band at Kalahari
- 24 - Softball @ Winona Middle 4:15
- 28 - NO SCHOOL - Memorial Day
- 31 - Gr. 8 Promotion 7:00

June

- 2 - June Dairy Days Parade
- 3-8 - Gr. 8 D.C. trip
- June 5 - Gr. 6 OEC
- June 6 - Gr. 6 - Jellystone
- June 7 - LAST DAY - 12:20 release

The WSMS Music Dept...

Monday, May 14

- WSMS 6th Gr. Choir & Band Concert - Concert at 6pm - students report at 5:30pm
- WSMS 7th Gr. Choir & Band Concert - Concert at 7:30pm - students report at 7pm
- Concert at the Marie W. Heider Center for the Arts

Monday, May 21

- WSMS 8th Gr. Choir & Band Spring Concert - Concert at 7pm - students report at 6:30pm
- Concert at the Marie W. Heider Center for the Arts

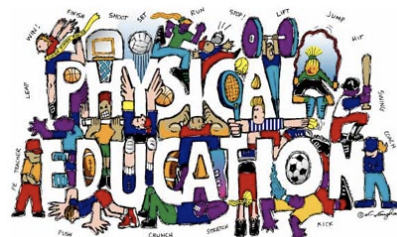
*Music Uniform for all grades - Orange Panther Polo, Black Pants, Black Socks, Black Shoes

Wednesday, May 23

- 8th grade Band at the Kalahari Band Festival

Healthy Living...

We have been enjoying getting used to our new space!! Students will be starting to get out and about on the bikes that we earned in our grant last year. They will be learning the proper ways to stop and start, how to properly fit a bike, perform safety checks on the bikes, road safety, as well as getting out and about to practice safe riding techniques and signals. Please continue to remind students to have an extra sweatshirt at school in case of cool mornings when we have the opportunities to go out and enjoy the fresh air.



"Meet Us in the Middle"



WSMS Students of the Month



Grade 6



Zipa X.



Jon I.



Celia M.

Grade 7



Amelia K.

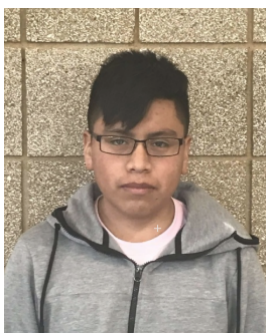


Hunter B.



Regan P.

Grade 8



Ryan C.



Leah N.



CJ M.



Reading - Mrs. Schultz

This last month of school students are participating in a FREE READ genre study. This means they can choose any

fiction book from any genre. Students will be completing a contract about their novel. There will be three checkpoints scattered throughout the month of May to ensure students are keeping up with their reading. At each checkpoint, they create a reading goal and also a choice activity about their novel. This information can be found in their Reading binder.

Poetry and figurative language continue to be our other focus. We have started the routine of reading prose poetry and using our inferring skills to understand the figurative language used. When we are finished reading *Out of the Dust*, we will further our learning by writing poetry and exploring more figurative language.

Happy Reading!

English - Mrs. Buisman

In English class, students will be completing Informational books about a human rights topic. These books began in reading with the note taking, and students are now doing the writing and creating in English class. Students will have the choice to make a "hardcopy" book or a book on the laptops with Google Slides. It will be exciting to see their final products!



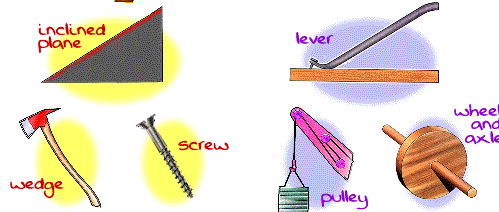
Science - Mrs. Jarosh

As our 6th graders enter the final month of their 6th grade year, we will continue investigating physics concepts in our Motion, Forces and Simple Machines unit. Our final unit will focus on ecology and the environment. Students will be learning about biomes, species interactions, population dynamics, and have the opportunity to dissect owl pellets! Thank you all for a great year in science!

The learning targets for the unit:

1. Discuss how organisms meet their needs.
2. Explain why populations change in size and what factors limit population growth.
3. Identify adaptations of organisms and explain how they help organisms survive.
4. Explain how organisms interact with their environment.
5. Identify and explain the three types of symbiotic relationships.
6. Understand how energy flows through an ecosystem.

Simple Machines



Project & Inquiry - Mrs. Ebert

It was quite exciting to watch teams complete their paper rollercoasters as construction time concluded. During official testing/competition, everyone was on pins and needles! Some rollercoasters performed as expected, while others completely surprised us-- bringing elation, surprise, and frustration. In the end, however, the rollercoaster performance was secondary in importance to the students' observations and reflections. Their comments regarding construction and collaboration were pleasingly insightful, and I look forward to watching

students' interactions as we progress through other activities.

Currently, students are working on a more independent project. Maintaining our "paper engineering" theme, we've been exploring page-action pop up mechanisms. Students will compile a collection of specified mechanisms which will be evaluated based on construction accuracy and neatness. Students then will be encouraged to be creative as they apply their pop-up skills to a project of their choice.

Before the end of the school year, students also have a few different opportunities. They will learn how their iPad can be used to project holograms, which can then be utilized to create video explanations for other class projects or fun. They will be introduced to 3D modeling using a basic web-based program, and they will have the option to 3D print one item if desired. I'm also hopeful students will be able to construct a paper/cardboard automata which is definitely a challenging project but very impressive when completed.



Social Studies - Mrs. Jeranek

It's hard to believe how quickly this year has gone! Students have been exposed to many new information on ancient civilizations throughout the course of 6th grade. I hope they have enjoyed their journey back to 1000 BCE as much as I have!

World Religions will continue to be our unit in May! Our focus will be acceptance and respect of religious beliefs throughout the world, so we better understand historical conflicts and values of others. We continue to learn through various literature and informational texts and on-line sources. By the end of the unit, students will have a World Religions booklet that covers six categories for each religion: origin, holy book, symbols, place/s or worship, festivals, and beliefs.



Math - Mrs. Jehn

Regular Math

We are in Chapter 9 learning about statistical measures including mean, median, and mode as well as quartiles, interquartiles, range, mean absolute deviation. The concepts of measures of variation and mean absolute deviation will be new to students and may bring back fond memories of a statistics course you might have taken years ago. These will be difficult topics and very abstract for 6th grade minds.

These skills are necessary for us to start Chapter 10 which is the last chapter of the book and how we will spend the end of May. This chapter is all about data displays including stem-and-leaf plots, histograms, box-and-whisker plots. They will need to use what they learned about

measures of center, measures of variation, and statistical questions in the previous chapter to describe the center, spread, and shape of the displays.

It's been a fabulous year with students striving to learn despite rigorous work and higher level math skills being required. They have really excelled and done a wonderful job. Enjoy the summer!

Accelerated Math

Students will be working through Chapter 14 in May reviewing topics such as solving and graphing ratios, rates, and proportions, so they can work with slope and direct variation. We will finish this chapter by the end of May and will be just beginning Chapter 15 titled

Percents. Have your student work with you this summer to determine percent mark ups, discounts, and simple interest which are all skills from this chapter and for life.

They have done a tremendous job this year digging in to tackle difficult problems requiring high level thinking skills. They will be finishing the second half of the 7th grade book next year and then all of the 8th grade book. The skills will continue to become more difficult but their effort, perseverance, and willingness to learn will pay off for them. Keep up the great work!



7

Reading - Mrs. Rochester

During the month of May, students will be finishing writing their

script and filming their documentaries (on iMovie) related to a specific environmental issue to follow up their environmental issues book study. The students were put into groups based on a common environmental issue. Be sure to ask your child about his/her

research topic! 7th graders will also be finishing up the school year with an SSR (self choice) book study. The students have already chosen books and started reading. There are questions about specific elements of novels that the students will be answering about their book. The students are expected to complete these questions with each section of the book they are reading. The students are expected to read every night in order to finish the book. When the students are in class, they will be discussing

their books with peers as well as discussing with me.

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CLIP ART
by

**English - Mrs. Martinson**

In May, the 7th graders will be presenting their arguments. The presentation includes a slide show and an oral aspect. Students will take notes on what makes an effective oral presentation. They will have time to practice their presentation during class, too. Students will finish up the year writing an alliterative children's book about an animal. They will write and illustrate the book. Mr. Jones will be helping with the cover of the book in math class to make it to scale. Then we will be going over to the elementary school to read the book to elementary students. We continue to practice our nouns, verb, pronouns, and adjectives. Finally, we will finish with the final simple and compound sentence assessment. Check Skyward to see the pre and mid assessment and then compare into the final assessment which will be graded. Great improvement!

Social Studies - Mr. Mahlum

For 7th grade social studies the students will finish their unit on laws. We will be examining the reasons we have laws, the different types of laws, and what we do when someone breaks a law. Then, to finish the year, we will look at state and local government. We will look at the set up and some of our representatives for the state of Wisconsin, La Crosse County, and even West Salem.

**Math - Mr. Jones**

In 7th grade regular math and advanced math we will be finishing Chapter 10: Probability and Statistics. Common Core Standards for Chapter 10:

- *Understand representative samples and populations.
- *Use samples to draw inferences about populations.
- *Compare two populations from random samples using measures of center and variability.
- *Understand that probability is the likelihood of an event occurring, expressed as a number from 0 to 1.
- *Develop probability models and use them to find probabilities.
- *Find the probabilities of compound events.

After the school forest campout week we will be finishing the year with a project creating polyhedrons. Be on the lookout for this cool project coming home.



Art - Ms. Lotspaih

Since last month, students have created a few different projects. In 7th grade, students completed their ink bot characters mentioned last month. They are all very unique and have taken on personalities of their own.

Next students will be learning about perspective and how to draw landscapes with depth. This is often an exciting projects for students that especially enjoy math.

As the weather warms up, art classes will be heading outside to create some projects. This will be a great way to get some fresh air and a space for us to use some materials that can be on the messy side!



Artwork created by
Priya Oshan

Science - Mr. Baker

In science we have been learning about body systems and the the power of the brain! We've tried meditation, tested our nerves, and experimented with reaction time. Students all came up with their own body system experiments the they should have done mostly at home and then shared with the class.



The 7th grade camp out is coming up in May. Please keep May 21-25 free of appointments, so you won't have to worry about rescheduling problems.

Paperwork for the campout was sent home and should be returned asap if it hasn't been already. The dates are May 21-25 and students should know if they are the first half or second half of week, so please try to avoid scheduling any appointments, trips, etc. during their time. If you have questions, don't hesitate to e-mail Mr. Baker.




English - Mrs. Sackett

The days in 8th grade are quickly winding down. In English, we

are wrapping up the year by enjoying Mark Twain's classic novel, *The Adventures of Tom Sawyer*. This will be a great way to end the year as we will appreciate the lasting piece of literature and have discussions about the complex characters and themes we discover in the text. Along with reading this book, we will also be presenting our argument presentations and completing our review of the parts of speech by creating a parts of speech comic book. Save the comic sections of your newspapers and send them to school with your student to help with the comic book. It has been a pleasure working with each 8th grader. Thank you for sharing your student with me!

**Mrs. Bentzen
Regular Math (parts of Chpts 8 & 10, Inequalities, Placement Test)**

We will explore the concepts of volume of cylinders, cones, and spheres. We will work on writing and reading scientific notation. We will also learn the basics of solving and graphing inequalities.

We will MAP test on May 15 and 16. We will take an algebra placement test (dates: May 21-24) to be used as another measure of whether your son/daughter is ready for Algebra I next year. We will end the year making flexagons. Very cool stuff!!!!

Algebra (Chapter 9, parts of Chpts 10 & 11, Final Exam)

We will solve quadratic equations using square roots and the quadratic formula. We will compare linear, exponential and quadratic equations. We will simplify radicals.

We will MAP test on May 15. We will take our algebra final (Chpts 6-10) on May 23. This will give your son/daughter the experience of taking final exams at the high school. We will end the year making flexagons. Very cool stuff!!!

Social Studies - Ms. Morgan

May is a busy month for 8th grade students. Among the many activities they will take part in is the annual Civil War Day on Friday, May 18. This experience provides the students with the opportunity to "live" the lives of soldiers during the year 1863. With the help of local reenactors, students drill and enjoy a Civil War era meal enjoyed by soldiers of the day. Students will also learn about Civil War related topics including: Cordella Harvey, Union soldier, confederate soldier, load & fire a musket, Sailor, Artillery, blockade runner. It is a culminating activity for a look at the tumultuous time that nearly tore our country apart.

Students will learn:

- *causes of the Civil War
- *the long lasting impact of the Civil War on our country's history
- *key events of the war that nearly tore our country apart
- *what life was like during the war from a variety of different view points
- *how our country was put back together following the war

Science - Ms. Smith-Waller

Where has the time gone the last couple of months? It is hard to believe that we have almost completed another school year, and within a few months our students will be going into high school to start another exciting adventure in their lives. We have had a wonderful year in science this year, and we are looking forward to one more month with our eight grade students. During the month of May, we will be finishing our study of Inside Earth where we will continue to learn and understand about the inside of the Earth and the forces within that shape the land and create events such as earthquakes, volcanoes, mountains, and sea-floor spreading. Then we will learn about objects beyond our atmosphere as we study astronomy, constellations, space explorations, and relationships in our solar system.

Essential Learning Outcomes:

1. Understand how plate tectonics can cause earthquakes, volcanoes, and mountain ranges and use data to predict these events.
2. Understand the relationships of the sun, moon, stars, and other objects in your universe.



Spanish - Profesora Tofstad

The Spanish 8 students have been working on *Mi Comida Favorita* or My Favorite Food. We have worked on how to share what we like: *Me gusta* and what we do not like: *No me gusta*. We have also been working on expressing some basic needs such as *tengo hambre* and *tengo sed*. We will conclude this unit with a project based assessment due the first week of May. We will finish the year with our family unit learning how to describe and share about different family members.

Reading - Ms. Friell

Independent Reading: Students should be reading independently at home on a daily basis (a minimum of 20 minutes). They are also given 20 minutes to read their choice books during every Reading class. Students learned how to use a variety of websites to find titles that interest them and titles within their lexile range. Please ask your son/daughter to tell you about what he/she is reading!

Journal Entries: Students are required to complete journal entries (in class). These journal entries are saved in google docs and turned in via google classroom. That way they are never lost and can be used as a reference throughout the year. They will write about their own books and the class read-aloud. Journal entries ask them to address specific aspects of the books (story elements, literary devices, mood, tone, style, etc.).

Vocabulary: In addition to "A Word A Day" (from the book *100 Words Every Middle Schooler Should Know, 100 Words To Make You Sound Smart, 100 Words Every Freshman Should Know*, and www.englishcompanion.com), students continue their study of Greek and Latin roots. We also work with new words in the fiction and non-fiction we read as a class.

In the beginning of May we will continue reading *The Diary of Anne Frank* (the play version) and supplemental non-fiction material about WWII and entries from Anne Frank's diary. We will transition to reading *The Giver*, an award winning, thought-provoking novel by Lois Lowry. The students contrast the world presented in *The Giver* to the world in which the Holocaust occurred.



Eighth Grade Promotion Night

Eighth graders will be honored on Thursday, May 31, at a ceremony celebrating their promotion to ninth grade. The ceremony begins at 7:00pm in the Heider Center. All families and friends are cordially invited to attend.

Attire for all 8th graders will be the 8th grade class shirt. Please note that all students will participate in the ceremony.

Please join us for the celebratory event.





Grade 8 - Civil War Reenactment

Friday, May 18

WEB ORIENTATION

Aug 20-21 - WEB Leader Training NEW WEB Leaders

Aug 22 - Orientation for NEW 6th graders



Attn: 8th graders
Freshman Orientation
August - date/time TBD

Middle School Registration for the 2018 - 2019 School Year

The 2018-2019 school year will again have online registration through Skyward Family Access. Online registration will open up August 1st. An in-house registration will be held on Monday, August 13, and Tuesday, August 14. Computers will be available to complete your online registration if you do not have access at home. Lifetouch will be here to take student pictures and students will get their schedules and locker information. Please mark your calendars now and plan on attending.

The West Salem School District prohibits discrimination in all its programs and activities on the basis of race, color, national origin, age, disability, and where applicable, sex, marital status, familial status, parental status, religion, sexual orientation, genetic information, political beliefs, reprisal, or because all or part of an individual's income is derived from any public assistance program. (Not all prohibited bases apply to all programs.) Persons with disabilities who require alternative means for communication of program information (Braille, large print, audiotape, etc.) should contact the Pupil Services Director at (608) 786-0700. To file a complaint of discrimination write to: Pupil Services Director at 405 East Hamlin Street, West Salem, WI 54669 or call (608)786-0700. The West Salem School District is an equal opportunity provider and employer.



"Meet Us in the Middle"





Early Release Date
Wednesdays - Release at 12:20
Buses leave at 12:30

May 9

Upcoming Reminders:

7th grade - School Forest - May 21-25

PLEASE do not schedule appointments during this week.

6th grade - Wednesday, June 5 - School Forest / OEC

~Please make sure your child dresses accordingly for the outdoors: long sleeves and pants are preferred. A sack lunch will also be needed - either your own or order one from school

Thursday, June 6 - Jellystone

~Please have your child bring a swim suit and towel as well as extra money if he/she wants to purchase food and/or drinks. Your child can either bring a sack lunch or purchase lunch there.

Please also send along sun screen for both trips; however, we are NOT able to put it on your child. We do remind them to put it on throughout the day.



"Meet Us in the Middle"



Washington DC Itinerary



Sunday, June 3, 2018

- 6:30 am - Depart West Salem
- 11:00 am - Lunch at IL Toll Plaza
- 11:30 am - Travel to Skokie, IL
- 1:00 pm - Arrive Skokie Holocaust Museum
- 3:00 pm - Depart Museum
- 7:30 pm - Dinner on toll road
- 9:30 pm - Arrive at hotel - Independence, OH

Monday, June 4, 2018

- 5:45 am - Breakfast at Hotel
- 6:00 am - Depart for Shanksville
- 11:00 am - Arrive at Shanksville Ft 93 Site Memorial
- 1:00 pm - Lunch on toll road
- 4:00 pm - Arrive at Gettysburg
- 4:30 pm - Battlefield Tour
- 6:30 pm - Supper at Outlet Mall
- 9:00 pm - Arrive at hotel - DC area

Tuesday, June 5, 2018

- 7:00 am - Breakfast at hotel
- 8:30 am - Depart for US Capitol
- 10:30 am - US Capitol Tour
- 12:30 pm - Reagan Building
- 2:00 pm - Pick up guides -tour monuments & Arlington National Cemetery
- 6:00 pm - Pizza Buffet at Magill's
- 7:30 pm - Evening Tour of Washington DC
- 10:30 pm - Arrive at hotel

Wednesday, June 6, 2018 *(Students will wear class shirts today)*

- 6:00 am - Breakfast at hotel
- 8:30 am - Visit sites in DC
- 12:00pm - Lunch at Ronald Reagan Bldg
- 1:30 pm - National Zoo & other DC Sites
- 5:30 pm - Evening Concert - Twilight Tattoo (Boxed supper at concert)
- 9:00 pm - Evening Tour of DC - last minute sites
- 11:00 pm - Arrive at hotel

Thursday, June 7, 2018

- 7:00 am - Breakfast & check out of hotel
- 10:00 am - Museum of American History
- 1:00 pm - Lunch at Six Flags
- 1:30 pm - Visit Six Flags
- 5:00 pm - Supper at Six Flags
- 5:30 pm - Depart for Home

Friday, June 8, 2018

- 7:00 am - Breakfast in Rockford, IL
- 11:00am - 1pm - Arrive West Salem

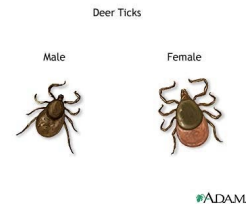


West Salem Middle School students (6 & 7) will be visiting the West Salem Outdoor Education Center before school is out. La Crosse and surrounding counties are common areas that are found to be populated with deer ticks causing exposure to Lyme Disease. It is important for people who work or recreate outdoors to learn the facts about the disease and how to prevent it. By taking some simple precautions, we can all continue to safely enjoy the pleasures and benefit of outdoor activity.

WHAT IS LYME DISEASE?

Cause: deer tick bite. A deer tick is half the size of a wood tick.

Symptoms: vary a great deal. Within 2-32 days after a tick bite, may experience fever, fatigue, headache, aching joints, nausea and/or a rash that is roughly circular in shape and is usually found at the site of the tick bite. Don't panic if someone gets bitten by a deer tick. It is not necessary to be examined by a doctor unless symptoms occur.



Precautions: when in wooded areas, wear long sleeves, pants and high socks (with pants tucked into socks). Light colored clothing will make ticks easier to find and remove. Walk in the center of trails to avoid brushing against vegetation. Conduct through "tick checks" on yourself and children regularly when out in wooded areas for any length of time. Prompt removal of ticks, even after they have attached, can drastically reduce disease transmission. To remove a tick that is attached, grasp it firmly with tweezers and close to the skin as possible and gently pull it straight out. If tweezers are not available, grasp the tick through a piece of tissue. Once the tick is removed, wash the bite area with soap and water and apply an anti-septic to the site. See a doctor if symptoms occur.

When outdoors, you may wish to use aerosol repellents for deer ticks, Please follow the directions on the product you are using. It is suggested you apply repellents on clothing only, from the armpits down.



Board Policy: Pets on School Property

As the weather is warming up just a friendly reminder of Board Policy #384 - pets are not allowed on school property for any reason, at any time, without prior approval. This means outdoor athletic event or to "run" your dogs on the school district green spaces. Please note this does not restrict the walking of dogs on the public sidewalks surrounding our campus. Please be sure to remove all waste.



West Salem School District - 2018 Summer School Program

Grades K - 8

July 23 - August 10

8:30 - 11:40

Schedule: 8:00	Student Drop Off
8:25	Bell
8:30 - 9:20	Class 1
9:20 - 9:50	Student Break *
9:55 - 10:45	Class 2
10:50 - 11:40	Class 3
11:50	Buses Dismissed

Swimming Lessons

June 11 - 22

June 25 - July 6

July 9 - 20

*Skippers Program - July 23 - 27 (register at pool after June 11)

Life Guard program - offered based on interest - Inquire at the pool after June 11

*students can only take one session of swimming lessons

If you have any questions please contact:

Lisa Gerke
Summer School Administrator
786-1662
gerke.lisa@wsalem.k12.wi.us



Drivers Wanted!

The School District of West Salem is looking for qualified van and bus drivers. Applicants must be personable, work well with children and have a clean driving record. No experience? We will train you!

Approximate hours - 6:00 a.m. -8:00 a.m. and 2:30 p.m.-4:30 p.m.

Apply on WECAN or by visiting www.wsalem.12.wi.us and going to "Our District" > "Employment Opportunities"

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

1

- 100% Fruit Juice Slusly Offered with All meals today:
- From the Grill**
 - BBQ Pork Rib Sandwich
 - Whole Kernel Sweet Corn
- Home Style**
 - Classic Lasagna
 - Whole Kernel Sweet Corn
- Deli**
 - Chicken Caesar Wrap
 - Broccoli Cheese Soup
- Grab and Go**
 - Panther Pack

2

- From the Grill**
 - Grilled Chicken Breast Filet Sandwich on WG Bun
 - Roasted Broccoli
- Home Style**
 - Cheesy Garlic French Bread Pizza
 - Roasted Broccoli
- Deli**
 - Southwest Chicken Salad
 - Chicken Tortilla Soup
- Grab and Go**
 - Panther Pack

3

- From the Grill**
 - Chicken Tenders
 - Honey-Glazed Carrots
- Home Style**
 - Pasta with Marinara Sauce
 - Pasta with Meatballs in Marinara
 - Honey-Glazed Carrots
- Deli**
 - Chef Salad w/Chicken & Cheese
 - Chili Farm to School!
- Grab and Go**
 - Panther Pack

4

- From the Grill**
 - Hamburger on WG Bun
 - Cheeseburger on WG Bun
 - Hashbrown Patty
- Home Style**
 - Cinnamon French Toast Sticks and Jones Dairy Sausage Links
 - Hashbrown Patty
- Deli**
 - Turkey Sub
 - Brown Chicken & Wild Rice Soup
- Grab and Go**
 - Panther Pack

7

- From the Grill**
 - Oven Roasted Chicken
 - Peas & Carrots
 - Whole Grain Dinner Roll
- Home Style**
 - Oven Roasted Chicken
 - Peas & Carrots
 - Whole Grain Dinner Roll
- Deli**
 - Ham & Cheese Sub
 - Chicken Noodle Soup
- Grab and Go**
 - Panther Pack

8

- From the Grill**
 - Chicken and Cheese Quesadilla
 - Refried Beans
- Home Style**
 - Walking Taco on Frito Corn Chips
 - Refried Beans
- Deli**
 - Taco Salad
 - Vegetarian Minestrone
- Grab and Go**
 - Panther Pack

9

- From the Grill**
 - Homemade Sloppy Joe on WG Bun
 - Garlic Roasted Green Beans
- Home Style**
 - Buffalo Chicken Pizza
 - Garlic Roasted Green Beans
- Deli**
 - Turkey BLT on White Wheat Sandwich Bread
 - Chicken Dumpling Soup
- Grab and Go**
 - Panther Pack

10

- From the Grill**
 - Mini Corn Dogs
 - Cooked Carrots
- Home Style**
 - Pasta with Chicken Cajun Alfredo with Garlic Toast
 - Pasta with Chicken Alfredo with Garlic Toast
 - Cooked Carrots
- Deli**
 - Homemade Grilled Cheese
 - Creamy Tomato Soup
- Grab and Go**
 - Panther Pack

11

- From the Grill**
 - Bakalar's Hot Dog on WG Bun
 - Mixed Vegetables
- Home Style**
 - Tater Tot Hot Dish
 - Corn Bread Muffin
 - Mixed Vegetables
- Deli**
 - Chicken Bacon Ranch Wrap
 - Creamy Chicken Pot Pie Soup
- Grab and Go**
 - Panther Pack

14

- From the Grill**
 - Bredied Chicken Patty Sandwich on WG Bun
 - Asparagus
- Home Style**
 - Chicken Parmesan Pasta
 - Broccoli
- Deli**
 - Ham, Salami & Provolone Cheese Sub
 - Soup - Chicken Baja Enchilada
- Grab and Go**
 - Panther Pack

15

- MixMi Frozen Yogurt Cup Offered with all meals today:
- From the Grill**
 - Golden Crunchy Fish Sticks and Goldfish Crackers
 - Mashed Potatoes
- Home Style**
 - Meatballs & Gravy with Buttermilk Biscuit
 - Mashed Potatoes
- Deli**
 - Chicken Caesar Wrap
 - Broccoli Cheese Soup
- Grab and Go**
 - Panther Pack

16

- From the Grill**
 - Mozzarella Stuffed Breadstick with Marinara Dipping Cup
 - Whole Kernel Sweet Corn
- Home Style**
 - Wild Mike's Pepperoni Pizza
 - Wild Mike's Cheese Pizza
 - Whole Kernel Sweet Corn
- Deli**
 - Southwest Chicken Salad
 - Chicken Tortilla Soup
- Grab and Go**
 - Panther Pack

17

- From the Grill**
 - BBQ Pulled Pork Sandwich
 - Waffle Fries
- Home Style**
 - Cuban Flatbread Sandwich
 - Waffle Fries
- Deli**
 - Turkey Sub
 - Potato, Cheese & Ham Soup
- Grab and Go**
 - Panther Pack

18

- 8th Grade Civil War Day!
- From the Grill**
 - Popcorn Chicken
 - Seasoned Brown Rice
 - Honey-Glazed Carrots
- Home Style**
 - Saucy Orange Popcorn Chicken
 - Seasoned Brown Rice
 - Honey-Glazed Carrots
- Deli**
 - Chef Salad w/Chicken & Cheese
 - Beef Stew
- Grab and Go**
 - Panther Pack

21

- From the Grill**
 - Kick'n Chicken-Crispy Patty with Pepper Jack Cheese
 - Green Beans
- Home Style**
 - Mini Cheese Ravioli
 - Green Beans
- Deli**
 - Ham & Cheese Sub
 - Chicken Noodle Soup
- Grab and Go**
 - Panther Pack

22

- From the Grill**
 - Pork Taco on Soft Shell Tortilla
 - Refried Beans
- Home Style**
 - Chicken Fajitas
 - Refried Beans
- Deli**
 - Taco Salad
 - Vegetarian Minestrone
- Grab and Go**
 - Panther Pack

23

- From the Grill**
 - Three Cheese Calzone
 - Peas & Carrots
- Home Style**
 - Turkey Stir Fry with Brown Rice with peas and carrots
- Deli**
 - Turkey BLT on White Wheat Sandwich Bread
 - Chicken Dumpling Soup
- Grab and Go**
 - Panther Pack

24

- From the Grill**
 - Chicken Nuggets
 - Oven Baked Spiral Fries
- Home Style**
 - Hand Rolled Chicken & Cheese Enchilada
 - Mixed Vegetables
- Deli**
 - Creamy Tomato Soup
 - Homemade Grilled Cheese
- Grab and Go**
 - Panther Pack

25

- From the Grill**
 - Alaskan Pollock Fish Sandwich on WG Bun
 - Roasted Vegetable Medley
- Home Style**
 - Creamy Mac 'N' Cheese
 - Roasted Vegetable Medley
- Deli**
 - Chicken Bacon Ranch Wrap
 - Creamy Chicken Pot Pie Soup
- Grab and Go**
 - Panther Pack

28

Memorial Day - No School

29

- From the Grill**
 - BBQ Pork Rib Sandwich
 - Whole Kernel Sweet Corn
- Home Style**
 - Classic Lasagna
 - Whole Kernel Sweet Corn
- Deli**
 - Chicken Caesar Wrap
 - Broccoli Cheese Soup
- Grab and Go**
 - Panther Pack

30

- From the Grill**
 - Grilled Chicken Breast Filet Sandwich on WG Bun
 - Roasted Broccoli
- Home Style**
 - Cheesy Garlic French Bread Pizza
 - Roasted Broccoli
- Deli**
 - Southwest Chicken Salad
 - Chicken Tortilla Soup
- Grab and Go**
 - Panther Pack

31

- From the Grill**
 - Chicken Tenders
 - Honey-Glazed Carrots
- Home Style**
 - Turkey Pot Roast in Gravy with WG Dinner Roll
 - Mashed Potatoes
- Deli**
 - Chef Salad w/Chicken & Cheese
 - Potato, Cheese & Ham Soup
- Grab and Go**
 - Panther Pack

Middle Years

Working Together for School Success



Short Stops

Imaginary language

Using a pretend language can sharpen your tween's listening and critical thinking skills. Have her make up nonsense words for actions (like *blergle* for *point* and *troni* for *sit*). Then, you do the same. Take turns using your languages—and motions—to communicate. Can you figure out what each other's words mean?

Attending concerts

If your middle grader asks to go to a concert, consider his request carefully. Ticket prices may be high, and the atmosphere might not be kid-friendly. Check into the act online or talk to other parents. If you allow him to go, avoid school nights, and have an adult attend, too.

DID YOU KNOW?

Your child's body clock shifts during puberty, making her naturally want to stay up later. Yet she needs 9–11 hours of sleep daily to support her memory, regulate hormones, and guard against stress. Discourage late-day naps, and avoid caffeine. Also, doing a quiet activity before bed, such as drawing, can signal to her body that it's time to sleep.

Worth quoting

"I declare after all there is no enjoyment like reading! How much sooner one tires of anything than of a book!"
Jane Austen

Just for fun

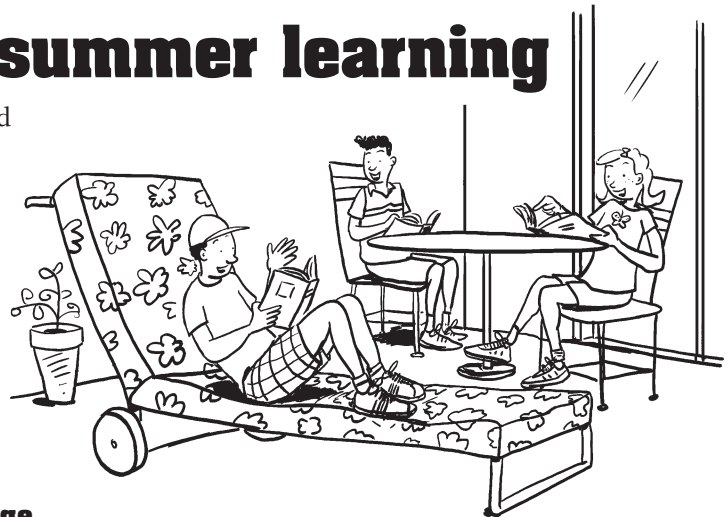
Q: Why aren't zebras good dancers?

A: Because they have two left feet.



Social summer learning

Summer alert! Did you know that students can lose up to two months of skills during the break from school? Keep that from happening to your child with these suggestions for learning the tween way—with friends.



Reading exchange

Let your middle grader create a shared document online where he and classmates list books they have read and share recommendations. They could summarize the books, rate them from 1 to 5 stars, and explain their opinions. They might even read together at a park or at each other's homes.

Baseball math

Play ball—with a math twist. During weekly get-togethers, friends can pitch to each other (three pitches per turn) and tally swings, hits, and misses. Have them calculate stats. What percentage of the

time did players hit the ball (total hits ÷ swings × 100)? Who had the best "batting average" (hits ÷ at-bats)? Let them graph their progress over the summer.

Map making

Encourage your child to turn a trip to the park into a geography expedition. Suggest that he and his friends each make a map, using a compass to label it north, south, east, and west. They could add landmarks like a basketball hoop, a slide, or a trail. Then, they take turns secretly choosing a landmark and using their maps to guide others to it. ("Walk north to the pond, then turn east.")

I-2-3 Kindness

Being a kind person helps children form strong relationships and enjoy a greater sense of belonging at school and at home. Try these steps to encourage kindness.

- 1. Develop ideas.** Together, brainstorm ways to show kindness. *Examples:* Ask an older relative to tell a story from his past. Send an inspirational quote to someone who's struggling.
- 2. Track actions.** Divide a sheet of paper into boxes, and write an idea in each square. Now look for opportunities to perform these acts of kindness. For each one completed, "x" it out.
- 3. Repeat.** When the sheet is filled, make a new one. There are always more ways to be kind—and discovering them will help your youngster make kindness a regular part of her life.



Home safe

You may not always be home while your child is out of school. Consider these ideas for handling summer supervision.

Stay alone? Decide whether your tween is ready to be home alone. Think about how responsible and resourceful she is—and whether she would be comfortable by herself. You'll want to get her input, too. *Note:* Check your state's age guidelines for leaving kids alone.



Buddy up. Talk to other parents about swapping supervision times, whether that means checking in on kids home alone or watching ones who aren't ready yet. Another idea is to look for another tween who would also be home alone and let them spend time together at one of your houses.

Set clear rules. Be firm about expectations. For instance, you might not allow your child to open the door, answer the phone unless she recognizes the name or number, or leave home without your approval. Explain that she shouldn't let callers know she's alone, and give her written instructions on who to contact and where to go in an emergency. 👍

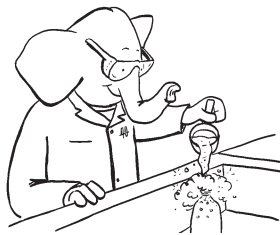
If an elephant brushed its teeth...



This science activity creates foam that looks like toothpaste the size an elephant would need! It also demonstrates an *exothermic* reaction, or a chemical reaction that releases energy. Share these directions with your middle schooler.

Mix

Place an empty 20-oz. plastic water bottle in the sink. Pour in $\frac{1}{2}$ cup hydrogen peroxide and $\frac{1}{4}$ cup dishwashing soap. (*Tip:* For colorful "toothpaste," he can add food coloring.) Gently swish the mixture around, being careful not to create too many bubbles.



Combine

In a separate cup, mix $\frac{1}{4}$ cup warm water with 1 packet (about $2\frac{1}{2}$ tsp.) dry yeast. Stir until the yeast dissolves. Pour the solution into the bottle. What happens?

React!

The yeast acts as a *catalyst*, causing the hydrogen peroxide to break down faster than normal. Oxygen is released and combines with the dish soap, resulting in overflowing foam. 👍

OUR PURPOSE

To provide busy parents with practical ideas that promote school success, parent involvement, and more effective parenting.

Resources for Educators,
a division of CCH Incorporated
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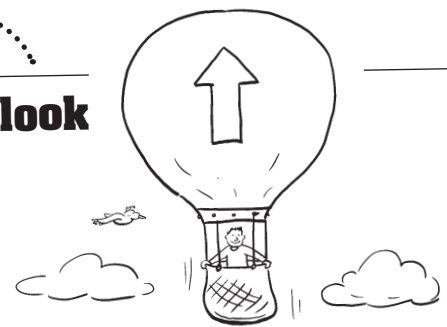
Parent to Parent

A positive outlook

My employer recently brought in a motivational speaker who said a positive attitude could help us perform better. As I was listening, it dawned on me that trying her tips with my son might help him, too.

I shared what I learned with Ben—when your attitude is "up," your brain is more creative and productive. We tried two exercises the speaker had suggested: First, we stared into each other's eyes. Then, I broke into a big smile while Ben had to try to keep a neutral expression. It's almost impossible! We both ended up laughing. Next, we each wrote about a positive experience from the last 24 hours. Reliving it brought back the good feelings.

Now, we're going to try another activity—choosing three things we're grateful for each day. I'm hoping it will help to keep both of our outlooks bright. 👍



Q & A

On track toward a goal

Q My daughter has set goals in the past and then forgotten about them in a few weeks. How can she stay focused and see them through?

A When your daughter sets goals, it's important to make them specific and measurable so she'll be able to tell if she has reached them. Giving herself deadlines for each one will help her keep moving toward them, too.

For instance, instead of saying, "I want to get in shape," she could say, "I want

to be able to run 5 miles by September." Then, she needs to name specific steps to take each week, such as, "First week: Alternate walking 1 minute and running 1 minute for 1 mile."

At the end of each week, suggest she look over the steps to see how she did. If she didn't follow through, encourage her to make revisions if needed, recommit to her goal, and keep going. 👍





WEST SALEM SCHOOL DISTRICT 2018-2019 CALENDAR

AUGUST 2018				
M	T	W	T	F
		1	2	3
6	7	8	9	10
13	14	15	16	17
20	21	22	23	24
27	28	29	30	31

SEPTEMBER 2018				
M	T	W	T	F
NS	4	5	6	7
10	11	12	13	14
17	18	19	20	21
24	25	26	27	28

OCTOBER 2018				
M	T	W	T	F
1	2	ER	4	5
8	9	10	11	12
15	16	17	18	NS
22	23	24	25	NS*
29	30	31		

NOVEMBER 2018				
M	T	W	T	F
			1	2
5	6	ER	8	9
12	13	14	15	16
19	20	NS	NS	NS
26	27	28	29	30

DECEMBER 2018				
M	T	W	T	F
3	4	ER	6	7
10	11	12	13	14
17	18	19	20	21
NS	NS	NS	NS	NS
NS				

JANUARY 2019				
M	T	W	T	F
	NS	2	3	4
7	8	9	10	11
14	15	16	17	18
NS*	22	23	24	25
28	29	30	31	

FEBRUARY 2019				
M	T	W	T	F
				1
4	5	6	7	NS
11	12	ER	14	15
18	19	20	21	22
25	26	27	28	

MARCH 2019				
M	T	W	T	F
				1
4	5	ER	7	8
11	12	13	14	SD
18	19	20	21	22
25	26	27	28	NS*

APRIL 2019				
M	T	W	T	F
1	2	3	4	5
8	9	10	11	12
15	16	17	18	NS
NS	23	24	25	26
29	30			

MAY 2019				
M	T	W	T	F
		1	2	3
6	7	ER	9	10
13	14	15	16	17
20	21	22	23	24
NS	28	29	30	31

JUNE 2019				
M	T	W	T	F
3	4	5	SD	SD
10	11	12	13	14
17	18	19	20	21
24	25	26	27	28

First Day of School: September 4, 2018
Last Day of School: June 5, 2019
Graduation Day: May 26, 2019
Early Release Days:
 October 3, November 7,
 December 5, February 13,
 March 6, May 8
October 15: Annual Meeting

SERVE WITH PASSION TO IGNITE CREATIVITY, INNOVATION, AND EXCELLENCE

NS = No School for students

ER = Early Release (Students dismissed at 12:20, Buses leave at 12:30)

SD = Snow Day or Make-up dates (March 15 June 6, June 7)

*** = Teacher Inservice (August 28 & 29, October 26, January 21, March 29 + 2 Floating)**

11/27/17

