

WEST SALEM MIDDLE SCHOOL

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West Salem, WI 54669
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Principal - Ben Wopat
Associate Principal: Mike Johnson

SPECIAL POINTS OF INTEREST:

School starts at 7:50 am

****Early Release - May 6**

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Volume 7 - Issue 10

2019

Dear Families

The end of the school year is fast approaching. I would like to take this opportunity to genuinely thank the parents, staff, students, and community members who helped make this a very successful school year. But the school year isn't over yet! In addition to the academic work and learning we have left to accomplish, the next few weeks are filled with many opportunities and experiences for our students. The eighth grade Promotion Ceremony will be on May 30 at 7pm in the Heider Auditorium. Eighth graders **are** expected to attend school the following day, May 31. We will be wrapping up instruction, handing out yearbooks, collecting iPads/chargers, & maybe having a little fun as well! June 2 - 7 many eighth graders will be going on a trip to Washington, D.C. Those who are not attending will participate in engaging activities locally.

The seventh grade spring campout will be held at the Outdoor Education Center (OEC) May 20- 24. Please avoid scheduling appointments for your child during these dates, as your child will be spending 2 ½ days at the OEC. This is a great opportunity for our students! The fifth grade will be attending the OEC on May 9th and 10th and the sixth grade will be attending the OEC on June 5 and Jellystone on the 6th as they complete their first year at WSMS. 5th Grade takes a ride on the LaCrosse Queen and visits the U.S. Fish and Wildlife on June 4th & 5th and will enjoy a end of the year picnic at Vets Park on June 7. In addition, all grades have spring and band performances. Dates and times can be found on page 3. We will be collecting all iPads/chargers prior to the end of the school year. The dates will be determined shortly, and we will communicate that to both the students and parents.

As always, we encourage you to take an active role in building relationships with your child, our staff, and community. We thank you for your continued support of our efforts as we work together to provide the best middle school experience for your child. As we move towards the end of the school year it's important we stress to our students the importance of a strong finish. In addition, please feel free to discuss your student's goals for next school year and connect how the finish to this year can lead to a great start for next fall. The choices we make today have a large impact on the options that we have available to us tomorrow.

Have a great summer with family and friends.

Ben Wopat
Principal
Twitter.com/coachwopat



"Meet Us in the Middle"



FROM THE NURSE'S OFFICE.....

Student Medications

A reminder to parents who have students with medications at school: **Please pick up medications before the last day of school.** This includes prescription and non-prescription medications. For the safety and protection of everyone, it is our policy that a parent or guardian must pick up any medication. We do not send medications home with students. Thank you for your cooperation.



Counselor Comments...

This time of year is always bitter sweet. We are excited about meeting our "new recruits" when the 5th graders visit their new homeroom Wednesday, May 15. We look forward to getting to know them over the next three years. As we bring in the new, though, so must we send out the old. Our 8th graders have been a part of us for the past three years which makes it difficult to see them leave. Watching our kids grow up and move on is one of the toughest parts of "parenting." We wish them all the best in their future endeavors! Thank you for entrusting us with your children this past year. Have an adventurous and memory-filled summer with family and friends. Not to wish the time away, but we look forward to seeing you again next year!!!



"Meet Us in the Middle"



Calendar of Events...

Upcoming Events - May/June

- 2 - Softball @ Westby 4:15
- 3 - Softball vs Aquinas 4:30 (rescheduled)
- 6 - Softball @ Winona 4:00
- 6 - Track @ Logan High 4:15
- 7 - Track @ Viroqua 4:15
- 8 - EARLY RELEASE - 12:20**
- 9 - Softball @ Sparta 4:00
- 9 - Gr. 5 OEC (half class)
- 10 - Gr. 5 OEC (half class)
- 13 - Track HOME 4:15
- 14 - 6/7 Gr. Band Concert 6:00 & 7:30
- 14 - Softball @ Viroqua 4:30
- 16 - Softball vs Holmen 3:45
- 17 - Gr. 8 Civil War day
- 17 - Softball vs Tomah 4:15
- 18 - Track Conference Logan High 10am
- 20-24 Gr. 7 OEC Campout
- 20 - 8 Gr. Band Concert 7:00
- 21 - Softball vs Westby 4:15
- 23 - Softball vs Winona 4:15
- 27 - NO SCHOOL - Memorial Day**
- 30 - Gr. 8 Promotion 7:00

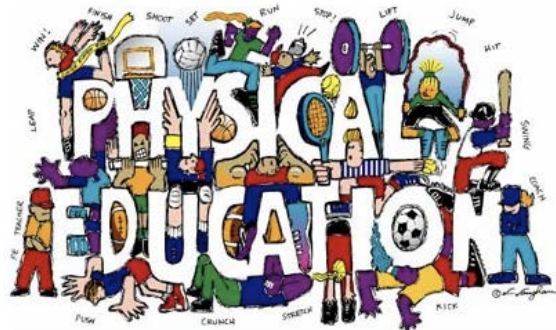


June

- 1 - June Dairy Days Parade
- 2-7 - Gr. 8 D.C. trip
- June 4 - Gr. 5 La Crosse Queen (half class)
- June 5 - Gr. 5 La Crosse Queen (half class)
- June 5 - Gr. 6 OEC
- June 6 - Gr. 6 - Jellystone
- June 7 - LAST DAY - 12:20 release**

Healthy Living...

We are looking forward to more consistent spring weather, so we can get outside and enjoy it. We will be playing some yard games with the focus on personal and social responsibility. We have learned in past years that a lot of students tend to play some of these games at family events, friends houses, and even graduation parties and get togethers. We look forward to a strong finish to the school year!



Meet Us in the Middle



WSMS Students of the Month



Grade 8



Grace W.



Mason G.



Ava M.

Grade



Carson M.



Sydney N.



Josh H.

Grade 6



Derek F.



Skye D.



Ethan C.

Grade 5



Jaimyn G.



Carson G.



Parker H.



May 2019

Upcoming Field Trips:

May 9th-School Forest (Bur, Las, Cz)

May 10th-School Forest (Kjos, Fink, Ring)

June 4th-Fish & Wildlife/La Crosse Queen (Kj, Cz, Las)

June 5th-Fish & Wildlife/La Crosse Queen (Bur, Fin, Ring)

June 7th-Vet's Park Last Day Picnic

Science: Students will learn about Earth systems (hydrosphere, biosphere, geosphere, and atmosphere) and how they interact with each other. They will also discuss the impact that humans (biosphere) have on each system.

Reading: Students just started reading historical fiction books that take place during the American Revolution. This will allow students to build connections to what they have learned and are currently learning in Social Studies. They will practice and review skills that they have learned throughout the year while they are reading this book. We are also discussing primary and secondary sources.

Writing: Our last writing focus is on opinion writing. While students will practice writing opinions in many different ways, they will also tie this in to their state restaurant project as well.

Math: The month of May we will focus on wrapping up algebraic patterns and coordinate planes. Then we will finish the year working on measurement and geometry. This will include converting different types of measurement. They will also learn about attributes of shapes and how to find the volume of rectangular prisms.

Restaurant Project: This project is an exciting, culminating project that 5th grade students complete each year. The students start by picking a state that they want to research. They will complete different writing components including: informational paragraphs, menu descriptions, and a persuasive essay. They will also be learning about applying for jobs, calculating sales tax, writing checks, and so much more! Students can also design and create a 3D model of their restaurant. The restaurant is not a requirement, but we highly recommend that they make one. We will start this project around May 13th and it will finish with a Restaurant City presentation on May 31st from 2:00-3:00pm. You are all welcome to attend and see the amazing projects.



5th Grade

Spanish - Profesora Phillips

The 5th grade Spanish students are practicing the date and weather. Throughout the month of May, we will continue working on basic conversations and discuss the importance of Cinco de Mayo in the United States and Mexico.

Art - Mrs. Hemker

Our clay unit took a bit longer than expected, but now that clay is complete we will move on to cardboard construction and various ways to join cardboard to create a finished 3-D sculpture. We will also be working on a Pop-Art Self Portrait.



Reading - Mrs. Schultz

Hello!

Our 6th grade readers are just starting a mystery genre study unit and a poetry unit. They will learn the different elements of poetry; they will recite a poem to the class and practice writing poems themselves. Student's will also be reading mystery books and completing assignments that ask about suspects and clues in their novels. The end of the year will have presentations about human rights.

Happy reading, Ms. Dillon and Mrs. Schultz

English - Mrs. Buisman

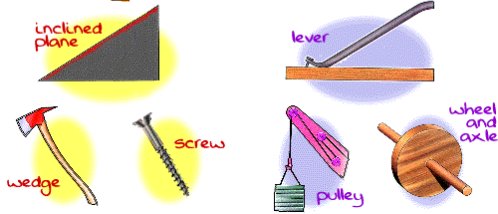
During the month of May, 6th grade English students will be writing and creating their informational human rights books. Topics include genocide, sexual orientation, workers' rights, women's rights, poverty, terrorism, and more. Students will also be reviewing homophones and practicing verbs in grammar. We will end the year with a mystery read aloud that includes videos to uncover the mystery.

Science - Mrs. Jarosh

As our 6th graders enter the final month of their 6th grade year, we will continue investigating physics concepts in our Motion & Forces unit. Students designed and tested Newton's Laws cars. They built, tested, collected and analyzed data to help learn about each of Newton's Laws of motion. Our final unit will focus on ecology and the environment. Students will be learning about biomes, species interactions, population dynamics, and have the opportunity to dissect owl pellets! Thank you all for a great year in science!



Simple Machines



Spanish -Profesora Phillips

The 6th grade Spanish students are talking about food, likes and dislikes. They can ask each other about their favorite foods and express their least favorite! Students will be working on a like/dislike book next week. Sixth graders will end the year by making sugar skulls and learning about the Day of the Dead.

Art - Mrs. Hemker

In May, 6th graders will be working on Artist Trading Cards. Many techniques will be explored through these tiny works of art. Students will also do some research about a famous artist and paintings creating both a poster and a masterpiece reproduction.



Meet Us in the Middle



It's hard to believe how quickly this year has gone! Students have been exposed to many new information on ancient civilizations throughout the course of 6th grade. I hope they have enjoyed their journey back to 1000 BCE as much as I have!

World Religions will continue to be our unit in May! Our focus will be acceptance and respect of religious beliefs throughout the world, so we better understand historical conflicts and values of others. We continue to learn through various literature and informational texts and on-line sources. By the end of the unit, students will have a World Religions booklet to summarize, reflect and connect information about religions (origins, symbols, scriptures, beliefs & traditions) they learn with what they already know.

It's been a great 6th grade year!



Math - Mrs. Jehn & Mrs. Adams

Regular Math

We are finishing Chapter 9 learning about statistical measures including mean, median, and mode as well as quartiles, interquartiles, range, mean absolute deviation. The concepts of measures of variation and mean absolute deviation were new to students and may bring back fond memories of a statistics course you might have taken years ago. These are difficult topics and very abstract for 6th grade minds.

These skills are necessary for us in Chapter 10 which is the last chapter of the book and how we will spend most of May. This chapter is all about data displays including stem-and-leaf plots, histograms, box-and-whisker plots. They will need to use what they learned about measures of center, measures of variation, and statistical questions in the previous chapter to describe the center, spread, and shape of the displays.

It's been a fabulous year with students striving to learn despite rigorous work and higher level math skills being required. They have really excelled and done a wonderful job. Enjoy the summer!

Accelerated Math - Mrs. Jehn

Students completed Chapter 14 reviewing topics such as solving and graphing ratios, rates, and proportions, so they could work with slope and direct variation. In May, we will complete Chapter 15 titled Percents. Have your student work with you this summer to determine percent mark ups, discounts, and simple interest which are all skills from this chapter and for life.

They have done a tremendous job this year tackling difficult problems requiring high level thinking skills. They will be finishing the second half of the 7th grade book next year and then all of the 8th grade book. The skills will continue to become more difficult but their effort, perseverance, and willingness to learn will pay off for them. Keep up the great work!

6th Grade Math Message - Because of your generosity, we were able to spend the week of state testing working with the information from our statistical measures unit by completing the Oreo Stacking Challenge. We are incredibly grateful for all the Oreo donations you made. If you haven't had a chance yet, check out the school district's facebook page to see photos of the fun. We will finish May and the school year with a few other math projects utilizing concepts from throughout the year.




Reading - Mrs. Rochester

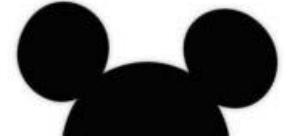
During the month of May, students will be researching and creating a

website related to a specific environmental issue to follow up their environmental issues book study. The students were put into groups based on a common environmental issue. Be sure to ask your child about their research topic! 7th graders will also be finishing up the school year with an SSR (self

choice) book study. The students have already chosen books and started reading. As a final activity for these books, students are creating a One-Pager. The students are expected to analyze different elements about the book they are reading. These elements will then be put on a 12 x 18 piece of paper. The students are expected to read every night in order to finish the book. Most of the reading and work on the One-Pager will need to be completed outside of class.

IF YOU CAN
DREAM IT,
YOU CAN
DO IT.

- WALT DISNEY


English - Mrs. Martinson

The 7th graders will be finishing their Vietnam research project by typing a final draft of their 4 paragraph essay with in-text citations and a works cited page. We continue to work on our compound sentences and parts of speech through Kahoots and Quizizz on-line games for practice. The final writing project will be an alliteration book. The students will write and illustrate a book to share with kindergartners and 1st graders.

Social Studies - Mr. Mahlum

For seventh grade social studies the students will look at laws in our society. We will examine why we have laws, the different types of laws, and what happens when those laws are broken. The final unit of our year will focus on state and local governments. We will study the role these levels of government play in our lives and who represents us in these levels.

Math - Mrs. Weber

We have started our unit on circles. We will be learning to find circumference and area of a circle while using $\pi(3.14)$. We will also study composite figures and learn to find area and perimeter by breaking those shapes into smaller, more recognizable shapes. We will be completing a scale drawing project the week of the school forest in connection with English class. We will end the year with some work on surface area and volume. What a fast year!!

Pre-Algebra

We just finished up our unit on linear functions. We will begin the study of real numbers (square and cube roots) and the Pythagorean Theorem the second week of May. We will take a short break to complete a scale drawing picture in connection with English class. We will finish our real numbers unit after the break and spend a few days reviewing surface area and volume if time permits. What a fast year!!

Half Math - Mrs. Coe

The seventh grade students will only have half math for the first part of May before they go to the school forest! The time will go so fast! We are starting to work with circles and composite figures with Mrs. Weber. We will dive into the equation for area of a circle and estimate the area of many different objects in the classroom. We will also practice all of the equations for area and perimeter they have previously learned to help prepare them for area and perimeter of composite figures.

Half Accelerated

We only have three weeks left in accelerated half math to finish up our castle project. We will also be working on the application of functions and the introduction of roots and rational and irrational numbers before the school year is over!



Meet Us in the Middle



Art - Mrs. Hemker

7th Grade students will continue to work on improving their drawing skills using different techniques, styles and approaches. May's main projects are a planned composition collage, and Altered Posters.

Spanish - Profesora Phillips

The 7th grade Spanish students are working on describing themselves and others. They will complete a project based assessment next week to describe a character using the verb SER and several adjectives we have learned. To end the year, seventh graders will be working on school vocabulary, the verb tener, and telling time.



S.T.E.M. - Mr. Jones

For the rest of the school year the 7th grade students will be testing their engineering skills by making a paper rollercoaster. The goal is to design, test, and build a paper rollercoaster that is reliable, interesting, low cost (each material has a value), and takes the longest time to send a marble down the track. The team that makes the marble stay on the track for the longest time and spends the least amount of money wins!



Science - Mr. Baker

In science we have been learning about body systems and the the power of the brain! We've tried meditation, tested our nerves, and experimented with reaction time. Students all came up with their own body system experiments that they should have done mostly at home and then shared with the class.

The 7th grade camp out is coming up in May. Please keep May 20-24 free of appointments, so you won't have to worry about rescheduling problems.

The campout is here! Paperwork was sent home and should be returned asap if it hasn't been already. The dates are May 20-24 and students should know if they are the first half or second half of week, so please try to avoid scheduling any appointments, trips, etc. during their time. If you have questions, don't hesitate to e-mail Mr. Baker.



"Meet Us in the Middle"





8

English - Mrs. Sackett

The days in 8th grade are quickly winding down. In English, we are wrapping up the year by enjoying Mark

Twain's classic novel, *The Adventures of Tom Sawyer*. This will be a great way to end the year as we will appreciate the lasting piece of literature and have discussions about the complex characters and themes we discover in the text. Along with reading this book, we will also be presenting our argument presentations and completing our review of the parts of speech by creating a parts of speech comic book. Save the comic sections of your newspapers and send them to school with your student to help with the comic book. It has been a pleasure working with each 8th grader. Thank you for sharing your student with me!

Mrs. Bentzen Regular Math (Chapter 9, Placement Test)

We will study one more unit on data analysis and displays before wrapping up the year.

The objectives for Chapter 9:

- *construct and interpret scatter plots
- *find and assess lines of fit for scatter plots
- *use equations of lines to solve problems and interpret the slope and the y-intercept
- *use two-way tables
- *choose appropriate data displays

We will FastBridge test on May 13 and 14. We will take an algebra placement test (dates: May 21-24) to be used as another measure of whether your son/daughter is ready for Algebra I next year. We will end the year making flexagons. Very cool stuff!!!!

Algebra (Chapter 9, parts of Chpts 10 & 11, Final Exam)

We will study one more unit on radicals and geometry connections before wrapping up the year.

The objectives of Chapter 11:

- *graph square root functions

- *simplify radical expressions
- *solve radical equations
- *apply the Pythagorean Theorem and Its Converse
- *apply the Distance and Midpoint Formulas

We will FastBridge test on May 14. We will take our algebra final (Chpts 6-11) on May 24. This will give your son/daughter the experience of taking final exams at the high school. We will end the year making flexagons. Very cool stuff!!!

Half Math - Mrs. Coe

8th grade math students will finish the year wrapping up our probability the statistics unit. The students are going to be creating a carnival in the classroom. Each student will work with a partner to create a carnival game where they will figure the theoretical and experimental probability. We plan to invite other classes over to play our games to complete our project during the last week of classes!

Half Math Advanced

Algebra students in half math will be comparing linear, quadratic and exponential functions and relating them to real life to see the significance of math in the working world around us. To finish out our school year, we will be creating catapults, finding the maximum height and distance of our catapults, graphing our launch using quadratic functions and seeing if we can adjust our catapults to make them fly higher and farther. I can not wait to see which group wins!

Social Studies - Ms. Morgan

May is a busy month for 8th grade students. Among the many activities they will take part in is the annual Civil War Day on Friday, May 17. This experience provides the students with the opportunity to "live" the lives of soldiers during the year 1863. With the help of local reenactors, students drill and eat a Civil War era meal enjoyed by soldiers of the day. Students will also learn about Civil War related topics including: Cordella Harvey, Union soldier, confederate soldier, load & fire a musket, Sailor, Artillery, blockade runner. It is a culminating activity for a look at the

tumultuous time that nearly tore our country apart.

Students will learn:

- *causes of the Civil War
 - *the long lasting impact of the Civil War on our country's history
 - *key events of the war that nearly tore our country apart
 - *what life was like during the war from a variety of different view points
 - *how our country was put back together following the war
- Congratulations to Morgan Quackenbush, Madison MacRogers, Madison Odenbach, Kendra Hillyer, and Priya Oshan on representing WSMS at the Wisconsin National History Day Competition in Madison last month! If your visiting the La Crosse Main Library, check out some of our student's NHD projects on display.

S.T.E.M. - Mr. Jones

In 8th grade STEM we moved away from the programming and built our own Rumblebots out of various materials. The students had to place their rumblebot creations on a vibrating track to make it move forward. Once all rumblebots were built and tested, we raced them. A good time was had by all.

For the remaining time that I have with the 8th graders we will be designing our own nosecones for a paper rocket. These nosecones will be 3D printed. We will then launch the rockets and graph the results.

Art - Mrs. Hemker

During the month of May, students will be creating a Pop Art piece that will represent the individual artist in some way. They will also be working on exploring the elements and principles of art and creating a personalized project proposal.



"Meet Us in the Middle"



Spanish - Profesora Phillips

The 8th grade Spanish students have been working on Mi Comida Favorita or My Favorite Food. We have worked on how to share what we like: Me gusta and what we do not like: No me gusta. We have also been working on basic conversations and communicating in small groups. We will finish the year with our family unit learning how to describe and share about different family members.

Reading - Ms. Friell

Supplies: To be prepared for class, students must bring the following to class every day: pen/ pencil, iPad, book of choice (fiction or non-fiction), and a reading binder. The students' reading binders stay in the classroom, so they only have to get it off the shelf at the beginning of class!

Independent Reading: Students have been reading books of their choice since the second week of school. They should be reading these books at home on a daily basis (a minimum of 20 minutes). They are also given 20 minutes to read their choice books during Reading class. Please ask your son/daughter to tell you about what he/ she is reading.

Vocabulary: In addition to "A Word A Day" (from the book 100 Words Every Middle Schooler Should Know) and studying Greek and Latin roots, students should be using context clues strategies while working with new words in the fiction and non-fiction works we read as a class.

As we just finished reading *The Giver*, students will be completing a variety of activities to demonstrate their learning. Some of them include writing from a subjective viewpoint, a compare/contrast paragraph, and a character analysis. In contrast to the fictional, dystopian world of *The Giver*, we will finish the year reading about Anne Frank and the world she lived in during the Holocaust.

Science - Ms. Smith-Waller

Where has the time gone the last couple of months? It is hard to believe that we have almost completed another school year, and within a few months our students will be going into high school to start another exciting adventure in their lives. We had a great year in science this year, and we are looking forward to a few last weeks of fun science activities. During the month of May, we will finish up our study of weather and climate. We will try to get outside to make observations when we can. For the last couple of weeks, we will change our focus and learn a little bit about minerals and rocks. I like to finish out the year with a rock walk where we will try to identify rocks around West Salem. Let's finish out the year strong!

Essential Learning Outcomes:

MS-ESS2-5: Collect data to provide evidence for how the motions and complex interactions of air masses results in changes in weather conditions.

MS-ESS2-6: Develop and use a model to describe how unequal heating and rotation of the Earth cause patterns of atmospheric and oceanic circulation that determine regional climates.

MS-ESS3-5: Ask questions to clarify evidence of the factors that have caused the rise in global temperatures over the past century.

MS-ESS2-1: Develop a model to describe the cycling of Earth's materials and the flow of energy that drives this process.



Eighth Grade Promotion Night

Eighth Grade Promotion Night Eighth graders will be honored on Thursday, May 30, at a ceremony celebrating their promotion to ninth grade. The ceremony begins at 7:00pm in the Heider Center. All families and friends are cordially invited to attend.

Attire for all 8th graders will be the 8th grade class shirt and jeans, khakis or dress pants. No shorts, skirts, leggings or capris. Please note that all students will participate in the ceremony. Please join us for the celebratory event.

Please join us for the celebratory event.



"Meet Us in the Middle"



The WSMS Music Dept...

WSMS Spring Choir & Band Concerts

All held at the Marie W. Heider Center for the Arts

Students are required to attend in full concert uniform and stay for the band & choir portion of their grade level only.

Tuesday, May 14

6th Grade - Concert Begins at 6:00pm with a report time of 5:30pm

7th Grade - Concert Begins at 7:30pm with a report time of 7:00pm

Monday, May 20

8th Grade - Concert Begins at 7:00pm with a report time of 6:30pm

WSMS 8th Grade Performing at the "Beyond the Notes" Festival

Held at the Kalahari Resort in Wisconsin Dells

8th Graders will need to bring their concert uniform to school. They will attend morning classes and have lunch at WSMS.

We will then bus to WI Dells for some fun and a performance/clinic.

The performance can be viewed on this link:

https://www.youtube.com/channel/UCJdbNT07sPD3y2Ysx2gH4CA/featured?view_as=subscriber

General Music 6 "Keyboards and More" - Mrs. Glasel

The students are continuing to work on their keyboard skills. They learned Middle C position and have been playing many familiar songs such as "London Bridge" and "BINGO." Soon they will be learning how to add in some black keys (flats and sharps) to the music.

The students are working on project called "Music Can Change a Scene." They watched a couple of movie clips in which different music was added in to change the meaning of that scene. They will work in small groups to video record a scene that they created, and then they will edit it, duplicate it, and then add 4 different styles of music to that same scene to make it feel different.

Our Music Alive magazine articles will be on music of video games and summer music festivals.

General Music 5 - Mrs. Glasel

The students have been learning a lot about form including AABA form, Verse - Refrain, March form, and Theme and Variations. They have been adding autoharps, the barred instruments, and bucket drumming to their songs. To end the year, they will get a taste of jazz music. They will learn about a couple styles of jazz, try their skills at improvisation, and learn a couple of jazz standards.



WSMS had three winners on this year's WI Youth Art Month Flag! They celebrated at the State Capital. Pictured above are Grace S., Danielle C., and Elijah S.





Grade 8 - Civil War Reenactment

Friday, May 17

WEB ORIENTATION

Aug TBD - WEB Leader Training NEW WEB Leaders

Aug TBD - Orientation for NEW 6th graders



Attn: 8th graders
Freshman Orientation
August - date/time TBD

Middle School Registration for the 2019 - 2020 School Year

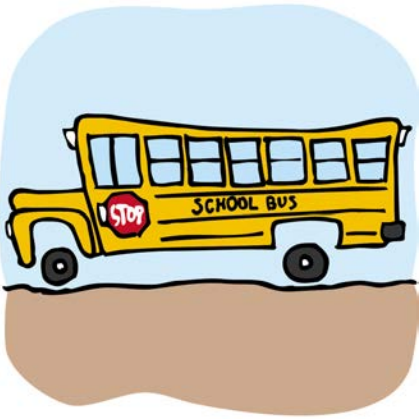
The 2019-2020 school year will again have online registration through Skyward Family Access. Online registration will open up August 1st. An in-house registration will be held on Monday, August 12, and Tuesday, August 13. Computers will be available to complete your online registration if you do not have access at home. Lifetouch will be here to take student pictures and students will get their schedules and locker information. Please mark your calendars now and plan on attending.

The West Salem School District prohibits discrimination in all its programs and activities on the basis of race, color, national origin, age, disability, and where applicable, sex, marital status, familial status, parental status, religion, sexual orientation, genetic information, political beliefs, reprisal, or because all or part of an individual's income is derived from any public assistance program. (Not all prohibited bases apply to all programs.) Persons with disabilities who require alternative means for communication of program information (Braille, large print, audiotape, etc.) should contact the Pupil Services Director at (608) 786-0700. To file a complaint of discrimination write to: Pupil Services Director at 405 East Hamlin Street, West Salem, WI 54669 or call (608)786-0700. The West Salem School District is an equal opportunity provider and employer.



"Meet Us in the Middle"





Early Release Date
Wednesdays - Release at 12:20
Buses leave at 12:30

May 8

Upcoming Reminders:

7th grade - School Forest - May 20-24

PLEASE do not schedule appointments during this week.

5th grade - Tuesday, June 4 - Fish & Wildlife/La Crosse Queen

~ Kjos, Czajka, Lassig

- Wednesday, June 5 - Fish & Wildlife/La Crosse Queen

~Burdick, Fink, Ringlien

6th grade - Wednesday, June 5 - School Forest / OEC

~Please make sure your child dresses accordingly for the outdoors: long sleeves and pants are preferred. A sack lunch will also be needed - either your own or order one from school

Thursday, June 6 - Jellystone

~Please have your child bring a swim suit and towel as well as extra money if he/she wants to purchase food and/or drinks. Your child can either bring a sack lunch or purchase lunch there.

Please also send along sun screen for both trips; however, we are NOT able to put it on your



"Meet Us in the Middle"



Washington DC Itinerary



Sunday, June 2, 2019

6:30 am - Depart West Salem
Lunch stop at IL Toll Plaza
Skokie, IL Holocaust Museum
Dinner on toll road
Overnight in Independence, OH

Monday, June 3, 2019

5:30 am - Breakfast at Hotel
Shanksville Ft 93 Site Memorial
Gettysburg Visitors' Center & Battlefield Tour
Overnight in DC area

Tuesday, June 4, 2019

7:00 am - Breakfast at hotel
US Capitol
Arlington National Cemetery
Guided Tour of Memorials and other sites
Evening Tour of Washington DC
Overnight in DC area

Wednesday, June 5, 2019 (STUDENTS MUST WEAR THEIR CLASS T-SHIRTS TODAY)

6:00 am - Breakfast at hotel
Smithsonian Museums and other Downtown DC sites
Museum of African American History & Culture
Twilight Tattoo Concert
Evening Tour of DC - last minute sites
Overnight in DC area

Thursday, June 6, 2019

Zoo and last chance DC sites
1:30 pm - Visit Six Flags
Depart for Home - overnight on bus

Friday, June 7, 2019

7:00 am - Breakfast in Rockford, IL
11:00am - 1pm - Arrive West Salem

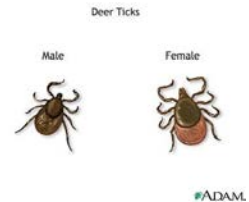


West Salem Middle School students (6 & 7) will be visiting the West Salem Outdoor Education Center before school is out. La Crosse and surrounding counties are common areas that are found to be populated with deer ticks causing exposure to Lyme Disease. It is important for people who work or recreate outdoors to learn the facts about the disease and how to prevent it. By taking some simple precautions, we can all continue to safely enjoy the pleasures and benefit of outdoor activity.

WHAT IS LYME DISEASE?

Cause: deer tick bite. A deer tick is half the size of a wood tick.

Symptoms: vary a great deal. Within 2-32 days after a tick bite, may experience fever, fatigue, headache, aching joints, nausea and/or a rash that is roughly circular in shape and is usually found at the site of the tick bite. Don't panic if someone gets bitten by a deer tick. It is not necessary to be examined by a doctor unless symptoms occur.



Precautions: when in wooded areas, wear long sleeves, pants and high socks (with pants tucked into socks). Light colored clothing will make ticks easier to find and remove. Walk in the center of trails to avoid brushing against vegetation. Conduct through "tick checks" on yourself and children regularly when out in wooded areas for any length of time. Prompt removal of ticks, even after they have attached, can drastically reduce disease transmission. To remove a tick that is attached, grasp it firmly with tweezers and close to the skin as possible and gently pull it straight out. If tweezers are not available, grasp the tick through a piece of tissue. Once the tick is removed, wash the bite area with soap and water and apply an anti-septic to the site. See a doctor if symptoms occur.

When outdoors, you may wish to use aerosol repellents for deer ticks, Please follow the directions on the product you are using. It is suggested you apply repellents on clothing only, from the armpits down.



Board Policy: Pets on School Property

As the weather is warming up just a friendly reminder of Board Policy #384 - pets are not allowed on school property for any reason, at any time, without prior approval. This means outdoor athletic event or to "run" your dogs on the school district green spaces. Please note this does not restrict the walking of dogs on the public sidewalks surrounding our campus. Please be sure to remove all waste.



West Salem School District - 2019 Summer School Program

Grades K - 4
5 - 8

July 22 - August 9

8:30 - 11:40

Schedule: 8:00	Student Drop Off
8:25	Bell
8:30 - 9:20	Class 1
9:20 - 9:50	Student Break *
9:55 - 10:45	Class 2
10:50 - 11:40	Class 3
11:50	Buses Dismissed

Swimming Lessons

June 10 - 21

June 24 - July 5

July 8 - 19

*Skippers Program - dates to be determined
(register at pool after June 11)

Life Guard program - offered based on interest - Inquire at the
pool after June 11

If you have any questions please contact:

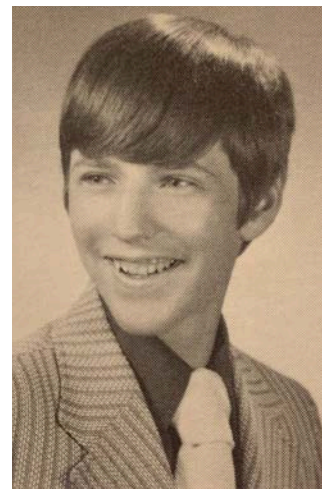
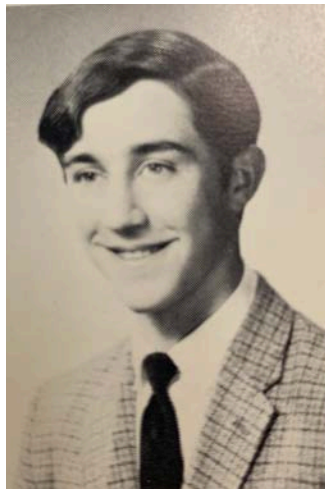
Lisa Gerke
K - 4 Summer School Administrator
786-1662
gerke.lisa@wsalem.k12.wi.us

If you have any questions please contact:

Mike Johnson
5 - 8 Summer School Administrator
786-2090
johnson.michael@wsalem.k12.wi.us



2019 WEST SALEM HIGH SCHOOL ALUMNI HALL OF FAME INDUCTION



JOIN US TO HONOR OUR 2019 INDUCTEES:
RICHARD SCHOMBURG ('61), DUANE KNEIFL ('71)
& DR. MICHAEL QUINN ('74)

FRIDAY, MAY 17, 2019
5:00 P.M.
WEST SALEM HIGH SCHOOL

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

1

- From the Grill**
- Texas Style BBQ Pulled Pork Sandwich
 - Carolina Style Pulled Pork Sandwich
 - Mashed Potatoes
- Home Style**
- Meatballs & Gravy with Buttermilk Biscuit
 - Mashed Potatoes
- Deli**
- Chef Salad w/Chicken & Cheese
 - Creamy Chicken Pot Pie Soup
- Grab and Go**
- Panther PBJ Pack
 - Panther YOGURT Pack

2

- From the Grill**
- Popcorn Chicken
 - Vegetable "Not Fried" Rice
- Home Style**
- Saucy Orange Popcorn Chicken
 - Vegetable "Not Fried" Rice
- Deli**
- Chicken Bacon Ranch Wrap
 - Chicken Dumpling Soup
- Grab and Go**
- Panther PBJ Pack

3

- From the Grill**
- Cheese Pizza - Personal Pan
 - Hawaiian Pizza - Personal Pan
 - Honey-Glazed Carrots
- Home Style**
- Pepperoni Pizza - Personal Pan
 - Honey-Glazed Carrots
- Deli**
- Turkey Sub
 - Vegetarian Minestrone
- Grab and Go**
- Panther PBJ Pack

6

- From the Grill**
- Mozzarella Stuffed Breadstick with Marinara Dipping Cup
 - Mixed Vegetables
- Home Style**
- Tater Tot Hot Dish
 - Buttermilk Biscuit
 - Mixed Vegetables
- Deli**
- Ham, Turkey and Cheddar Sub
 - Beef and Vegetable soup
- Grab and Go**
- Panther PBJ Pack


7

- Taco Tuesday!**
- From the Grill**
- Chicken and Cheese Quesadilla
 - Refried Beans
- Home Style**
- Walking Taco Nacho Chips
 - Refried Beans
- Deli**
- Homemade Grilled Cheese
 - Creamy Tomato Soup
- Grab and Go**
- Panther PBJ Pack

8

- Early Release!**
- From the Grill**
- "Chicken and Waffles!" Natural Chicken Tenders WG Waffle
 - Waffle Fries
- Home Style**
- "Chicken and Waffles!" Natural Chicken Tenders WG Waffle
 - Waffle Fries
- Deli**
- Southwest Chicken Salad
 - Brown Chicken & Wild Rice Soup
- Grab and Go**
- Panther PBJ Pack
 - Panther YOGURT Pack

9

- Sweet Treat Thursday!**
- 
- 100% Fruit Juice Slushy Offered with meals in all lines
- From the Grill**
- Meatball Marinara Sub on Hoagie Roll
 - Garlic Roasted Green Beans
- Home Style**
- Pasta with Italian Meat Sauce
 - Pasta with Marinara Sauce
 - Italian Breadsticks
 - Garlic Roasted Green Beans
- Deli**
- Chicken Caesar Wrap
 - Potato, Cheese & Ham Soup
- Grab and Go**
- Panther PBJ Pack

10

- From the Grill**
- Cheesy Garlic French Bread Pizza (Vegetarian Option) or Marinara Dipping Cup
 - Whole Kernel Sweet Corn
- Home Style**
- Pepperoni Pizza Dippers
 - Marinara Dipping Cup
 - Whole Kernel Sweet Corn
- Deli**
- Garden Salad with Cottage Cheese
 - Chicken Tortilla Soup
- Grab and Go**
- Panther PBJ Pack
 - Panther YOGURT Pack

13

- From the Grill**
- Homemade Sloppy Joe on WG Bun Crispy Coleslaw
- Home Style**
- Chicken Cordon Blue Sandwich
 - Roasted Vegetable Medley
- Deli**
- Ham and Swiss on Croissant
 - Chicken Noodle Soup
- Grab and Go**
- Panther PBJ Pack

14

- Taco Tuesday!**
- From the Grill**
- Taco Truck Burritos (New!) in TWO VARIETIES! with Cilantro Lime Rice
- Home Style**
- (Low-Fat) Loaded Beef Nachos with Cilantro Lime Rice
 - Taco Topping Bar
- Deli**
- Turkey BLT on Sub Roll
 - Broccoli Cheese Soup
- Grab and Go**
- Panther PBJ Pack

15

- From the Grill**
- Chicken Nuggets with WG Dinner Roll
 - Mashed Potatoes
- Home Style**
- Turkey Pot Roast in Gravy with WG Dinner Roll
 - Mashed Potatoes
- Deli**
- Chef Salad w/Chicken & Cheese
 - Creamy Chicken Pot Pie Soup
- Grab and Go**
- Panther PBJ Pack
 - Panther YOGURT Pack

16

- From the Grill**
- (Cheese) Hamburger on WG Bun
 - Potato Stars
- Home Style**
- (Cheese) Hamburger on WG Bun
 - Potato Stars
- Deli**
- Cuban Flatbread Sandwich
 - Chicken Dumpling Soup
- Grab and Go**
- Panther PBJ Pack

17

- From the Grill**
- Stuffed Crust Pepperoni Pizza
 - Peas & Carrots
- Home Style**
- Stuffed Crust Cheese Pizza
 - Chicken Pesto Flatbread Pizza
 - Peas & Carrots
- Deli**
- Turkey Sub
 - Vegetarian Minestrone
- Grab and Go**
- Panther PBJ Pack

20**From the Grill**

- Chicken Patty - Hot and Spicy Whole Grain Bun
- Steamed Broccoli

Home Style

- Mini Cheese Ravioli Choice of Marinara or Italian Cheese Sauce
- Garlic Toast
- Steamed Broccoli

Deli

- Ham, Salami & Provolone Cheese Sub
- Beef and Vegetable Soup

Grab and Go

- Panther PBJ Pack

21**Taco Tuesday!****From the Grill**

- Pork Taco on Soft Shell Tortilla
- Refried Beans

Home Style

- Chicken Fajitas Soft Shell Tortilla
- Fajita Blend Vegetables

Deli

- Homemade Grilled Cheese
- Creamy Tomato Soup

Grab and Go

- Panther PBJ Pack

22**From the Grill**

- Kick'n Chicken-Crispy Patty with Pepper Jack Cheese Whole Grain Bun
- Oven Baked French Fries

Home Style

- BBQ Teriyaki Chicken Seasoned Brown Rice
- Mixed Vegetables

Deli

- Southwest Chicken Salad
- Brown Chicken & Wild Rice Soup

Grab and Go

- Panther PBJ Pack
- Panther YOGURT Pack

23**Sweet Treat Thursday!**

- Rice Krispie Treat Offered with meals in all lines

From the Grill

- Mini Corn Dogs
- Chex Mix - Cheddar
- Honey-Glazed Carrots

Home Style

- Pasta with Chicken Alfredo or Pasta with Chicken Cajun Alfredo
- Garlic Breadstick
- Honey-Glazed Carrots

Deli

- Chicken Caesar Wrap
- Potato, Cheese & Ham Soup

Grab and Go

- Panther PBJ Pack

24**From the Grill**

- Pepperoni Pizza - Slice
- Whole Kernel Sweet Corn

Home Style

- Cheese Pizza or Homemade Taco Pizza
- Whole Kernel Sweet Corn

Deli

- Garden Salad with Diced Chicken
- Farm to School Chili

Grab and Go

- Panther PBJ Pack

27

Memorial Day - No School

28**Breakfast for Lunch!****From the Grill**

- French Toast Sticks Jones Dairy Sausage Links Warm Cinnamon Apples

Home Style

- Colby Cheese Omelet Jones Dairy Sausage Links Warm Cinnamon Apples Honey Bun Goldfish

Deli

- Turkey BLT on WG Sub Roll
- Broccoli Cheese Soup

Grab and Go

- Panther PBJ Pack

29**From the Grill**

- Texas Style BBQ Pulled Pork Sandwich
- Carolina Style Pulled Pork Sandwich
- Mashed Potatoes

Home Style

- Meatballs & Gravy with Buttermilk Biscuit
- Mashed Potatoes

Deli

- Chef Salad w/Chicken & Cheese
- Creamy Chicken Pot Pie Soup

Grab and Go

- Panther PBJ Pack
- Panther YOGURT Pack

30**From the Grill**

- Popcorn Chicken
- Vegetable "Not Fried" Rice

Home Style

- Saucy Orange Popcorn Chicken
- Vegetable "Not Fried" Rice

Deli

- Chicken Bacon Ranch Wrap
- Chicken Dumpling Soup

Grab and Go

- Panther PBJ Pack

31**From the Grill**

- Cheese Pizza - Personal Pan
- Hawaiian Pizza - Person Pan
- Honey-Glazed Carrots

Home Style

- Pepperoni Pizza - Personal Pan
- Honey-Glazed Carrots

Deli

- Turkey Sub
- Vegetarian Minestrone

Grab and Go

- Panther PBJ Pack

More Details: wsalem.nutrislice.com/menu/west-salem-middle-school/lunch/

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Middle Years

Working Together for School Success



Short Stops

Prepare for exams

Your tween will remember more information if he studies for finals over a longer period of time rather than cramming. Suggest that he create a study schedule and stick to it. He could also join a study group to stay on track.

Words inspire confidence

The way your middle grader talks about herself can affect her self-esteem. If you hear her make a negative statement like “I can’t do this” or “I’m just not good at this,” have her turn it into a positive one. *Examples:* “I’ll try” or “I’m working on it.” Then, set an example by doing the same for yourself!

A first aid kit

Ask your child to make a home first aid kit. He can fill a container with bandages, gauze, adhesive tape, and antiseptic wipes. Show him how to use the supplies so he learns what to do if he or someone else is injured. Encourage him to put the kit where family members can find it easily, perhaps in the hall closet.

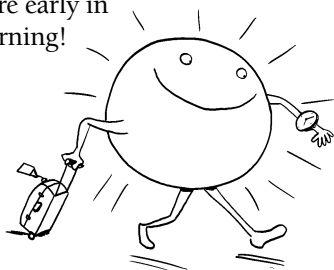
Worth quoting

“The cure for boredom is curiosity. There is no cure for curiosity.”
Dorothy Parker

Just for fun

Teacher: How fast does light travel?

Student: I don’t know, but it sure gets here early in the morning!



Keep your brain in gear

When the school year ends, the learning doesn’t have to. Keep your tween’s mind active all summer long with ideas like these.

Take up a hobby

A hobby gives your child a meaningful way to spend time while she practices various skills. For example, knitting requires math and attention to detail. And chess promotes strategic thinking and patience. She could take a community center class or watch how-to videos. Then, suggest that she set a goal like knitting a scarf or beating you at chess before summer ends!



Explore the community

Visiting new places will build your tween’s general knowledge. You might tour a museum or hike in a state park, for instance. During your adventures, encourage her to ask a docent or ranger

questions or to read signs to learn about the exhibits or wildlife.

Look ahead to fall

Your child can get a head start on a subject she’ll study in school next year. For example, if she’ll take Spanish, she could download a free app to begin learning greetings and other phrases. Or if she signed up for engineering, she might look online for projects to try like designing a water bottle rocket or a solar panel. 👍

Summer routines

Setting up a routine can add structure to your child’s summer on days when he’s home. Try these tips.

■ **Eating.** Plan regular family meals to stay connected with your middle grader. Also, have him help you stock healthy snacks and lunches he can prepare on his own if you’re not home.

■ **Sleeping.** Getting enough sleep is important for good health year-round. Set a reasonable bedtime, and have your tween get up by a set time. This is especially important toward the end of summer so he’ll be ready to return to his school schedule.

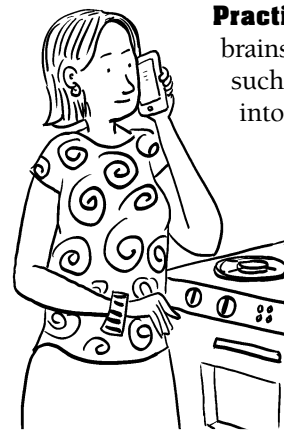
■ **Chores.** Keep your child in the routine of having regular responsibilities. You might give him a list of jobs for the week (laundry, vacuuming) and let him decide which day he’ll do each task. 👍



Ways to handle peer pressure

Peer pressure can be positive when friends motivate your middle grader to read a good book or work out. But when he's pressured to do things that *aren't* good for him, he needs to be able to resist. Share these strategies.

Listen to instincts. If your tween is pressured to do something he knows isn't right (shoplifting, bullying), suggest that he ask himself, "Would I want my parents to know?" or "Is this safe (legal, kind)?" If the answer is no, he should listen to his instincts.



Practice responses. Together, brainstorm ways to say no, such as, "No thanks, I'm not into that" or "I don't want to get kicked off the swim team." Also, help your child think of ways to get out of uncomfortable or unsafe situations like being pressured to try alcohol. Agree on a phrase he will use in a call or text to you if he needs a way

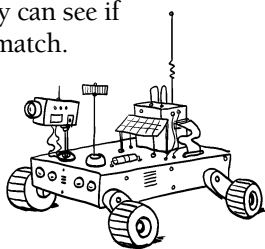
out. Example: "Can you put my clothes in the dryer?" That's your cue to pick him up right away. 👍

Break into coding

Learning to code will make your child a better logical thinker and problem solver. It could even lead to a career one day. Spark her interest with these suggestions:

- Can your tween and a friend draw identical pictures without seeing each other's papers? First, each person draws a 10-by-10 grid on her own paper. One person secretly chooses a crayon and draws a shape in any box on her grid. Then, she writes code telling the other person how to copy her drawing (starting in the bottom left-hand corner of her paper). Example: R3 U2 BT = move right three boxes, move up two, draw a blue triangle. Now it's the other person's turn to draw a shape and write code. After a few rounds, they can see if their drawings match.

- Help your middle grader find a computer class or club at school or the public library. Maybe she'll create a mobile app or build a Lego robot. Or she might use coding to make online games at a site like code.org. 👍

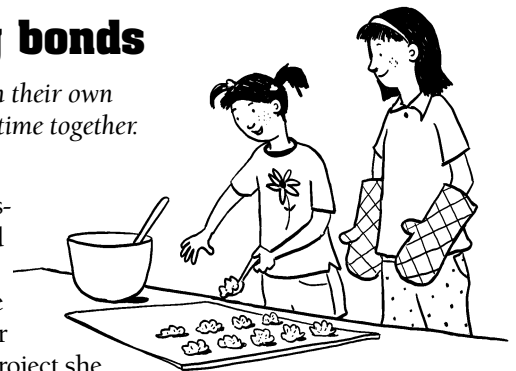


Q & A Building sibling bonds

Q My daughters are busy with their own friends and don't spend a lot of time together. How can I help them be closer?

A Suggest that your girls set aside "sister time" on a regular basis. They could take turns deciding what to do. Maybe your older daughter will teach her little sister to bake. Or perhaps your younger one will show her big sister a science project she did in school. They might even find ways to combine their talents or interests—say, by doing food-related science experiments.

Encouraging your daughters to support each other will also strengthen their relationship. Say your younger one is disappointed about not getting invited to a sleep-over. Quietly suggest to your older daughter that it would mean a lot if she comforted her little sister. She might show her funny videos or write a note about why she's a great sister, for instance. 👍



Parent to Parent 'Zines by tweens

My son Brian recently submitted a short story about pet adoption to a teen magazine. That gave him the idea to publish his own 'zine, which he explained is a mini print magazine. He decided to focus on animal welfare and call his 'zine *Paws and Claws*.

In each issue, he highlights an animal in need of adoption. He prints a photo and

description from our local shelter's website and pastes them into his 'zine. The 'zine also features the adventures of his rescue hedgehog. He takes pictures of Hedgie curled into a ball or snuggled up in a blanket and writes funny captions.

Now each month, Brian makes photocopies of his 'zine and mails them to friends and relatives. Sometimes he even gets "fan mail," which motivates him to keep writing. 👍



OUR PURPOSE

To provide busy parents with practical ideas that promote school success, parent involvement, and more effective parenting.

Resources for Educators,
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WEST SALEM SCHOOL DISTRICT 2019-2020 CALENDAR

AUGUST 2019				
M	T	W	T	F
			1	2
5	6	7	8	9
12	13	14	15	16
19	20	21	22	23
26	27	28	29	30

SEPTEMBER 2019					20
M	T	W	T	F	
NS	3	4	5	6	
9	10	11	12	13	
16	17	18	19	20	
23	24	25	26	27	
30					

OCTOBER 2019					21
M	T	W	T	F	
	1	ER	3	4	
7	8	9	10	11	
14	15	16	17	NS	
21	22	23	24	NS*	
28	29	30	31		

NOVEMBER 2019					18
M	T	W	T	F	
				1	
4	5	ER	7	8	
11	12	13	14	15	
18	19	20	21	22	
25	26	NS	NS	NS	

DECEMBER 2019					15
M	T	W	T	F	
2	3	ER	5	6	
9	10	11	12	13	
16	17	18	19	20	
NS	NS	NS	NS	NS	
NS	NS				

JANUARY 2020					21
M	T	W	T	F	
		NS	2	3	
6	7	8	9	10	
13	14	15	16	17	
NS*	21	22	23	24	
27	28	29	30	31	

FEBRUARY 2020					19
M	T	W	T	F	
3	4	ER	6	7	
10	11	12	13	NS	
17	18	19	20	21	
24	25	26	27	28	

MARCH 2020					20
M	T	W	T	F	
2	3	ER	5	6	
9	10	11	12	SD	
16	17	18	19	20	
23	24	25	26	NS*	
30	31				

APRIL 2020					20
M	T	W	T	F	
		1	2	3	
6	7	8	9	NS	
NS	14	15	16	17	
20	21	22	23	24	
27	28	29	30		

MAY 2020					20
M	T	W	T	F	
				1	
4	5	6	7	8	
11	12	ER	14	15	
18	19	20	21	22	
NS	26	27	28	29	

JUNE 2020					4
M	T	W	T	F	
1	2	3	4	SD	
8	9	10	11	12	
15	16	17	18	19	
22	23	24	25	26	
29	30				

First Day of School: September 3, 2019
Last Day of School: June 4, 2020
Graduation Day: May 24, 2020
Early Release Days:
 October 2, November 6,
 December 4 February 5,
 March 4, May 13
October 21: Annual Meeting (tentative)

SERVE WITH PASSION TO IGNITE CREATIVITY, INNOVATION, AND EXCELLENCE

NS = No School for students

ER = Early Release (Students dismissed at 12:20, Buses leave at 12:30)

SD = Snow Day or Make-up dates (March 13, June 5)

*** = Teacher Inservice (August 27 & 28, October 25, January 20, March 27 + 2 Floating)**

11/27/17