

West Salem Middle School



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Dear Families,

Spring seems to be here. Let's hope the lack of snowfall lately isn't Mother Nature playing an April Fools' joke on us!

On March 24, we held our Trimester 2 awards ceremony. There's nothing quite like the opportunity to honor the talents, hard work, and achievements of our students. Panther Pride is certainly on display at WSMS when we celebrate our student accomplishments. At WSMS, we are focused on working together to "sprint through the finish line" of our school year. There is some very important information related to upcoming spring events and activities within this edition of our school newsletter.

In April, your child will be taking the Wisconsin Forward Exam. The Wisconsin Forward Exam is a computer-based, state-mandated test. The Wisconsin Forward Exam asks students questions that are aligned with the State of Wisconsin standards. Our students in grades 5, 6 and 7 will test in English/Language Arts and Math. Students in grade 8 will test in English/Language Arts, Math, Science, and Social Studies. As with any assessment, this is only one measure of your student's academic performance. We believe that through multiple assessments (teacher-developed assessments, state and district assessments), we are able to develop a clearer picture of your student's current level of performance, as well as their growth over time. At WSMS, we believe in educating the WHOLE child. We want our students to learn and grow into educated, good, and happy adults.

On behalf of our staff, I want to thank you for your continued support. I feel very blessed to work with such wonderful students and committed adults each and every day. We look forward to working together as a team to provide your child with an educational experience that strives to meet the district's mission – "Serve with Passion to Ignite Creativity, Innovation, and Excellence."

Ben Wopat
Principal
[Twitter.com/coachwopat](https://twitter.com/coachwopat)

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Early Release!!

May 10 - 12:10 p.m.

Middle School Registration for the 2023-24 School Year

The 2023-24 school year online registration through Skyward Family Access will open August 1.

If you are unable to register online, an in-house registration will be held on Tuesday, August 15, in the middle school commons. Computers will be available to complete your online registration. Students will get their class schedule and locker information, and Jostens will be here to take student pictures.

Please mark your calendars now and plan on attending!

2023-24 W.E.B. Dates!*

W.E.B. Leader Training - August 14-16, 8:00 a.m. - 1:00 p.m.

5th Grade W.E.B. Orientation - August 16, 7:30 a.m. - 12:00 p.m.

***More information to come!**

The West Salem School District prohibits discrimination in all its programs and activities on the basis of race, color, national origin, age, disability, and where applicable, sex, marital status, familial status, parental status, religion, sexual orientation, genetic information, political beliefs, reprisal, or because all or part of an individual's income is derived from any public assistance program. (Not all prohibited bases apply to all programs.) Persons with disabilities who require alternative means for communication of program information (Braille, large print, audiotape, etc.) should contact the Pupil Services Director at (608) 786-0700. To file a complaint of discrimination write to: Pupil Services Director at 405 East Hamlin Street, West Salem, WI 54669 or call (608) 786-0700. The West Salem School District is an equal opportunity provider and employer.



"Meet Us in the Middle"



Calendar



School Events - April 2023

April 3-5	5th Grade FORWARD Testing
April 4-6	7th Grade FORWARD Testing
April 7	NO SCHOOL
April 10	NO SCHOOL
April 11	NO SCHOOL (makeup snow day)
April 17-21	6th Grade FORWARD Testing
April 17-21	8th Grade FORWARD Testing
April 20	3rd Term Begins

Sports Events - April 2023

7th Grade Softball

April 21	4:00 - WSMS (away) vs Onalaska @ Onalaska MS
April 24	4:30 - WSMS (home) vs Aquinas @ MS Field (Heider Center)
April 27	4:15 - WSMS (away) vs Tomah MS @ Tomah-Winnebago Park Field

8th Grade Softball

April 21	4:00 - WSMS (away) vs Onalaska @ Onalaska MS
April 24	5:30 - WSMS (home) vs Aquinas @ WSHS (JV Field)
April 27	4:15 - WSMS (away) vs Tomah MS @ Tomah HS

6th - 8th Track and Field

April 13	4:00 - Multiple Schools @ WSHS
April 18	4:00 - Away vs Multiple Schools @ Westby HS
April 25	4:00 - Away vs Multiple Schools @ TBA



Just Around the Corner - Upcoming Events



May 1	5th Grade Field Trip to Crane Foundation (Ringlien, Kjos, Czajka)
May 2	5th Grade Field Trip to Crane Foundation (Fink, Folkers, Burdick)
May 10	EARLY RELEASE - 12:20 P.M.
May 16	6th and 7th Grade Band/Choir Concerts 6th grade - report time 5:30 p.m., show time 6:00 p.m. 7th grade - report time 6:30 p.m., show time 7:00 p.m.
May 22-24	7th Grade to School Forest (1/2 of class)
May 24-26	7th Grade to School Forest (1/2 of class)
May 23-24	5th Grade Field Trip on the La Crosse Queen
May 23	8th Grade Band/Choir Concert (more details to come)
May 25	8th Grade Promotion Ceremony (more details to come)
May 29	NO SCHOOL - MEMORIAL DAY
May 29-Jun 2	8th Grade Trip to Washington D.C.
May 31	6th Grade Field Trip to Jellystone
June 1	LAST DAY OF SCHOOL



"Meet Us in the Middle"





Counselor's Corner

Hello Spring! This month we will start off our homeroom lessons with a follow-up lesson on conflict resolution. A certain amount of conflict is inevitable in all relationships. One simple (but not easy) strategy is to intentionally look for something positive in the way the other person acts and then recognize/compliment them. From there we will reflect on how we feel in different situations. That can help us see how this relates to our personal values. Talking about what we value helps us think about what type of person we want to become.

Towards the end of the month, we will be prepping our 5th graders to visit their future homerooms! 5th graders will also be reviewing personal safety lessons, including internet safety, social media and cyberbullying.

State testing gets underway in April. As a reminder, grades 5 and 7 are testing April 3 - 6, while grades 6 and 8 will test April 17 - 21. If your student misses any of the sessions, he/she will need to make them up. We will do what we can to catch them up during the school day. If he/she doesn't want to miss classes, we can make arrangements to test after school.



We would like to welcome Ms. Brienna Broughton as our school counselor intern. Ms. Broughton writes, "Hi, I'm Ms. B, and I'm excited to have this opportunity to work with everyone here at West Salem Middle! Feel free to stop by the counseling office to say hi, or to chat; I'm always available and happy to meet new students! Thank you!" Ms. B will be with us on Mondays and Tuesdays for the remainder of the school year. Your student may see her in the hallways or may want to come to the counseling office to meet with her. She is eager to experience just how wonderful WSMS is!

As always, please reach out to your school counselors if you have any concerns or questions about your child, their personal or emotional needs, or any support you may need as a family. We are always happy to try and help!



"Meet Us in the Middle"



Healthy Living Team

Healthy Living has enjoyed having UWL students here to learn and teach our 5th and 6th grade students. We are excited to get outside to enjoy some vitamin D once it gets warmer! If you are looking for more ways to be active with your family, we are happy to provide suggestions! Ms. Serres has a student teacher starting soon and he will be with us until the end of the year - we will welcome him with open arms as he learns how to become a better Health and PE teacher!



April 22 is Earth Day

Each year, Earth Day - April 22 - marks the anniversary of what many consider the birth of the modern environmental movement in 1970. At the time, Americans were slurping leaded gas through massive V8 sedans. Industry belched out smoke and sludge with little fear of legal consequences or bad press. Air pollution was commonly accepted as the smell of prosperity. "Environment" was a word that appeared more often in spelling bees than on the evening news. Although mainstream America remained oblivious to environmental concerns, the stage had been set for change by the publication of Rachel Carson's New York Times bestseller Silent Spring in 1962. The book represented a watershed moment for the modern environmental movement, selling more than 500,000 copies in 24 countries and, up until that moment, more than any other



"Meet Us in the Middle"





Grade Level News...

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Reading: We will switch our overall focus to nonfiction. After that our next big focus will be reading historical fiction books that take place during the American Revolution. This will tie in with our social studies unit and will review the fiction reading skills we have learned.

Writing: Students just finished a letter writing unit and sent a letter, or email, to a favorite author. We are already receiving replies from some of them! We have been working a lot on correct comma usage and formatting titles. We will move into opinion/persuasive writing in April.

Math: We are working on dividing whole and decimal numbers. Students are applying their knowledge of long division and base ten to divide decimal numbers. Our next unit will focus on algebraic patterns and graphing on a coordinate plane. This unit included order of operations, creating ordered pairs, and evaluating expressions.

Social Studies: We are learning about the events that led to the American Revolution. Topics of discussion will include everything from the Boston Tea Party to the Declaration of Independence. Students will complete the Midwest and Western US maps in April. Map study resources are on G Class for kids to practice for the tests.

Science: The students have been introduced to the four complex, closed Earth systems: Biosphere, Hydrosphere, Atmosphere, Geosphere. We will run various science experiments involving plants in order to look at how the four systems can affect the plant's growth.

Forward Testing: Forward Testing will take place April 3-5 for 5th grade. Students will need to have headphones at school. Please try to avoid these days when scheduling future appointments.





Math - Alo/Jehn

We will spend several days this month reviewing 6th grade concepts for the Wisconsin Forward Exam as well as taking the exam.

Regular Math with Mrs. Alo and Mrs. Jehn

In April students will be working in Chapter 8 - Integers, Number Lines, and the Coordinate Plane. Understanding positive and negative integers typically is easy for students because they have grown up in Wisconsin. Students previously worked with graphing ordered pairs in one quadrant and will now use their integers skills to graph in all four quadrants. In the second half of the chapter students will recall skills they learned to write and solve equations and apply those to writing and solving inequalities.

Advanced Math with Mrs. Jehn

In April we will be working in Chapters C and D. Chapter C is titled Expressions. Students will reacquaint themselves with concepts from earlier chapters of the 6th grade book such as like terms and simplifying expressions. They will use these to add, subtract, and factor linear expressions. Chapter D is titled Ratios and Proportions and builds on their prior knowledge from the 6th grade book as well. Students will solve and graph ratios, rates, and proportions. They will use these skills to work with scale drawings and find scale factor.

Science - Jarosh

6th graders are having a shocking time exploring electricity! So many hands on experiences to understand the build up of charges!



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Social Studies - Jeranek

In the month of April we will continue to learn about Ancient Rome. The Romans created a Republic form of government, but it soon was overrun by a rebellion. As the Republic changed to an Empire, we focus on differences in governmental processes along with citizen rights and responsibilities. Throughout this Roman unit, students will learn of various Roman Emperors and discuss how Rome was able to conquer lands that surrounded the

**Language Arts/Reading - Buisman/Schultz**

During the month of April, students will be diving into research on a Human Rights topic. This research will be used in their final product, an informational book/presentation. The informational book/presentation will have 4 chapters. The first is focused on an explanation of their topic. The second chapter is about Human Rights that are violated as a result of their topic. Chapter 3 contains interesting facts, and the final chapter will hone in on a specific person, place, group or event that connects to their topic.

In Reading, we will be working on independent reading of a fiction novel for a Digital Project, and in English continued work will be done with grammar.

Happy Researching! - Mrs. Schultz and Mrs. Buisman





Science - Baker

We are entering the final stretch! We just finished classifying aliens and practicing with dichotomous keys. Moving forward, we will be comparing and contrasting all the different groups of animals from sponges to insects to mammals and everything in between. This will also include smelling up the science room when dissecting worms, frogs, and deer hearts! Though not everyone's favorite, this is a great opportunity for students to see external and internal structures up close.

The 7th grade forest experience is on the horizon as well! Students camp at the forest May 22-24 or May 24-26. This is a great opportunity for our students to share an experience that some never get. Watch for details about this trip to be coming home soon.

Social Studies - Mahlum

In April, the students in 7th grade social studies will turn their attention to laws. We will start by looking at why we have laws in our society and then start to examine the different types of laws. Finally, students will get an idea of how a courtroom is set up and the importance of having a fair system to resolve disputes.

Language Arts/Reading - Friell/Rochester

Agendas/Lessons: Work to be turned in for grade is posted on the Homework Hotline. The specific daily plan is posted in Google Classroom. If a student needs to miss school, please check GC for required work.

Writing and Language: Each class period, we practice working on sentences and/or parts of speech. In April, we will work on compound and complex sentences. We will also continue to review the four parts of speech we've reviewed so far (noun, verb, adjective, and preposition). Word work will continue to include learning roots and spelling words.

We will complete the Forward State Test in April.

We will start working on our last writing piece. This will focus on informative writing.

Reading: In April, the students will be reading a book of their own choice.



"Meet Us in the Middle"



GRADE 8

newsletter



APRIL EDITION

ELA- Mrs. Meyer & Ms. Sackett

Students will start the month working on Argumentative Writing. We will begin the unit by studying different debates and arguments, so that we can model our own writing after polished examples. Students will write several drafts of different arguments before selecting their best argument to develop further into their final piece. Our next literature unit in ELA is historical fiction based on the 20th century- 1900s-1970s. Students will be in literature circles reading and discussing the same text from one of the decades. Students will first browse through the twelve options for texts for this unit and will have the opportunity to select books they would be most interested in reading. Two of the choices contain a few inappropriate words. If this is something you would prefer your child avoid, please communicate that with him/her; there are ten other fantastic options.

SOCIAL STUDIES- Ms. Morgan

April brings us an earlier start on the events leading to the Civil War and the Civil War itself. This accommodates our exploration of the Holocaust at the end of the year which is now required by Act 30 passed by the legislature last spring.

Our learning targets for April include:

- 8.PS.1: Analyze primary and secondary sources to understand different viewpoints on an event
- 8.DN.1: Describe how the issue of states' rights influenced the Civil War
- 8.DN.2: Summarize the role the issue of slavery played in dividing our nation.
- 8.DN.3: Compare and contrast the North and the South economically, culturally, and politically
- 8.DN.4: Interpret the role of important individuals and events leading to the Civil War
- 8.CW.1: Compare and contrast the Union and Confederate advantages and disadvantages during the war
- 8.CW.2: Interpret the role of important individuals and events leading to the end result of the American Revolution
- 8.CW.3: Explain the challenges that the nation following the end of the Civil War

Looking to learn more about the Civil War? Check out the [American Civil War Museum in Richmond](#) or a virtual tour of the turning point battle at Gettysburg National Military Park.



ALGEBRA- Mrs. Coe

In March, we completed Units 7 and 8 on Polynomial Equations and Factoring and Graphing Quadratic Functions. We did a quick review of 8th grade math learning targets and then started Unit 9 on Solving Quadratic Equations.

The learning targets for Unit 9:

- 9.1: Use properties of radicals to write equivalent expressions.
- 9.2: Use graphs to solve quadratic equations and find zero of functions.
- 9.3: Solve quadratic equations using square roots.
- 9.4: Solve quadratic equations and find max and min values of quadratic fcn's by completing the square.
- 9.5: Use the Quadratic Formula and its discriminant to solve and analyze quadratic equations.
- 9.6: Solve nonlinear systems graphically and algebraically.

MATH 8- Mrs. Coe & Mrs. Snook

In March, we completed Unit 8 on Exponents and Scientific Notation and Unit 9 on Real Numbers and The Pythagorean Theorem and started preparing the students for state testing. We are ready to go back to Unit 7 to wrap up Functions for the year.

The learning targets for Unit 7:

- 7.1: Understand the concept of a function
- 7.2: Represent functions in a variety of ways.
- 7.3: Use functions to model linear relationships.
- 7.4: Understand differences between linear and nonlinear functions.
- 7.5: Use graphs of functions to describe relationships between quantities.



SCIENCE- Ms. Smith- Waller

Happy Spring! We finished up our study of Earth's History in March and then started to learn about Astronomy. We began by looking specifically at the Earth-moon-sun system and how those objects interact with each other. Our first focus was the phases of the moon. We completed a few activities demonstrating how the phases change and why we see what we see. Feel free to ask your 8th grader why we see the different phases of the moon! Next, we will study Lunar and Solar eclipses. We will recreate the positions of the Earth, moon, and sun to model how these two events occur. We will finish up our first section of this unit on the Earth-moon-sun system by learning the reason we have seasons. A favorite activity for me is a kinesthetic activity where we will use our bodies to represent the Earth and move around the sun. This will help us better understand how the Earth moves in space and what we experience here on Earth as a result.

Essential Learning Outcomes:

- Develop and use a model to predict and/or describe phenomena.
 - MS-ESS1-1: Develop and use a model of the Earth-sun-moon system to describe the cyclic patterns of lunar phases, eclipses of the sun and moon, and seasons.



6th Grade STEM

A new trimester means new students for STEM class. My new students will spend the month of April designing and creating a toothpick bridge made of only toothpicks and elmer's glue. Throughout this process, the students will learn about the design process in engineering. We will then break our bridges to see how much weight they can hold.

7th Grade STEM

A special opportunity has arrived where the 7th grade students will be designing and creating an adaptive mechanism so fellow classmate Hunter S. can participate in floor hockey. Hunter needs to be able to swing his hockey stick with just one hand so he can push his wheelchair with the other hand. I can see the creative minds spinning in the 7th graders' heads!

8th Grade STEM

Students coming in will spend the month of March/April starting their paper roller coaster designs. Students are given a budget to create a roller coaster that will last the longest when sending a marble down the track.

Robotics

My robotics students have been working hard building and programming an elevator. This has been challenging for the students and it's fun watching their eyes light up when they finally figure it out! Next, we will build and program robot dragsters to race down the hallway.

7th/8th Grade Pinewood Derby!

During Panther Time in the 7th and 8th grade Tech Ed/STEM classrooms students used the wood shop to create a pinewood derby car. They then painted and tested their cars in the STEM room. We had some very fast cars and some extremely creative cars! The speed winners were Carter Hill (7th) and Tristan Quam (8th). The winners of the most creative trophy were Deanna Christianson (7th) and Bri Peterson (8th). Nice job students on this fun project!



Spanish - Kirchner

¡Hola familias! This month we are working on finishing up the first unit in all three grade levels! 7th graders are going to start recording their projects that will be sent to Spain!! Last badge of the year!

Spanish 1 students are working really hard to achieve their goal by the end of the year!! We are so proud of them!

Music - Kinstler

6th Grade Keyboards and More: During the end of February and the beginning of March, students chose two pieces of music from their piano book and recorded themselves. Mrs. Kinstler put all of the videos together and created a wonderful virtual piano recital. Then we took a break from piano keyboards and had some fun creating music and playing games in a Drum Circle.

7th Grade Guitars and Musicals: During the month of February, students studied the musical "The Greatest Showman." We talked about humanity, individuality, and acceptance. Now students are working on creating an eight measure melody to perform on their acoustic guitar.

LMC - Dederich

5th Grade LMC & Technology

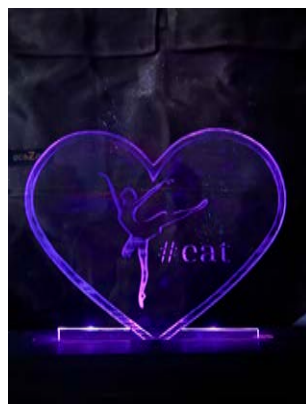
Fifth graders Mrs. Kjos's and Mrs. Burdick's classes have just started LMC within the past few weeks. During that time we have been learning more about the LMC and reviewing how to find books using Destiny Discover. We have also been getting familiar with a coding app called Hopscotch and will soon be learning some basic coding concepts like sequencing, loops and events.

7th Grade Creative Computing

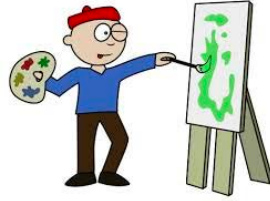
Students in Creative Computing have started learning Python. They recently finished a MadLibs project that allowed a user to enter different words and then turned those words into a silly story. We are now taking our Python knowledge and moving into the LMC Makerspace to learn about physical computing with our Raspberry Pi computers. Students have been learning about setting up circuits with LEDs and buttons and then controlling those circuits with Python coding.

Tech Ed - Shrake

We have been busy in the shop over the last couple of months and students have wrapped up their projects and started a whole new set. 8th graders have wrapped up their LED signs and soldering skills with some wonderful finished projects. The 8th graders were then able to laser cut their acrylic using the laser engraver in whatever design they wanted. 8th graders are now working into a project rotation where they are sewing drawstring backpacks, designing SEL t-shirts, and creating projects to benefit their school and community. 7th graders finished their annual gum ball machines and now are growing as aspiring entrepreneurs. Students are designing a project and company by themselves or individually. While doing all this they are learning new graphic design skills and creating websites to



Art - Hemker



Grade 5

We will begin April with students finishing up portraits. 5th graders will have an opportunity create a piece of wall art and also create a cupcake container. Both projects will be a review of a variety of clay techniques that they have learned since they were in Kindergarten. Both of these projects will also be glazed before a second firing. We will then move on to a variety of other drawing/painting practice projects.

their pop art portraits and realistic self to experience clay this month. They will

Grade 6

In April 6th grade will also be working in clay. They will be working on a new technique that involves carving a solid form to create a container. They will also be creating a clay animal rattle or whistle. We will also be working on a variety of drawing projects which include researching famous artists.

Grade 7

This month 7th graders will complete their one point perspective work. We will also be working on a drawing that includes three different styles in one piece. Our final piece will be a collage painting using magazine pages to add the color to the drawings that we create. At the end of the month we hope to also add a clay bowl and clay figure to our work.

Grade 8

Students in 8th grade will soon begin their wall block designs. They continue to work with acrylic paint to create a color study final piece of art. They have also started using Google Drawings to create a mosaic piece of digital art. These classes will also be able to spend a few days with some clay time, which will continue into May.

8th Grade Elective

As we begin the month we will be starting our Multi-Media collage work, bringing collage, drawing and painting together for a final piece. We will also be moving in to printmaking. Creating some Gelli-Plate monoprints as well as carved linoleum prints.

After School Art

Our last meeting was held on 3/30. There were 41 participants this year. We meet from October - March and created many fun and interesting things!





Congratulations to Ava Jambois for her State Award for this Beautiful Piece. There is only one Blick Award presented to a Middle School Student in the entire state of Wisconsin.



Congratulations to Evie Weber for an honorable mention for this year's Wisconsin Youth Art Month Flag design.

Art Opportunity in the Community - UW La Crosse Art Adventures Classes - Click on the link below to view classes and register!

[UW La Crosse Art Adventures Classes](#)

Explorations in Painting

Monday, August 7
8:30–11 a.m.

Explore fundamental and experimental painting techniques in this studio workshop to make your own multi-colored scratchboard painting and develop a mixed media acrylic painting on canvas.

DIY Sculpture Studio

Tuesday, August 8
8:30–11 a.m.

In this DIY (do-it-yourself) style studio workshop basic concepts in creating sculptural forms will be explored through relief and sculpture in the round using cardboard mask forms, fibers, wire, recycled materials, and duct tape.

Bookmaking & Beyond

Wednesday, August 9
8:30–11 a.m.

Experiment with a variety of bookmaking techniques and inspired concepts including decorative papers, recycled books/materials, origami, and dioramas.



REGISTER



WHAT TO BRING






INSTRUCTOR




SCHOLARSHIPS AVAILABLE

April 2023

West Salem Middle School
Lunch

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3	4	5	6	7
From the Grill <ul style="list-style-type: none"> • (Cheese) Hamburger on WG Bun • Waffle Fries Home Style <ul style="list-style-type: none"> • Pulled Pork Sandwich • Waffle Fries Deli Line <ul style="list-style-type: none"> • Southwest Chicken Salad • Corn Bread Muffin Grab and Go <ul style="list-style-type: none"> • Panther YOGURT Pack • Panther PBJ Pack 	 From the Grill <ul style="list-style-type: none"> • Cinnamon French Toast Sticks and Jones Dairy Sausage Links • Warm Cinnamon Apples Home Style <ul style="list-style-type: none"> • Cinnamon French Toast Sticks with Colby Cheese Omelet • Warm Cinnamon Apples Deli Line <ul style="list-style-type: none"> • Turkey BLT on Sub Roll • Creamy Tomato Soup Grab and Go <ul style="list-style-type: none"> • Panther YOGURT Pack • Panther PBJ Pack 	From the Grill <ul style="list-style-type: none"> • Breaded Chicken Patty Sandwich on WG Bun • Peas & Carrots Home Style <ul style="list-style-type: none"> • Cheese Pizza • Peas & Carrots Deli Line <ul style="list-style-type: none"> • Ham & Cheese Wrap • Cottage Cheese Grab and Go <ul style="list-style-type: none"> • Panther YOGURT Pack • Panther PBJ Pack 	From the Grill <ul style="list-style-type: none"> • Pasta with Meatballs in Marinara • Garlic Breadstick • California Blend Vegetables Home Style <ul style="list-style-type: none"> • Pasta with Marinara Sauce • Garlic Breadstick • California Blend Vegetables Deli Line <ul style="list-style-type: none"> • Turkey and Swiss on WG Croissant • Chicken Noodle Soup Grab and Go <ul style="list-style-type: none"> • Panther YOGURT Pack • Panther PBJ Pack 	No School
10	11	12	13	14
No School	 <p>Snow Day</p>	From the Grill <ul style="list-style-type: none"> • Chicken and Waffles - Chicken Tenders served with Belgian Waffles • Whole Kernel Sweet Corn Home Style <ul style="list-style-type: none"> • Chicken and Waffles - Chicken Tenders served with Belgian Waffles • Whole Kernel Sweet Corn Deli Line <ul style="list-style-type: none"> • Garden Salad with Choice of Meat/Yogurt/Cottage Cheese • Creamy Chicken Pot Pie Soup Grab and Go <ul style="list-style-type: none"> • Panther YOGURT Pack • Panther PBJ Pack 	Sweet Treat Thursday!  <ul style="list-style-type: none"> • Pudding From the Grill <ul style="list-style-type: none"> • Sausage Pizza • Green Beans Home Style <ul style="list-style-type: none"> • Homemade Sloppy Joe on WG Bun • Green Beans Deli Line <ul style="list-style-type: none"> • Turkey BLT on White Wheat Sandwich Bread • Sliced Apples with Caramel Cup Grab and Go <ul style="list-style-type: none"> • Panther YOGURT Pack • Panther PBJ Pack 	From the Grill <ul style="list-style-type: none"> • Corn Dog • Mixed Vegetables Home Style <ul style="list-style-type: none"> • Mozzarella Stuffed Breadstick with Marinara Dipping Cup • Mixed Vegetables Deli Line <ul style="list-style-type: none"> • Ham & Cheese Sub • Vegetable Beef Soup Grab and Go <ul style="list-style-type: none"> • Panther YOGURT Pack • Panther PBJ Pack
17	18	19	20	21
From the Grill <ul style="list-style-type: none"> • (Cheese) Hamburger on WG Bun • Potato Smiles Home Style <ul style="list-style-type: none"> • BBQ Rib Sandwich • Potato Smiles Deli Line <ul style="list-style-type: none"> • Southwest Chicken Salad • Corn Bread Muffin Grab and Go <ul style="list-style-type: none"> • Panther YOGURT Pack • Panther PBJ Pack 	Home Style <ul style="list-style-type: none"> • Saucy Orange Popcorn • Chicken Seasoned Brown Rice • Whole Kernel Sweet Corn From the Grill <ul style="list-style-type: none"> • Popcorn Chicken Seasoned Brown Rice • Whole Kernel Sweet Corn Deli Line <ul style="list-style-type: none"> • Chicken Caesar Wrap • Cheez-It Crackers Grab and Go <ul style="list-style-type: none"> • Panther YOGURT Pack • Panther PBJ Pack 	From the Grill <ul style="list-style-type: none"> • Pepperoni Pizza • Roasted Potato Fusion Home Style <ul style="list-style-type: none"> • Meatball Marinara Sub • Roasted Potato Fusion Deli Line <ul style="list-style-type: none"> • Grilled Cheese • Creamy Tomato Soup Grab and Go <ul style="list-style-type: none"> • Panther YOGURT Pack • Panther PBJ Pack 	From the Grill <ul style="list-style-type: none"> • Three Cheese Calzone • Garlic Breadstick • Roasted Broccoli Home Style <ul style="list-style-type: none"> • Pasta with Chicken Alfredo • Garlic Breadstick • Roasted Broccoli Deli Line <ul style="list-style-type: none"> • Turkey Club Wrap • Simply Chex - Cheddar Grab and Go <ul style="list-style-type: none"> • Panther YOGURT Pack • Panther PBJ Pack 	From the Grill <ul style="list-style-type: none"> • Chicken Tenders • Animal Crackers • Asparagus Home Style <ul style="list-style-type: none"> • Cheese Pizza or Homemade Taco Pizza • Asparagus Deli Line <ul style="list-style-type: none"> • Ham & Cheese on White Wheat Sandwich bread • Chicken Noodle Soup Grab and Go <ul style="list-style-type: none"> • Panther YOGURT Pack • Panther PBJ Pack

<p>24</p> <p>From the Grill</p> <ul style="list-style-type: none"> • Sausage Pizza • Green Peas <p>Home Style</p> <ul style="list-style-type: none"> • Cheese Pizza • Green Peas <p>Deli Line</p> <ul style="list-style-type: none"> • Ham, Turkey and Cheddar Sub • Brown Chicken & Wild Rice Soup <p>Grab and Go</p> <ul style="list-style-type: none"> • Panther YOGURT Pack • Panther PBJ Pack 	<p>25</p> <p>From the Grill</p> <ul style="list-style-type: none"> • Diced Chicken & Gravy with Buttermilk Biscuit • Mashed Potatoes <p>Home Style</p> <ul style="list-style-type: none"> • Meatballs & Gravy with Buttermilk Biscuit • Mashed Potatoes <p>Deli Line</p> <ul style="list-style-type: none"> • Turkey and Swiss on WG Sandwich Bread • Cottage Cheese <p>Grab and Go</p> <ul style="list-style-type: none"> • Panther YOGURT Pack • Panther PBJ Pack 	<p>26</p> <p>From the Grill</p> <ul style="list-style-type: none"> • (Cheese) Hamburger on WG Bun • Garlic Roasted Green Beans <p>Home Style</p> <ul style="list-style-type: none"> • Breaded Chicken Patty Sandwich on WG Bun • Garlic Roasted Green Beans <p>Deli Line</p> <ul style="list-style-type: none"> • Garden Salad with Choice of Meat/Yogurt/Cottage Cheese • White Chicken Chili <p>Grab and Go</p> <ul style="list-style-type: none"> • Panther YOGURT Pack • Panther PBJ Pack 	<p>27</p> <p>Sweet Treat Thursday!</p>  <ul style="list-style-type: none"> • 100% Fruit Juice Slushy <p>From the Grill</p> <ul style="list-style-type: none"> • Chicken Potstickers • Seasoned Brown Rice • Cooked Carrots <p>Home Style</p> <ul style="list-style-type: none"> • Orange Chicken Seasoned Brown Rice • Cooked Carrots <p>Deli Line</p> <ul style="list-style-type: none"> • Crispy Chicken Wrap • Goldfish Crackers <p>Grab and Go</p> <ul style="list-style-type: none"> • Panther YOGURT Pack • Panther PBJ Pack 	<p>28</p> <p>From the Grill</p> <ul style="list-style-type: none"> • Bakalar's Hot Dog on WG Bun • Mac n' Cheese <p>Home Style</p> <ul style="list-style-type: none"> • Bratwurst on a Bun • Mac n' Cheese <p>Deli Line</p> <ul style="list-style-type: none"> • Ham & Cheese Wrap • Broccoli Cheese Soup <p>Grab and Go</p> <ul style="list-style-type: none"> • Panther YOGURT Pack • Panther PBJ Pack
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Menu likely to change based on product availability.

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April Harvest of the Month - Lettuce

Take a look at this month's video below!

April Harvest of the Month

I AM THE FUTURE FOOTBALL CAMP

MISSION

I Am the Future Youth Camp teaches campers entering grades 2-8 football skills and creates excitement to be a Panther Football Player.

DATES & TIMES:

July 18-20, 2023, 1:00-2:30 PM

CAMP FEATURES

1. Individual instruction on blocking & tackling using protective pads.
2. Small group instruction on passing, running routes, carrying the ball, pursuing a ball carrier.
3. Touch Football Games on day 3.

PLAYER SAFETY

Students should wear comfortable athletic clothing. Athletic footwear or cleats are acceptable. Students will be grouped by similar grade levels for safety.

STAFF

Head Coach, Justin Jehn will be joined by members of the Varsity Coaching Staff as well as current Players.

LOCATION

Camp will be held on the Varsity practice fields behind WSES. In the event of inclement weather, camp will be moved indoors.

COST

\$30.00 (includes a t-shirt and daily refreshments)

Make checks payable to:
West Salem Football

Return registration and camp fee to:
West Salem High School
C/O Coach Justin Jehn
490 North Mark Street
West Salem, WI 54669



CAMP REGISTRATION

RECEIVED AFTER 6/1/23 NOT GUARANTEED SHIRT

Name _____

Parent/Guardian Name _____

Street Address _____

City, State, ZIP _____

Parent/Guardian Email Address _____

Emergency Contact Name _____

Contact Daytime Phone _____

2nd - 3rd - 4th - 5th - 6th - 7th - 8th
Grade in School Fall of 2023 (Circle One)

Shirt Size: Youth - S M L
Adult - S M L XL

I hereby authorize the above player to be enrolled in this football camp. I understand there are possible risks of accidental injury to participants in athletic programs of this nature. With this understanding, I agree to hold the West Salem Parent Boosters and West Salem School District, its coaches and administrators harmless for damages, injuries and/or costs from accidental injury to the above named player.

☐ My child may NOT be shown in action pics

Parent/Guardian Signature _____

Middle School Community Clean Up

On Friday, April 14, the middle school will have its 2nd annual Community Clean Up Day. Our student council has organized a day to help do some "spring cleaning" around town. Homerooms will be assigned to different locations throughout West Salem. Some groups will be as far as the fairgrounds, while others will be close to our campus. This year, we've added something new. The school has reached out to The Legion and coordinated several homerooms to help some nearby veterans clean up their yards. We're excited to help out the community, and our fingers are crossed it's a nice fair weather day!!

