

PANTHER POST



WEST SALEM MIDDLE SCHOOL
BEN WOPAT, PRINCIPAL
AMANDA BELD, ASSOCIATE PRINCIPAL



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Dear Families,

Spring seems to be here. Let's hope the lack of snowfall lately isn't Mother Nature playing an April Fools' joke on us! On April 1st we hold our Trimester 2 awards ceremony. There's nothing quite like the opportunity to honor the talents, hard work, and achievements of our students. Panther Pride is certainly on display at WSMS when we celebrate our student accomplishments. At WSMS, we are focused on working together to "sprint through the finish line" of our school year. There is some very important information related to upcoming spring events and activities within this edition of our school newsletter.

In April your child will be taking the Wisconsin Forward Exam. The Wisconsin Forward Exam is a computer based, state mandated test. The Wisconsin Forward Exam asks students questions that are aligned with the State of Wisconsin standards. Our students in grades 5, 6 and 7 have taken tests in English/ Language Arts and Math. Students in grade 8 will test in English/Language Arts, Math, Science, and Social Studies. As with any assessment, this is only one measure of your student's academic performance. We believe that through multiple assessments (teacher developed assessments, state and district assessments) we are able to develop a clearer picture of your student's current level of performance as well as their growth over time. At WSMS, we believe in educating the WHOLE child. We want our students to learn and grow into educated, good, and happy adults.

On behalf of our staff, I want to thank you for your continued support. I feel very blessed to work with such wonderful students and committed adults each and every day. We look forward to working together as a team to provide your child with an educational experience that strives to meet the district's mission – "Serve with Passion to Ignite Creativity, Innovation, and Excellence."

Ben Wopat
Principal
www.twitter.com/coachwopat

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Please use the links
below to view our
newsletter in

SPANISH

or

GUJARATI

IMPORTANT INFORMATION

WSMS STUDENT DROP OFF AND PICK UP

Buses will drop off students at the high school sidewalk, then they will use the new sidewalk by the track/football field to walk to the middle school.

In the interest of your child's safety, all students dropped off or picked up by parents needs to take place on East Avenue. Temporarily stopping your vehicle on Mark Street to have students get out is NOT safe, as Mark Street is very busy during peak morning and afternoon hours.

Please pull forward all the way to the end of the sidewalk to drop off your child so that more cars can get out of the street and into the lot.

MORNING PROCEDURES

Doors will open for students at 7:15 a.m. when supervision starts. They can report to the Commons or make their way to the Success Center. Breakfast starts at 7:15 a.m. as well.

Unless they have a pass from a teacher, students are to remain in the designated areas only until 7:43 a.m., when the first bell rings

Students are expected to be in their classrooms and ready for instruction at 7:50am.

NEWSLETTERS

Middle School newsletters can be found on the district website under the Families tab along the top. An e-mail reminder will be sent each month to let you know when it is available, along with a link to the actual newsletter. If you would like a hard copy of the newsletter, please let the Middle School office know.

**"GUIDE ALL STUDENTS TO BECOME
INDEPENDENT, KIND AND CONFIDENT
LIFELONG LEARNERS."**

**WEST SALEM MIDDLE SCHOOL
MISSION STATEMENT**



IMPORTANT INFORMATION

STUDENT CELL PHONE USE

Students at our middle school are NOT allowed to carry cell phones with them throughout the school day. If a student brings a cell phone to school it:

- Must be turned off

- Must be kept in the student's locker

Cell phones are absolutely NOT allowed on the playground or in the bathroom/locker room.

Students are NOT allowed to use cell phones to take video recordings of other students at school. Students not following the guidelines will be subject to disciplinary action. Please call if you have any questions.

ALLERGIES

We have several students in the district who have severe allergies to peanuts, tree-nuts and latex. For this reason we are asking that you follow the district policy below:

Our schools are latex-controlled schools. Materials that contain high concentrations of latex, such as most balloons, are prohibited. Our schools are also peanut/tree-nut aware. Please do not send any foods that contain peanuts or tree-nuts (cashews, almonds, pecans, etc.). Please contact the office or the school nurse w/questions regarding any product or material you may wish to bring to the school before bringing the item into the school.

EMERGENCY CONTACT INFORMATION

Please remember to keep the office informed of any changes in your contact information as soon as possible. It is important for us to be able to contact you in the event of an emergency.

If you have caller ID and you have a missed a phone call from the middle school, please understand that we are unable to identify the person, extension number, or department that was trying to reach you. Rest assured that if your child is sick or injured, the school nurse will leave a message for you.

Please remind your child to leave a message if they call you.

*Even though students are not allowed to use their cell phones in school, we understand that they may need to text, email or call you if they are not feeling well. Please make sure they have been to the school nurse first and the nurse will then contact you.

SCHOOL SECURITY

The middle school doors will be locked during the school hours of 8:00am - 3:10pm. When coming to the middle school, you will need to be buzzed into the building by using the button located on the east wall of the main entrance on East Ave (door A). Once you enter the building, please sign in in the office.

ATTENDANCE

Each day we are in school, it is very important for us to have the most up-to-date attendance for our students. There are several ways to report absences for illness, appointments, vacations, etc:

We highly encourage you to **report any absences, appointments, or vacations by 8:00 a.m.** each day. Even if your child was sick the day before and will be out again, we still need to hear from you. If you are not in contact us, we then have to call each family that has not reported their child's absence, which can become very time-consuming.

You can call 608-786-2090, Option 1, and leave a message at any time of the day or night. You can leave all absence messages on this voicemail. You can even leave information that is scheduled weeks to months in advance. We keep a yearly spreadsheet with all absences that are reported to us.

You can email at msoffice@wsalem.k12.wi.us. The office will be able to update your child's attendance in Skyward and call you back if there are any questions.

While we understand that appointments are sometimes forgotten, **advanced notification** allows us to have your child ready for pickup in a timely manner.

Final reminder...if your child has an appointment with a medical professional, **please try your best to get a doctor's note** so that we can verify the time away from school. Students are allotted 10 absences per year, and these doctor's notes are used so that appointments are not counted in the 10-day total.

Our goal is to work side-by-side with families to ensure that all students are safe and accounted for each day!

FORWARD TESTING

6th & 7th Grade: Week of April 7-10

5th & 8th Grade: Week of April 13-17



If you have any planned vacations during your child's testing dates, please contact the middle school office as soon as possible.

Please try to avoid scheduling appointments during your child's testing dates and reschedule any conflicts if you are able to.

Thank you!

SAVE THE DATE

**West Salem
K - 8
Summer School**

**Summer School
July 6 - 24,
2026**

**Registration
will be open
April 13-24,
2026**

More information on class offerings and registration will be sent out via Skyward at the end of March.

**Go
Panthers!**

CALENDAR OF EVENTS

APRIL 2	NO SCHOOL - SNOW MAKE UP DAY
APRIL 3-6	NO SCHOOL
APRIL 7-10	FORWARD TESTING GRADES 6 & 7
APRIL 13-17	FORWARD TESTING GRADES 5 & 8
APRIL 17	MID TERM 3
APRIL 24	EARTH DAY CLEAN UP
MAY 6	EARLY RELEASE - STUDENTS RELEASED AT 12:20PM
MAY 12	6TH & 7TH BAND & CHOIR CONCERT
MAY 18-22	7TH GRADE OEC CAMPOUT - DETAILS TO COME
MAY 19	8TH GRADE BAND & CHOIR CONCERT
MAY 19 & 20	5TH GRADE LA CROSSE QUEEN TRIP - DETAILS TO COME
MAY 21	8TH GRADE PROMOTION
MAY 25	NO SCHOOL
MAY 25-30	8TH GRADE DC TRIP
MAY 28	6TH GRADE JELLYSTONE TRIP - DETAILS TO COME
MAY 29	LAST DAY OF SCHOOL - STUDENTS RELEASED AT 12:20PM

ATHLETICS SCHEDULES

SPRING SPORTS SCHEDULE LINK

PLEASE CLICK ON THE LINK ABOVE TO VIEW GAME SCHEDULES FOR:

7th and 8th grade girls softball
6th - 8th grade track and field

Lunch Menu



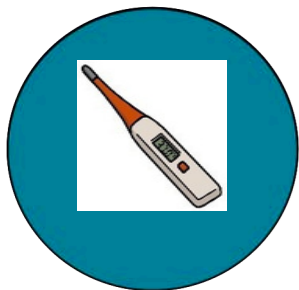
THE MOST UP-TO-DATE
MENU CAN BE FOUND ON
THE SCHOOL DISTRICT
WEBSITE HERE:

APRIL LUNCH MENU



TOO SICK FOR SCHOOL?

Below are guidelines to help parents and school districts determine when to keep children/students home from school. The recommendations are based on guidelines provided by the Centers for Disease Control and Prevention and state public health professionals. They were developed to help prevent the spread of potentially contagious disease. Home is the best place for a child who is ill. If your child is sick with a diagnosed communicable disease, please notify the school as soon as possible. This notification will greatly assist others who, due to medical reasons and/or treatments, have weakened immune systems and may require immediate and specialized care.



FEVER

With fever greater than 100.4° F*. Student may return when fever-free for **24 hours** (WITHOUT use of fever-reducing medicine).



VOMITING/DIARRHEA

Any unexplained vomiting episode. May return **24 hours** after last episode. Diarrhea = three or more unexplained episodes of watery or loose stool in **24 hours** OR sudden onset of loose stools. May return **24 hours** after last episode.



COUGH

Serious, sustained coughing, shortness of breath, or difficulty breathing.



RASH

Any new rash accompanied by a fever. May return after rash goes away or clearance given by a health care provider.



SKIN LESIONS/SORES



Drainage from a sore that cannot be contained within a bandage OR sores are increasing in size OR new sores are developing day-to-day.




OTHER

Symptoms that prevent the student from active participation in usual school activities OR student is requiring more care than school can safely provide.

* Many authorities use either 100 (37.8 degrees Celsius) or 100.4 F (38.0 degrees Celsius) as a cut-off for fever, but this number actually can range depending on factors such as the method of measurement and the age of the person. CDC has public health recommendations that are based on the presence (or absence) of fever. What is meant by this is that the person's temperature is not elevated beyond their norm. In order to provide clarity the Wisconsin Department of Public Instruction supports the use of 100.4°F.



STUDENT OF THE MONTH



Each month, teachers send nominations for Student of the Month. February's focus was **Work Hard - Critical and creative thinking.**

Below is a list of three students from each grade level that exemplified this focus. Mr. Wopat, Ms. Beld, Ms. Becker and Ms. Broughton notified parents of this accomplishment.

GRADE 5



MADISON GRITT
ELLA KENOWSKI
HAILA WILSON

GRADE 6

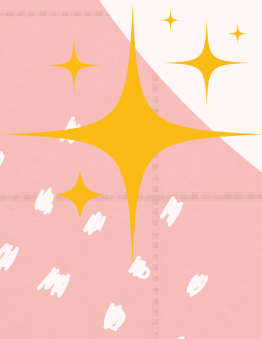
AUBREY ANDERSON
TESSA LANGREHR
SAMMY OLSON

GRADE 7

LEVI GOLLNIK
GALEN JENSEN
ELLIE TLUSTOSCH

GRADE 8

JOCELYN HELLER
MACKENZIE MACK
ZARINA NORONHA



CONGRATULATIONS
for making a difference
in others lives!
We appreciate YOU!





5th Grade Update

Reading: We are reading a nonfiction unit exploring the deep blue Oceans. Students will be tested on main idea/details. We then will be reading a classic play by Shakespeare, *Midsummer Night's Dream*.

Writing: Students are wrapping up our letter writing unit, and they are writing to a favorite author. We will then head into FORWARD test prep and opinion writing.

Math: Students are applying their knowledge of long division and base ten to divide decimal numbers. Our next unit will focus on algebraic patterns. This unit will include order of operations and evaluating expressions.

Social Studies: We are learning about the events that led to the American Revolution. Topics of discussion will include everything from the Boston Tea Party to the Declaration of Independence. Students will complete the Midwest and Western US maps in April. Map study resources are sent home and glued into their notebooks.

Science: We have wrapped up our Matter Properties unit and are beginning our space unit! Students will be learning about gravity, objects in our solar system, the difference in brightness of stars based on their relative distance from earth, and how to identify daily changes in length and directions of shadows, day and night, and seasons.

Forward Testing: Forward Testing will take place April 13-17 for 5th grade. Students will need to have headphones at school. iPads will stay at school during this week. Please try to avoid these days when scheduling future appointments.



6TH GRADE NEWSLETTER

APRIL 2026

Math – Mrs. Alo & Mrs. Jehn

We will spend a few days this month reviewing 6th grade concepts for the Wisconsin Forward Exam as well as taking the exam.

In April students will study Chapter 9 titled Statistical Measures and will cover the three measures of center including the mean, median, and mode as well as the three measures of variation including range, interquartile range, and mean absolute deviation. These concepts may bring back fond memories of a statistics course you might have taken years ago; however, they are difficult topics and very abstract for 6th grade minds. These skills are necessary for us to be able to complete Chapter 10.

Accelerated Math – Mrs. Jehn

We will spend a few days this month reviewing 6th grade concepts for the Wisconsin Forward Exam as well as taking the exam.

In April we will be working in Chapters C and D. Chapter C is titled Expressions. Students will reacquaint themselves with concepts from earlier chapters of the 6th grade book such as like terms and simplifying expressions. They will use these to add, subtract, and factor linear expressions. Chapter D is titled Ratios and Proportions and builds on their prior knowledge from the 6th grade book as well. Students will solve and graph ratios, rates, and proportions. They will use these skills to work with scale drawings and find scale factor.

Social Studies – Mrs. Jeranek

In the month of April we will continue to learn about Ancient Rome. The Romans created a Republic form of government, but it soon was overrun by a rebellion. As the Republic changed to an Empire, we focus on differences in governmental processes along with citizen rights and responsibilities. Throughout this Roman unit, students will learn various Roman Emperors and discuss how Rome was able to conquer lands that surrounded the Mediterranean Sea region.



Reading and English – Mrs. Schultz and Mrs. Buisman

During the month of April students will be diving into research on a Human Rights topic. This research will be used in their final product, an informational book. The informational book/presentation will have 4 chapters. The first is focused on an explanation of their topic. The second chapter is about Human Rights that are violated as a result of their topic. Chapter 3 contains interesting facts, and the final chapter will hone in on a specific person, place, group or event that connects to their topic. Continued focus on choice reading and grammar will also occur.

Happy Researching! – Mrs. Schultz and Mrs. Buisman

Science – Mrs. Jarosh

The Electric Connection: 6th Grade Science Update

It has been a high-energy month in the science lab! We are officially powering through our unit on electricity, and the students have been doing a fantastic job staying "grounded" while exploring how energy flows.

Conductors vs. Insulators

The classroom turned into a mini-laboratory this week as students tested various materials to see what keeps the electrons flowing and what shuts them down.

The Conductors: We watched circuits come to life using copper, aluminum, and even some "surprising" metal finds.

The Insulators: We discovered why rubber, plastic, and glass are the ultimate "bodyguards" against electricity.



7th Grade April Newsletter

ELA

Ms. Friell and Mrs. Rochester

Class Supplies: All students are required to have their binder and composition notebook. Both are left in the classroom to ensure they are never lost and are easily accessible. In addition, students should bring headphones and an independent book to class each day.

Lessons: Work to be turned in for a grade is posted on the homework hotline. If a student needs to miss school, please check GC for required work.

Writing and Language: Each class period, we practice working on sentences and/or parts of speech. Word Work also includes learning roots and spelling words. Student have been reviewing and learning strategies to write paragraphs and summaries.

Reading: During the month of April, students will be finishing up the read aloud book, Refugee. Students will be assessed on reading and writing learning targets as they read the novel. We will also continue reading short fiction and nonfiction pieces as they pertain to class topics.

Math

Mrs. Piersma and Mrs. Weber

Happy Spring! In 7th grade math, we have been finding the theoretical probability of events, such as determining what the odds are of rolling an even number on a dice or flipping heads on a coin. This is our last unit before the Forward Exam and then we will be doing activities and mini lessons to prepare for that state test. The state test will be April 8, 9, and 10. Please try to have your kids at school these days if possible!

Dates to Know



April 2-6- No School (Easter Break)

April 8-10- 7th grade State Testing in ELA and math

April 20- Midterm

April 24- All School Clean Up Day



Tips/Helpful Links

PLEASE CHARGE YOUR IPAD EVERY NIGHT

[HOMEWORK HOTLINE](#)

Pre-Algebra

Mrs. Weber



Welcome Spring!! (hopefully!) We are off to a good start for Trimester 3. We celebrated Chief's 4th birthday this month. We will be state testing April 8, 9, and 10th. Please try to have your kids at school these days if at all possible.

Science Mr. Baker



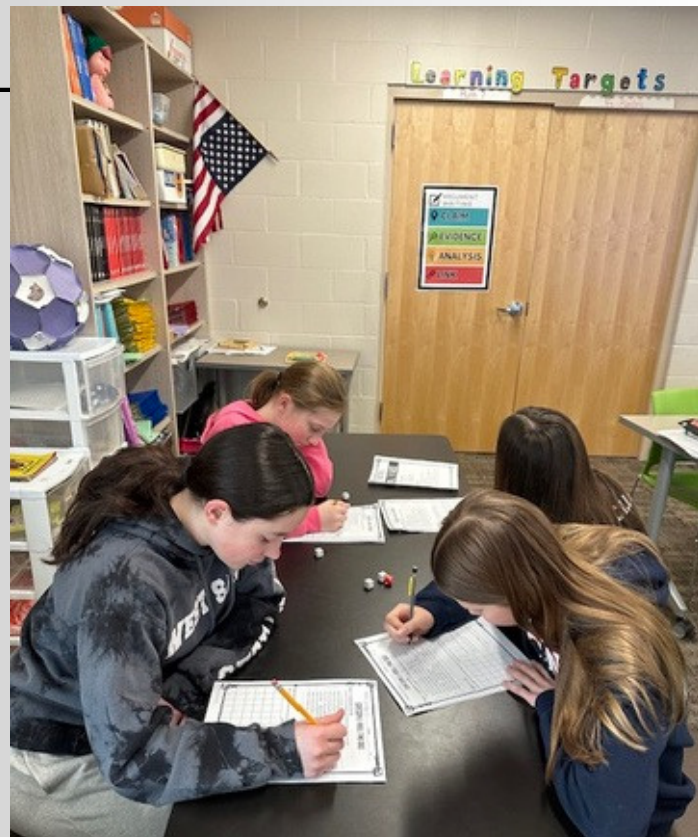
We are entering the final stretch! We just finished talking about natural selection and are in the middle of classifying living things. Moving forward, we will be comparing and contrasting all the different groups of animals from sponges to insects to mammals and everything in between. The 7th grade forest experience is on the horizon as well! This is a great opportunity for our students to share an experience that some never get. Watch for details about this trip to be coming home soon!



Social Studies Mr. Mahlum



In 7th grade Social Studies the students will turn their attention to learning about laws in our country. Students will look at the four different types of laws. They will also take a closer look at the difference between civil and criminal law. Finally, students will understand how juveniles and the law work.



GRADE 8

newsletter



APRIL EDITION

ELA- Mrs. Meyer & Ms. Sackett

Students will start the month working on Argumentative Writing. We will begin the unit by studying different debates and arguments so that we can model our own writing after polished examples. Students will write several drafts of different arguments before selecting their best argument to develop further into their final piece. Also in April comes the Wisconsin Forward Exam. Some great news is that the ELA portion of the exam is still only three sessions with no long writing portion. The week of testing we will take a break from our regular ELA routine to allow students to focus completely on the exam. Our next literature unit in ELA is historical fiction based on the 20th century: 1900s-1970s. Students will be in literature circles reading and discussing the same text from one of the decades. Students will first browse through the sixteen options for texts for this unit and will have the opportunity to select books they would be most interested in reading. Two of the choices contain a couple inappropriate words. If this is something you would prefer your child avoid, please communicate that with him/her; there are fourteen other fantastic options.

Targets scored in April

Reading

R.1 Make logical inferences from a text

R.2 Cite textual evidence that strongly supports an analysis of a text

Speaking

S.1 Engage effectively in a range of collaborative discussions

S.2 Analyze the purpose of information presented in diverse media and formats

S.3 Evaluate the effectiveness of the presentation

Language / Writing

L.1 Correctly write compound sentences

L.2 Correctly write complex sentences

L.4 Demonstrate appropriate use of the conventions of standardized English grammar and usage when writing or speaking

W.1 Write a clear claim

W.3 Acknowledge and distinguish the claim(s) from alternate or opposing claims.

W.6 Create writing that utilizes effective transitions

W.8 Produce writing authentic to task, purpose and audience.

ALGEBRA- Mrs. Coe

In March, we completed Units 7 and 8 on Polynomial Equations and Factoring and Graphing Quadratic Functions. We did a quick review of 8th grade math learning targets and then started Unit 9 on Solving Quadratic Equations.

The learning targets for Unit 9:

- 9.1: Use properties of radicals to write equivalent expressions.
- 9.2: Use graphs to solve quadratic equations and find zero of functions.
- 9.3: Solve quadratic equations using square roots.
- 9.4: Solve quadratic equations and find max and min values of quadratic fcn's by completing the square.
- 9.5: Use the Quadratic Formula and its discriminant to solve and analyze quadratic equations.
- 9.6: Solve nonlinear systems graphically and algebraically.

MATH 8- Mrs. Coe & Mrs. Snook

In March, we completed Unit 8 on Exponents and Scientific Notation and Unit 9 on Real Numbers and The Pythagorean Theorem and started preparing the students for state testing. We are ready to go back to Unit 7 to wrap up Functions for the year.

The learning targets for Unit 7:

- 7.1: Understand the concept of a function
- 7.2: Represent functions in a variety of ways.
- 7.3: Use functions to model linear relationships.
- 7.4: Understand differences between linear and nonlinear functions.
- 7.5: Use graphs of functions to describe relationships between quantities.

SCIENCE- Mrs. Smith- Waller

March was certainly a whirlwind of different weather, but hopefully we are done with the snow! In Science class we have been learning about Plate Tectonics and this month we will finish up our group project. For this project, groups have been researching a topic supporting Plate Tectonic Theory and then they will present their work to the rest of the class. We will conclude that unit with an assessment. After our assessment we will be moving on to focus on Earth's history and Geologic Time. We will learn to determine the relative age of rocks and how to match layers of rock from different locations. Then we will complete an activity to demonstrate how radioactive decay of elements is used to find the absolute age of rocks. To round out this unit, we will learn about fossils and look more closely at the eras of Earth's history as well as the significant events that help us organize our history into the geologic time scale. As a unit project students will create a timeline of Earth's history using a predetermined scale. Happy Spring.

Essential Learning Outcomes:

- PT3-1: Show understanding that plate tectonics is the unifying theory that explains movement of rocks at Earth's surface and geological history. Maps are used to display evidence of plate movement.
- PT3-2: Show understanding that energy flows and matter cycles within and among Earth's systems. Plate tectonics is one result of these processes.
- EH4-1: Show understanding that rock strata and the fossil record can be used to organize the relative occurrence of major historical events in Earth's history.
- EH4-2: Show understanding that the fossil record documents the existence, diversity, extinction, and change of many life forms throughout history.

SOCIAL STUDIES- Ms. Morgan

Our 8th graders have wrapped up an exciting project—Revolutionary Voices Podcasts! Students worked hard to research, write, and record their own perspectives on the American Revolution. We encourage you to ask the 8th grader in your life to share their podcast with you—it's a great way to hear their learning in action. As we move into April, our focus shifts to the growth of the United States and the challenges that came with that expansion. A major part of this unit will explore conflicts over land, particularly between the U.S. government and Native American tribes. Students will examine these issues both at the national level and here in Wisconsin.

Topics we will explore include:

- Early treaties in Wisconsin
- The removal of the Ojibwe and Ho-Chunk from the state
- More recent events related to treaty rights in Wisconsin

Our learning will be guided by the following targets:

- Critique the Indian Removal Act and its impact on Native American tribes
- Compare the national story of Indian Removal with what was happening in Wisconsin
- Analyze how this period continues to affect Native communities today
- Summarize the challenges and opportunities created by westward expansion for individuals and the country

These conversations are an important part of understanding our nation's history and its lasting impact. We encourage families to continue these discussions at home and support students as they think critically about the past and its connections to today.

STEM AND ROBOTICS

APRIL 2026
MR. JONES

STEM AND ROBOTICS CLASSES

6th Grade STEM: Designing Toothpick Bridges and Testing to see how much weight it can hold

7th Grade STEM: Learning how to make multiview drawings of objects and architecture.

8th Grade STEM: Making Cardboard Choice Project

Robotics: Leadscrew mechanism, worm and wheel, rack and pinion, cam and follower, and then making toy that has fun moving objects



MR. JONES' PANTHER TIMES

6th Grade: 3D Printing Keychains

7th Grade: Designing Cardboard Boats! P.S. if you have spray paint laying around when you clean your garage this spring we will gladly accept it!

8th Grade: WSMS Live morning announcements



ESPAÑOL

newsletter

Learning Focus:

Grado 7:

We are reading a novel called "Soy Carlos." Ask your child about the story and what Carlos is like.

Grado 8:

In 8th grade, students are learning how regular verbs change to match the subject of a sentence. They also created impressive movie trailers writing Spanish sentences and acting the novel out.



Panther Time

Ask your child to have a basic conversation with you in Spanish—they can do it. In Panther Time, we are focusing on spelling our names and understanding how letters influence the phonetics of Spanish words to improve both spelling and pronunciation. We will also be working on counting to 30 and learning colors.



Wishlist

As the weather warms up, it would be greatly appreciated if you have any extra chalk available.

April 2026

ART NEWSLETTER

CLASSES AT A GLANCE

Grade 5 - Variety of drawings and clay
Grade 6 - Famous Artists and elements of art books
Grade 7 - One point perspective
Grade 8 - Wall Block Preparation and color study
Elect. Art - Shadow Boxes and Colored Pencil Skills
Panther Time - trashion fashion



"THE AFTER SCHOOL ART SEASON IS COMPLETE"

45 students participated this year!

YOUTH ART MONTH

Adalyn and Finn (featured to the right) had artwork on display at the Black River Falls Public Library in March. Their art was part of the West Central Wisconsin Regional Show. Congrats to them!



GARAGE SALE SEASON REQUESTS

used irons
used blenders
used glue guns
brown paper bags
empty cereal boxes
ice cream buckets
buttons

Contact Mrs. Hemker with any questions

HEMKER.ANGIE@WSALEM.K12.WI.US



ETC UPDATE

WSMS NEWSLETTER

6TH GRADE

- Measurement Test on April 1st.
- Career Planning explorations
- Start Graphic Design

7TH GRADE

- Nightstand Valet
- Design and introduction to the woodshop

8TH GRADE

- Measurement Test on April 1st.
- Working on LED signs
- Should start building the wood base



PANTHER CREATIONS & RETAIL

Students are working on a reciprocal teaching project in class. They have access to all of the tools in the shop are instructed to come up with a budget friendly \$20 or less build to teach others how to make. They then have to go through the production and instruction of creating this project much like youtube videos or instruction manuals are done. This is the bulk grade for the trimester.



PANTHER TIME NEWS

6th Grade Panther time is finishing up their finger puppet projects and now learning how to use sewing machines which is a new experience for many of our students. They will then choose a choice sewing project to complete the rest of the trimester.

7th Grade Panther Time has started construction on the cardboard boats. Ask questions at home on how the process is going! They are looking good for most!

Our 8th Grade Panther Time has been running the news the last couple of weeks and have been doing a great job on the morning announcements.

HEALTHY LIVING

Reminders

As we gear up to go outside as much as possible, students will need athletic footwear they are comfortable going outside in. An extra sweatshirt/pants would also be helpful as the spring weather can be unpredictable.

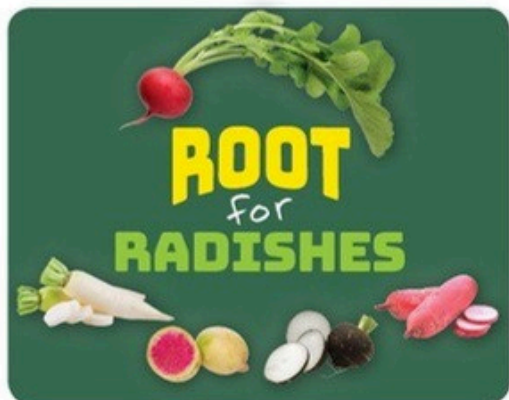
Upcoming Activities

For all grade levels we are finishing up with our final rotation of invasion games and transitioning to yard games and lifelong activities.

Welcome

We are welcoming a student teacher who will be with Ms. Serres until the end of the year. We are excited to get to know her and see her teach!





Radishes are The Harvest of the Month!

Add radishes to your favorite family meals:

- Add cubed daikon radish to a pot roast or a pan of roasted vegetables.
- Sprinkle sliced fresh radish on soup, stew, or posole.
- Eat raw radishes with plain yogurt or ricotta cheese dip.

Make meals and memories together. It's a lesson kids will use for life.

Select – Choose smooth, brightly colored radishes.

Store – Remove tops before storing. Refrigerate radishes in a plastic bag and use within 1 week.

Prepare – Rinse under cool running water.

Did you know?

Not all radishes are red. Radishes come in different sizes, shapes, colors, and flavors. Next time you are at the grocery store try a new type of radish like Watermelon, Black Spanish, or Daikon.



Nutritious, Delicious, Wisconsin!
#WlHarvestoftheMonth

Check out
the video



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Recipe of the month

Radish Salsa

Serves 6

Ingredients:

- 8 radishes chopped small
- 1 green pepper, diced
- ½ c onion, diced
- 2 T chopped fresh cilantro
- 1 lime, juice only
- Garlic powder to taste
- Salt to taste

Directions:

1. Wash hands.
2. Wash vegetables, dice and chop vegetables
3. Combine with remaining ingredients.
4. Chill.

Source: laxf2s.org

Per serving: 12 calories, 0 g fat, 0 g protein, 3 g carbohydrate, 1g fiber, 100 mg sodium

