



SCHOOL DISTRICT OF  
WEST SALEM

# AUGUST MENU

Meals available at the Elementary School from 11:45 a.m. - 12:30 p.m.

	Monday, August 2nd	Tuesday, August 3rd	Wednesday, August 4th	Thursday, August 5th	Friday, August 6th
<b>Breakfast</b>	Blueberry Muffin Reduced Sugar WG Cereal Variety Fruit / Milk	Oatmeal Raisin Breakfast Cookie Reduced Sugar WG Cereal Variety Fruit / Milk	Apple Frudel Reduced Sugar WG Cereal Variety Fruit / Milk	Cheese Stick - Colby Jack Strawberry Nutrigrain Bar Reduced Sugar WG Cereal Variety Fruit / Milk	Appleways Oatmeal Bar - Apple Reduced Sugar WG Cereal Variety Fruit / Milk
<b>Lunch</b>	Cheeseburger Garden Salad Fruit / Milk	Walking Taco on Nacho Dorito Chips Refried Beans Fruit / Milk	Mac and Cheese Honey Glazed Carrots Fruit / Milk	Chicken Tenders Waffle Fries Fruit / Milk	Cheese Pizza Steamed Broccoli Fruit / Milk
	Monday, August 9th	Tuesday, August 10th	Wednesday, August 11th	Thursday, August 12th	Friday, August 13th
<b>Breakfast</b>	Chocolate Muffin Reduced Sugar WG Cereal Variety Fruit / Milk	WG Bagel Peanut Butter Cup Reduced Sugar WG Cereal Variety Fruit / Milk	Cherry Frudel Reduced Sugar WG Cereal Variety Fruit / Milk	Yogurt Cup - Fruit Variety Chocolate Chip Granola Bar Reduced Sugar WG Cereal Variety Fruit / Milk	Appleways Oatmeal Bar - Strawberry Reduced Sugar WG Cereal Variety Fruit / Milk
<b>Lunch</b>	Hamburger French Fries Fruit / Milk	Cheese French Bread Steamed Broccoli Fruit / Milk	Corn Dog Mixed Veggies Fruit / Milk	Chicken Sandwich Green Beans Fruit / Milk	Pepperoni Pizza Garden Salad Fruit / Milk

\*Lunch menu items available while supplies last. Panther Packs (PB&J or yogurt, a serving of fruit and vegetables, a cheese stick, a crispy snack, and milk) will be available daily.

\*Menu items subject to change.