PANTHER POST

WEST SALEM MIDDLE SCHOOL



Ben Wopat, Principal Amanda Beld, Associate Principal

440 East Ave West Salem, WI 54669 Phone - (608) 786-2090 Fax - (608) 786-1081

Dear Parents,

In last month's newsletter, I mentioned that at WSMS, we wanted to work with you to approach the new year with purpose for our students. I would say we're off to a great start! January went fast and was filled with unique learning opportunities and activities.

This February, we look to continue that momentum with a calendar full of activities to help our students learn, grow, and develop. At WSMS, our extracurricular activities provide wonderful opportunities for some of this development. Our Panther basketball, Mathcounts, Adaptive Sports League, and forensics teams have competitions during the month. Good luck to all our participants!

Parent/teacher conferences will be held on February 9 and 13, from 3:30 – 7:00 p.m. We will have an open format for our 6th, 7th and 8th grade conferences. This allows parents to visit their child's classroom teachers or their homeroom teacher.

5th grade parents will meet with their child's homeroom teacher. You will sign up for a specific time slot that will be scheduled via Skyward. If parents are interested in a Zoom conference, please email the teacher you wish to meet with to confirm an available time and to receive a link to the meeting. There will be more information to come in an email through our Skyward system.

Our Winter Wellness Committee has completed its organization of the activities for our Winter Wellness Day on February 16. Students have an opportunity to participate in an activity to promote physical and mental wellness. Our Winter Wellness Day continues to be an activity that our students recall as having a positive impact on them during their middle school experience. It is great for both the staff and students to have an opportunity to interact in this setting. We are looking forward to a great day of learning, physical activity, and a little bit of fun as well!

As always, we look forward to continuing to work together as a team to provide your child with an educational experience that strives to meet the district's mission - Serve with Passion to Ignite Creativity, Innovation, and Excellence.

PRACTICE KINDNESS ACT RESPECTFULLY WORK HARD

Go Panthers! Ben Wopat Principal www.twitter.com/coachwopat

<u>In This Issue</u>

Counselor's Corner/ President's Day/ Winter Wellness	2
Spelling Bee Upcoming Dates	3
Student of the Month	4
Grade 5	5
Grade 6	6
Grade 7	7
Grade 8	8 9 10
Music S.T.E.M. Art	11
LMC&Technology Healthy Living	12
ASL Hockey Schedule	13
Farm to School	14
Lunch Menu	15 16
22-23 Calendar 23-24 Calendar	17 18

"Meet Us in the Middle"

COUNSELOR'S CORNER



Cabin fever tends to set in as we approach February. Our annual Winter Wellness is scheduled for Thursday, February 16. This is a very enjoyable and worthwhile outing; from fishing and bowling to swimming and skiing to jumping, climbing, and tubing. This is time well-spent establishing relationships (kids and adults alike) and exploring our talents and potential new hobbies. Besides, when else can I push a student down a hill and have them come back up and ask if I can do it again but this time with a spin?!! Not only is it time to connect with one another and enjoy the winter, it's also a great way to rejuvenate as we head into the "home stretch" of the school

PRESIDENT'S DAY



The Washington's Birthday public holiday is more commonly referred to as Presidents' Day in the United States and is dedicated to honoring George Washington, the first president of the United States. It is considered to be the first public holiday declared specifically to celebrate the life and accomplishments of one individual.

The public holiday is observed on the third Monday in February; however, George Washington's actual birthday was February 22, 1732. Because the observed date of Washington's birthday is not set for the third Monday in February, it is impossible for the holiday to ever fall on Washington's actual birthday. The latest possible date for the public holiday is February 21.

The holiday has been observed on a Monday since 1971. The United States Senate has a long-standing tradition

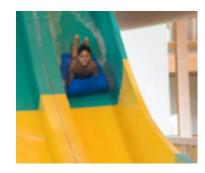
WINTER WELLNESS THURSDAY, FEBRUARY 16, 2023



*ALL students will be off campus at their activity from approximately 8:30 a.m.- 3:00 p.m.







CONGRATULATIONS to everyone who participated in the 5th, 6th and 7th grade Spelling Bees. The top two highest scorers are moving onto the regional Spelling Bee in February.

The two highest scorers were from 5th grade Avram Schniepp-Duffy placed 1st and Finn Nagy placed 2nd.

Calendar of Events-School

Event	Date	<u>Time/Information</u>
Early Release	February 8	12:20 p.m. (students released)
Parent/Teacher Conferences	February 9	3:30-7:00 p.m.
Parent/Teacher Conferences	February 13	3:30-7:00 p.m.
Winter Wellness	February 16	8:30-3:00 p.m.
NO SCHOOL	February 17	
NO SCHOOL	March 17	Teacher in-service
NO SCHOOL	March 20	Snow day makeup-off, unless another snow day
		happens before the date
NO SCHOOL	April 7	Easter Break
NO SCHOOL	April 10	Easter Break
NO SCHOOL	April 11	Snow day makeup-off, unless another snow day
		happens before the date

Calendar of Events-Athletics

Event

8th	Grade	Girls	BΒ
7th	Grade	Girls	BΒ
8th	Grade	Girls	BΒ
7th	Grade	Girls	BΒ
8th	Grade	Girls	BΒ
7th	Grade	Girls	BΒ
8th	Grade	Girls	BΒ
7th	Grade	Girls	BΒ
8th	Grade	Girls	BΒ
7th	Grade	Girls	BΒ

ASL Hockey ASL Hockey ASL Hockey ASL Hockey ASL Hockey

<u>Date</u>

Time/Information

February 2 4:00 vs Holmen MS @ WSMS 4:00 vs Holmen MS @ WSES February 2 4:00 vs Lincoln MS @ WSMS February 7 February 7 4:00 vs Lincoln MS @ WSES February 9 4:00 vs Sparta MS @ WSMS February 9 4:00 vs Sparta MS @ WSES 4:00 vs Onalaska MS @ Onalaska MS February 14 February 14 4:00 vs Onalaska MS @ Eagle Bluff ES February 16 4:00 vs Longfellow MS @ WSMS February 16 4:00 vs Longfellow MS @ WSES February 6 4:00 vs Logan @ Logan HS February 9 4:00 vs Holmen @ Holman MS 4:15 vs Onalaska @ WSMS February 13 February 14 4:15 vs Central @ WSMS February 23 4:00 vs Holmen @ WSMS

Student of the Month

Each month, teachers send nominations for Student of the Month. January's focus was to Act Respectfully. Below is a list of three students from each grade level that exemplified Acting Respectfully. Mr. Wopat and Ms. Beld notified parents of this accomplishment, met with the students and took photos. Congratulations!

<u>Grade 5</u>

Kevin Cruz Cruz Mason Gronemus Mahi Patel

Grade 6

Mason Siber-Gilbert Brynn Waller Lily Wolf

<u>Grade 7</u>

Hailey Baumer Gideon Stewart Mason Wright

Grade 8

Joey Glynn Jack Torrance Alicia Zarecki





Math Update:

Students have wrapped up multiplying and dividing fractions. Students applied what they know to a math project that involves adapting recipes. The next unit will focus on multiplying whole numbers and decimals. They will review multiplying multi-digit numbers and apply that knowledge to multiplying decimal numbers. A big part of this unit focuses on the power of 10 as well.

Science Update:

The students completed amazing science projects and presented them. They are on display in the pod. To end our space unit we will be looking at patterns on Earth in relation to our location in space. We will investigate shadows, seasons, and stars in the coming weeks. We will also run science activities at the school forest.

Social Studies Update:

The American Colonies are currently being studied. Students will be learning about the villages, schools, people, laws, and economy associated with this time period. In geography, we'll begin to map the New England and Middle Atlantic states and capitals. Hmmmm, the capital of Maine is?

Reading Update:

Students have been focusing on summarizing and finding themes in Graphic Novels and other fiction texts. Next they will be focusing on quoting text evidence from nonfiction in order to answer questions. This strategy will apply to fiction as well.

Writing Update:

Students will continue working on grammar and sight words. They will be researching and writing papers for their DARE project.

DARE Update:

Students will continue to work through lessons with the DARE officer, Deputy Bernhardt. During February, students will complete a short paper and project focused on one of the topics they learned about in DARE. They will be graduating from DARE on March 9th at the Heider Center. Parents are welcome to attend. We will conclude DARE with a field trip to the La Crosse County Courthouse.

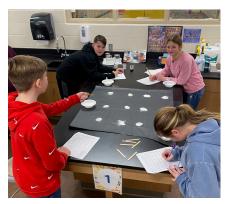
5th Grade Teachers:

Mrs. Burdick, Mrs. Czajka, Miss Fink, Miss Folkers, Mrs. Kjos, and Mr. Ringlien



Science - Mrs. Jarosh

6th graders have had an exciting few weeks conducting chemical reactions! From identifying physical and chemical reactions, to burning steel wool with a battery, students have been learned how to identify chemical reactions. We will be moving on to a unit on magnetism.







Social Studies - Mrs. Jeranek - In 6th grade Social Studies, we have learned many geographical challenges and various Greek governments which made an impact on the way of life for Ancient Greeks. February will find us finishing government books, comparing ancient and modern Olympics and researching and presenting battles within the Persian and Peloponnesian Wars. We'll also learn about Alexander the Great and his control of Greek borders and beyond! Bring on the cold weather because our room will be filled with heated battles in February of 2023!

English - Mrs. Buisman - In 6th grade English, students will be finishing up their second argument writing paper. For this assignment, they were able to choose a topic, form an opinion and make a claim, and research to back up their claim. The choices of topics were: 1) Should Homework Be Required in School? 2) Should Cellphones be Allowed in School? 3) Should Schools Have Uniforms? After our argument writing unit, we will begin our focus on informational writing. We will review text structure and text features.

Math - Mrs. Alo and Mrs. Jehn - During the month of February we will complete Chapter 6 titled Equations. Students will learn to write, solve, and graph one-variable equations and inequalities using the four basic operations. They will also work with writing and graphing two-variables equations. Although this chapter is new material and more conceptual than previous chapters, it is typically a favorite chapter for students.

Students will also begin work in Chapter 7 which covers a lot of geometry including area, surface area, and volume. Students will learn the areas of parallelograms, triangles, trapezoids, kites, and composite figures. Then they will then learn to find the surface area and volume of three-dimensional figures including prisms and pyramids.

Advanced Math - Mrs. Jehn - Students began working through Chapter 9, Statistical Measures, at the end of January and will finish in February. Learning about statistical measures including mean, median, and mode as well as quartiles, interquartiles, range, mean absolute deviation. The concepts of measures of variation and mean absolute deviation will be new to students and may bring back fond memories of a statistics course you might have taken years ago. These are difficult topics and very abstract for 6th grade minds.

These skills are necessary for us to start Chapter 10 which is the last chapter of the 6th grade book and how we will spend the most of the month of February. This chapter is all about data displays including stem-and-leaf plots, histograms, box-and-whisker plots. They will need to use what they learned about measures of center, measures of variation, and statistical questions in the previous chapter to describe the center, spread, and shape of the displays. By the end of February students will have completed the entire 6th grade book which is an amazing accomplishment!



Reading/ELA - Mrs. Rochester & Mrs. Friell

Classroom Supplies: All students are required to have a binder and a three subject notebook (provided by the school). The binder and notebook are left in the classroom so they are never lost and remain easily accessible.

Agendas/Lessons: Work to be turned in for grade is posted on the Homework Hotline. The specific daily plan is posted in Google Classroom. If a student needs to miss school, please check GC for required work.

Writing and Language: Each class period, we practice working on sentences and/or parts of speech. In February we will work on compound and complex sentences. We will also continue to review the four parts of speech we've reviewed so far (noun, verb, adjective, and preposition). Word work will continue to include learning roots and spelling words.

We will continue working on paragraph structure this month.

Reading: In February, students will practice reading skills with the read aloud <u>The Giver</u> and their independent reading of a dystopian novel.

Science - Mr. Baker

We are in the process of finishing up our genetics unit with a few fun labs including one of my favorites, "Supertasters!" With that out of the way, we began to delve into the inner workings of DNA and molecular genetics! How does DNA code for all the things in your body? To find out, we will be creating our own secret messages using DNA as the code. Be on the look out for days when we will be spending time outside snowshoeing and learning about winter forest ecology. The current plan is to head out to the forest on February 28 or March 1.

Social Studies - Mr. Mahlum

In 7th grade Social Studies we will continue our focus on the three branches of government. We will complete our unit on the Executive Branch and then start to examine the Legislative Branch. Students will understand who is part of these branches and what the branches are responsible for.

Math - Mrs. Weber & Mrs. Piersma

Happy 2023! We are halfway through the year already with mid-trimester being January 13. We have been working on ratios and rates in Unit 5. The kids have done a good job with this. Our next unit will be on percent, tax, and interest. It is a fun unit to connect with everyday life.

Pre-Algebra- Mrs. Weber

Happy 2023! First of all, congratulations to Colin Holst, Evan Berra, Michiah Smith, and Aidric Schmitz. Their scores on the school mathcounts competition were in the top 12 of 7th and 8th graders so they made the mathcounts team. That is quite an accomplishment for a 7th grader! I am also proud of how hard everyone works on mathcounts every week. I know they are challenging, but it is good for this group to be challenged and they have been doing a great job of working together and learning some new skills that will only make them stronger math students. We are working hard in the 8th grade book. We just finished up a couple geometry units and have started a unit on slope. It is a fun unit and the kids are doing well with it.









FEBRUARY EDITION

ELA- Mrs. Meyer & Ms. Sackett

We ended January spending several days reading and collecting research to support the answers to our research paper questions. We are now working hard to finish our diversity research papers. **These are due February 14th.** It's been a long process, but all of the work we've put in has helped immensely for the final product. In addition to researching, we are continuing to practice our reading strategies/concepts while reading our choice books. Students are given a journal prompt Monday-Thursday, and then we decide which one will be turned in and graded on Friday. A. We also continue to analyze and evaluate multimedia messages for purpose and effectiveness.

SOCIAL STUDIES- Ms. Morgan

February brings our exploration of US history to the challenges faced by our early presidents in turning the Constitution into a working government. We will explore our growth as a nation and the challenges this also presented.

By the end of the month, students should be able to successfully meet the following learning targets:

- 8.FE.4: Assess Washington's and Adams' contributions to the creation of the presidency
- 8.JE.1: Critique the changes in Jefferson's political ideology
- 8.JE.2: Assess the Louisiana Purchase and the exploration of the area
- 8.JE.3: Summarize the causes of the War of 1812
- 8.JE.4: Support whether the Era of Good Feelings deserves its name.

Final 8th Grade Fundraiser

The final fundraiser for the end-of-the-year 8th-grade trips, DC or those staying local, will take place this month. While the profits aren't quite as much as the candle fundraiser, it is a great way to make a dent in the final payment for the trip. Students will receive order forms for butter braids on February 8th and the sale will run through February 22nd. Students need to submit their order forms and money by the end of the day so orders can be processed. All orders will be delivered Wednesday, March 8th, so students should make arrangements for pick up between 2:30 and 5:30 that day.

"Meet Us in the Middle"







ALGEBRA- Mrs. Coe

After Exponential Functions and Sequences, we will begin Unit 7 on Polynomial Equations and Factoring. The West Salem Middle School Mathcounts team will be competing at the Regional Competition on February 3rd at the Omni Center in Onalaska. Good luck to our competitors!

The learning targets for Unit 7:

- \rightarrow 7.1: Add and subtract polynomials.
- \rightarrow 7.2: Multiply and divide polynomials.
- \rightarrow 7.3: Use patterns to find products of polynomials.
- \rightarrow 7.4: Solve polynomial equations in factored form.
- \rightarrow 7.5: Factor polynomials of the form x2+bx+c.
- \rightarrow 7.6: Factor polynomials of the form ax2+bx+c.
- \rightarrow 7.7: Recognize and factor special products.

 \rightarrow 7.8: Factor a polynomial by grouping and recognize when a polynomial is factored completely.

MATH 8- Mrs. Coe & Mrs. Snook

In February we will be working on Unit 6 Data Analysis and Displays. We will also be meeting with the high school counselors to talk about their freshman class schedules. More information to come!

The learning targets for Unit 6:

- \rightarrow 6.1: Use scatter plots to describe patterns and relationships between two quantities.
- \rightarrow 6.2: Use lines of fit to model data.
- \rightarrow 6.3: Use two-way tables to represent data.
- \rightarrow 6.4: Use appropriate data displays to represent situations.





"Meet Us in the Middle"

SCIENCE- Ms. Smith- Waller

We are focusing on Earth's history and Geologic Time. We learned about the Early Earth and started to figure out how to determine the relative age of rocks. To round out this unit, we will learn about the process used to determine the absolute age of rocks, we will figure out how fossils form and what they tell us about the past, and look more closely at the eras of Earth's history including the significant events that help us organize our history into the Geologic Time Scale. To finish up this unit students will complete a project creating a timeline of Earth's history that will be 5 meters long (just under 15 feet). After finishing up our unit on Earth History, we will move into our Astronomy unit. This will begin by looking specifically at the Earth-moon-sun system and how they interact with each other.

Essential Learning Outcomes:

- Construct a scientific explanation based on valid and reliable evidence obtained from sources and the assumption that theories and laws that describe nature operate today as they did in the past and will continue to do so in the future.
 - MS-ESS1-4: Construct a scientific explanation based on evidence from rock strata for how the geologic time scale is used to organize Earth's 4.6-billion-year-old history





MUSIC



Music - Mrs. Kinstler - 6th grade Keyboards and More: Students are turning into pianists! This past month students mastered G position on their keyboards, were introduced to sharps and flats and have started playing songs in C position. They are recognizing skips and steps and playing songs with two hands! They have made tremendous progress.

7th Grade Guitars and Musicals: Students are working on learning to play the top three strings on their guitars. They are playing short songs such as "Jingle Bells" and "Aura Lee." They will begin learning easy chords using the top three strings of their guitars.

S.T.E.M. - Mr. Jones

6th Grade STEM

We are working hard at designing the sturdiest toothpick bridge. Soon, students will be able to test their designs to see who made the best bridge that holds the most weight.

7th Grade STEM

The students are using what they learned with the multi-view sketches to make a puzzle cube. The puzzle cube consists of five separate pieces. Once finished, have fun solving your students' cube!

8th Grade STEM

The students are working hard to get their paper roller coaster finished in class. We are trying to see who can come up with the longest lasting coaster when a marble gets sent down the track.

Robotics

In Robotics, students have learned how to program using Robot C. Currently, they are testing their knowledge by building and programming a spinning sign. Next, they will make elevators and robot dragsters.

Art - Mrs. Hemker

Grade 5

In February, 5th graders will be working with clay! They will create a cupcake container and wall art. They will also have a choice piece. We will photograph these and then wrap them carefully for home!. All projects will review a variety of clay techniques that they have learned since they were in Kindergarten. We will also be working with a project about cranes.

Grade 6

In February 6th grade will also be working with clay. Their carved container will be glazed and re-fired. They will also be creating a clay animal rattle or whistle, they will choose how to finish these as well as their choice object. We will also be working on a variety of drawing projects as we complete the trimester.

Grade 7

This month 7th graders will be finishing up their large scale collage pieces. We will then move on to create a mandala or radial design as well as drawing small objects that they brought from home.

Grade 8

Students in 8th grade will complete their wall block designs as we begin February. They will also start using Google Drawings to create a mosaic piece of digital art. Our last classes will give us time to spend a few days working with clay.

8th Grade Elective

As we begin February, this class will be finishing their acrylic painting that involves multiple layers and techniques as well as an acrylic canvas board painting of their choice of subject matter. During this month we also will be working on an assemblage relief sculpture and if time allows we will begin clay. We continue ongoing work that includes small samples of the materials, and examples of work we have been completing.

Spring Cleaning? The art department is looking for: Left over nail polish Used blenders (full size) Used blow dryers Left over general craft supplies

And GREAT NEWS! We now have a toaster oven. Thanks for the donations!

LMC & TECHNOLOGY - MRS. DEDERICH

Creative Computing - 7th Grade

In Creative Computing we have been reading about and discussing many of the ways that algorithms affect us in our daily lives - from video surveillance to targeted ads to artificial intelligence and the music recommendations we get through Spotify. Students will be working on a project where they think through how these technologies impact us and what types of regulations (if any) should be placed on how businesses and government agencies can use this information. We will finish up with this in the next week or so and then move on to text-based programming using a language called Python.

5th Grade LMC & Technology

Fifth graders in LMC have been focusing on learning how to navigate the library and locate resources independently over the past few weeks. They have also been learning some basic coding skills in a block-based coding app called Hopscotch. If you have a 5th grader at home who has LMC right now, ask them to show you their name drawing that they coded themselves! We are now beginning to learn about the national parks and soon each student will select a national park to research. By the end of the trimester, students will have a scrapbook page about their (imaginary) trip to their national park complete with a picture of them at their park (created with green screen technology, of course)!



The healthy living team wrapped up our human growth and development curriculum and we encourage you to have discussions at home about this information. We have welcomed a student teacher with Mrs. Olson this trimester and we look forward to having her work with all of our students. We hope that you are finding ways for yourfamily to stay active even with the cold weather outside.

Please see the next page for the ASL Hockey Schedule!



VS LOGAN 1/19 WEST SALEM MIDDLE (\$ 4:00

1/24 AT CENTRAL CENTRAL HIGH () 4:15

1/26 AT ONALASKA ONALASKA HIGH (\$ 4:15

AT LOGAN 2/6 LOGAN HIGH (\$ 4:00 2/9 A

AT HOLMEN HOLMEN MIDDLE () 4:00

2/13 VS ONALASKA WEST SALEM MIDDLE () 4:15

VS CENTRAL

2/14 WEST SALEM MIDDLE (\) 4:15

2/23 VS HOLMEN WEST SALEM MIDDLE 4:00

HARVEST OF THE MONTH NEWSLETTER FEBRUARY 2023





Recipe of the month

Farm2School Chili

Serves 11

Ingredients:

- 1 Tbsp. extra virgin olive oil
- 1 cup diced onions
- 3/4 cup diced carrots
- 3/4 cup diced celery
- 1 tsp. granulated garlic (or garlic powder)
- 1 Tbsp. chili powder
- 1 cup diced green bell pepper
- 1 cup diced red bell peppers
- 1 ¹/₂ cups diced mushrooms
- 1 ³/₄ cups frozen corn
- 2 (14.5 ounce) cans diced tomatoes, undrained
- 1 (15 ounce) can black beans, undrained
- 1 (15 ounce) can kidney beans, undrained
- 1 Tbsp. ground cumin
- 1/2 Tbsp. dried oregano
- 1/2 Tbsp. dried basil
- 1/2 tsp. salt
- shredded cheddar cheese and ground beef (optional)

Directions:

Heat olive oil in a large pot over medium heat. Add onions, celery and carrots and sauté until tender. Stir in the bell peppers, garlic powder and chili powder. Cook about 6 minutes.

Stir in the mushrooms and frozen corn. Cook about 5 minutes and test to make sure all vegetables are tender. Add cooking time if needed.

Stir in tomatoes, kidney and black beans. Season with oregano, cumin, basil and salt. Bring to a boil and reduce heat to medium.

Cover and simmer for 20 minutes, stirring occasionally. Serve warm, topped with shredded cheddar cheese!

Source: laxf2s.org

Per serving: 145 calories, 2g fat, 2g protein, 25g carbohydrate, 4g fiber, 480mg sodium



LA CROSSE COUNTY Health Department MAYO CLINIC HEALTH SYSTEM





Coulee Region Farm to School is a partnership between UW-Madison Division of Extension, LaCrosse County Health Department, Mayo Clinic Health System– Franciscan Healthcare, Gundersen Health System, and the School Districts of Bangor, LaCrescent-Hokah, Holmen, LaCrosse, Onalaska, and West Salem.

February 2023

West Salem Middle School

Lunch

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1 From the Grill Chicken and Waffles - Chicken Tenders served with Belgian Waffles Whole Kernel Sweet Corn Home Style Chicken and Waffles - Chicken Tenders served with Belgain Waffles Whole Kernel Sweet Corn Deli Line Garden Salad with Choice of Meat/Yogurt/Cottage Cheese Creamy Chicken Pot Pie Soug Grab and Go Panther YOGURT Pack Panther PBJ Pack	 Sausage Pizza Green Beans Homemade Sloppy Joe on WG Bun Green Beans Deli Line Turkey BLT on White Wheat Sandwich Bread Sliced Apples with Caramel 	3 From the Grill • Corn Dog • Mixed Vegetables Home Style • Mozzarella Stuffed Breadstick with Marinara Dipping Cup • Mixed Vegetables Deli Line • Ham & Cheese Sub Vegetable Beef Soup Grab and Go • Panther YOGURT Pack • Panther PBJ Pack
6 From the Grill (Cheese) Hamburger on WG Bun Potato Smiles Home Style Grilled Chicken Breast Filet Sandwich on WG Bun Potato Smiles Deli Line Southwest Chicken Salad Corn Bread Muffin Grab and Go Panther YOGURT Pack Panther PBJ Pack	Chicken Seasoned Brown Rice • Whole Kernel Sweet Corn	8 From the Grill • Pepperoni Pizza • Roasted Potato Fusion Home Style • Meatball Marinara Sub • Roasted Potato Fusion Deli Line • Grilled Cheese • Creamy Tomato Soup Grab and Go • Panther YOGURT Pack	9 From the Grill • Three Cheese Calzone • Garlic Breadstick • Roasted Broccoli Home Style • Pasta with Chicken Alfredo • Garlic Breadstick • Roasted Broccoli Deli Line • Turkey Club Wrap Simply Chex - Cheddar Grab and Go • Panther YOGURT Pack • Panther PBJ Pack	10 From the Grill • Chicken Tenders • Animal Crackers • Asparagus Home Style Cheese Pizza or Homemade Taco Pizza • Asparagus Deli Line • Ham & Cheese on White Wheat Sandwich bread • Chicken Noodle Soup Grab and Go • Panther YOGURT Pack • Panther PBJ Pack
 13 From the Grill Sausage Pizza Green Peas Home Style Cheese Pizza Green Peas Oeli Line Ham, Turkey and Cheddar Sub Brown Chicken & Wild Rice Soup Grab and Go Panther YOGURT Pack Panther PBJ Pack 	 From the Grill Diced Chicken & Gravy with Buttermilk Biscuit Mashed Potatoes Home Style Meatballs & Gravy with Buttermilk Biscuit Mashed Potatoes Deli Line Turkey and Swiss on WG Sandwich Bread Cottage Cheese Grab and Go Panther YOGURT Pack Panther PBJ Pack 	 15 From the Grill (Cheese) Hamburger on WG Bun Garlic Roasted Green Beans Home Style Breaded Chicken Patty Sandwich on WG Bun Garlic Roasted Green Beans Deli Line Garden Salad with Choice of Meat/Yogurt/Cottage Cheese White Chicken Chili Grab and Go Panther YOGURT Pack Panther PBJ Pack 	From the Grill Chicken Potstickers Seasoned Brown Rice Cooked Carrots Home Style Orange Chicken Seasoned Brown Rice Cooked Carrots 	17 No School

20

From the Grill

 Mozzarella Stuffed Breadstick with Marinara Dipping Cup Mixed Vegetables

Home Style

- Tater Tot Hot Dish **Mixed Vegetables**
- WG Dinner Roll
- Deli Line
- Turkey Sub
- Vegetarian Minestrone
- Grab and Go
- Panther YOGURT Pack Panther PBJ Pack

22

- From the Grill Burrito
 - Whole Kernel Sweet Corn
- Home Style Walking Taco on Corn Chips .
- Taco Topping Bar Deli Line
- Ham and Swiss on Croissant Turkey and Cheddar on WG Fresh Fruit Deluxe Salad
- Grab and Go
- Panther YOGURT Pack Panther PBJ Pack

28

21

Spiral Fries Home Style Hamburger on WG Bun

From the Grill

- Spiral Fries
- Deli Line
 - Bun · Brown Chicken & Wild Rice Soup

Cheeseburger on WG Bun

- Grab and Go
- Panther YOGURT Pack
 Panther PBJ Pack

23

It Crackers

Sweet Treat Thursday! Ice Cream Sandwich From the Grill

Whole Kernel Sweet Corn

C

WISCONSIN

HILI

LUNCH

- 24 From the Grill
 - Pepperoni Pizza
 - Honey-Glazed Carrots
- Chicken Nuggets with Cheez-Home Style Cheesy Garlic French Bread Pizza Marinara Dipping Cup Honey-Glazed Carrots
 - Deli Line
 - Cuban Flatbread Sandwich
 - Chicken Dumpling Soup Grab and Go
 - Panther YOGURT Pack
 - Panther PBJ Pack
- Home Style Wisconsin Chili!
 - Corn Bread Muffin
- Whole Kernel Sweet Corn
- Deli Line Chef Salad w/Ham & Cheese,
- Bug Bite Crackers
- Grab and Go
- Panther YOGURT Pack
- Panther PBJ Pack •

27

From the Grill

- (Cheese) Hamburger on WG Bun
- Waffle Fries

Home Style Pulled Pork Sandwich • Waffle Fries

- Deli Line
- Southwest Chicken Salad Corn Bread Muffin
- Grab and Go
- Panther YOGURT Pack
- Panther PBJ Pack
- From the Grill

Cinnamon French Toast Sticks and Jones Dairy

- Sausage Links Warm Cinnamon Apples Home Style
- Cinnamon French Toast
- Sticks with Colby Cheese
- Omelet Warm Cinnamon Apples
- Deli Line
- Turkey BLT on Sub Roll
- Creamy Tomato Soup
- Grab and Go
- Panther YOGURT Pack
- Panther PBJ Pack
- Menu likely to change based on product availability.

This institution is an equal opportunity provider.Layout & Design © Nutrislice, Inc. Printed on 2/2/2023 at 2:51 pm .



AUGUST 2022

W

Μ

Μ

Т

<mark>23</mark>

WEST SALEM SCHOOL DISTRICT 2022-2023 CALENDAR - REVISED

SEPTEMBER 2022

W

Т

F

Μ

<mark>NS</mark>

Т



OCTOBER 2022				2	19	
M T W T F						
3	4	5	6	7		
10	11	ER	13	14		
17	18	19	20	<mark>NS</mark>		
24	25	26	27	<mark>NS*</mark>		
31						

	_	
19	D)E
F	М	
4		
11	5	
18	12	1
NS	19	2
	<mark>NS</mark>	٦
1	18	F M 4

May 10-ER

*ER K-8 Only

*9-11 No

School

*12-SEP

presentation

day

F

F

Т

[16				
Μ	Т	W	Т	F	
			1	2	
5	6	7	8	9	
12	13	14	15	16	
19	20	21	22	<mark>NS</mark>	
<mark>NS</mark>	<mark>NS</mark>	<mark>NS</mark>	<mark>NS</mark>	<mark>NS</mark>	

JANUARY 2023				20	
Μ	Т	W	Т	F	
<mark>NS</mark>	3	4	5	6	
9	10	11	12	13	
16	17	18	19	20	
<mark>NS*</mark>	24	25	26	27	
30	31				

FEBRUARY 2023				19	
Μ	Т	W	Т	F	
		1	2	3	
6	7	ER	9	10	
13	14	15	16	<mark>NS</mark>	
20	21	22	23	24	
27	28				

MAY 2023

W

ER

Т

Т

Μ

<mark>NS</mark>

MARCH 2023					
Μ	Т	W	Т	F	
		1	2	3	
6	7	8	9	10	
13	14	15	16	<mark>NS*</mark>	
SD	21	22	23	24	
27	28	29	30	31	
	6 13 SD	M T 6 7 13 14 SD 21	M T W 1 1 6 7 8 13 14 15 SD 21 22	M T W T 1 2 1 2 6 7 8 9 13 14 15 16 SD 21 22 23	M T W T F 1 1 2 3 6 7 8 9 10 13 14 15 16 NS* SD 21 22 23 24

JUNE 2023

W

Т

Μ

Т

F

17	APRIL 2023					
	F	Т	W	Т	Μ	
	<mark>NS</mark>	6	5	4	3	
	14	13	12	SD	<mark>NS</mark>	
	21	20	19	18	17	
	28	27	26	25	24	

First Day of School: August 29,	2022
---------------------------------	------

Last Day of School: June 1, 2023

Graduation Day: May 28, 2023

SERVE WITH PASSION TO IGNITE CREATIVITY, INNOVATION, AND EXCELLENCE

- NS = No School for All students
- ER = Early Release (Students dismissed at 12:20, Buses leave at 12:30 on October 12, February 8, May 10)
- SD = Snow Day or Make-up date (March 20 & April 11)
- * = Teacher Inservice (August 22 & 23, October 28, January 23, March 17 + 2 Floating)



AUGUST 2023

W

2

9

16 17

23

<mark>30</mark> 31

Т

3

10

24

Т

1

8

15

22

29 28

Μ

7

14

21

2/3

F

4

11

18

25

WEST SALEM SCHOOL DISTRICT
2023-2024 CALENDAR

SEPTEMBER 2023						
Μ	M T W T F					
				1		
<mark>NS</mark>	5	6	7	8		
11	12	13	14	15		
18	19	20	21	22		
25	26	27	28	29		
	M NS 11 18	M T NS 5 11 12 18 19	M T W Image: NS 5 6 11 12 13 18 19 20	M T W T Image: Market Mar	M T W T F I I I I NS 5 6 7 8 11 12 13 14 15 18 19 20 21 22	

DECEMBER 2023

W

6

13

20

NS

Т

5

12

19

<mark>NS</mark>

Μ

4

11

18

NS

16

18

F

1

8

15

22

<mark>NS</mark>

Т

7

14

21

<mark>NS</mark>

	20				
Μ	Т	W	Т	F	
2	З	4	5	6	
9	10	ER	12	13	
16	17	18	19	<mark>NS</mark>	
23	24	25	26	<mark>NS*</mark>	
30	31				

	21				
М	Т	W	Т	F	
<mark>NS</mark>	2	3	4	5	
8	9	10	11	12	
15	16	17	18	19	
<mark>NS</mark> *	23	24	25	26	
29	30	31			
					_

	21				
М	Т	W	Т	F	
<mark>NS</mark>	2	3	4	5	
8	9	10	11	12	
15	16	17	18	19	
22	23	24	25	26	
29	30				

SERVE WITH PASSION TO IGNITE CREATIVITY, INNOVATION, AND **EXCELLENCE**

First Day for High School: August 29, 2022 First Day of School: August 30, 2023 Last Day of School: May 30, 2024 Graduation Day: May 26, 2024

NOVEMBER 2023 19 Т W Т F Μ 1 2 3 7 10 6 8 9 13 14 15 16 17 20 21 NS NS NS 28 29 27 30

FEBRUARY 2024						
Μ	Т	W	Т	F		
			1	2		
5	6	<mark>ER</mark>	8	9		
12	13	14	15	<mark>NS</mark>		
19	20	21	22	23		
26	27	28	29			

MAY 2024					21
Μ	Т	W	Т	F	
		1	2	3	May 8-ER
6	7	<mark>ER</mark>	9	10	*ER K-8 Only
13	14	15	16	17	*9-11 No
20	21	22	23	24	School *12-SEP
<mark>NS</mark>	28	29	30	SD	presentation
					day

	 18	19	20	21	22			
	 25	26	27	SD	NS			
	JUNE 2024							
	 Μ	Т	W	Т	F			
2	3	4	5	6	7			
nly	10	11	12	13	14			
		10	4.0	~~		1 —		



- NS = No School for All students
- ER = Early Release (Students dismissed at 12:20, Buses leave at 12:30 on October 11, February 7, May 8)
- SD = Snow Day or Make-up date (March 28 & May 31)
- = Teacher Inservice (August 21 & 22, October 11, January 22, March 15 + 2 Floating) *

	MA	RCH 2	2024	
Μ	Т	W	Т	F
				1
4	5	6	7	8
11	12	13	14	<mark>NS</mark> *
18	19	20	21	22
25	26	27	SD	NS

	JUNE 2024						
	Μ	Т	W	Т	F		
	3	4	5	6	7		
у	10	11	12	13	14		
	17	18	19	20	21		

