

MEAL BUNDLE January 11-15

Heating Instructions

Food Item	Heating Instructions
<p>Pasta Chicken Alfredo</p>	<p>Store in Freezer</p> <p>Oven: Transfer to a shallow ovenproof dish, cover it with foil, and bake it in the oven at 350° F until just heated through, about 10-20 minutes.</p> <p>Microwave: Transfer to a microwave safe dish, cover loosely, and microwave in 60 second intervals, stirring between each, until just heated through, about 1-3 minutes.</p>
<p>Pizza Burger</p>	<p>Store in Freezer and thaw the night before preparing</p> <p>Oven: Transfer to an ovenproof pan and bake it in the oven at 350° F until just heated through, about 10-15 minutes.</p> <p>Microwave: Transfer to a microwave safe dish, cover and microwave until heated through, approximately 45-60 seconds.</p> <p>*FOR FOOD SAFETY AND QUALITY COOK BEFORE EATING TO AN INTERNAL TEMPERATURE OF 165°F. Refrigerate or discard any unused portion.</p>
<p>Loaded Beef and Cheese Nachos</p>	<p>Store in Freezer</p> <p>Oven: Transfer to a shallow ovenproof dish, cover it with foil, and bake it in the oven at 350° F until just heated through, about 10-20 minutes.</p> <p>Microwave: Transfer to a microwave safe dish, cover loosely, and microwave in 30 second intervals, stirring between each, until just heated through, about 1-2 minutes.</p>
<p>Popcorn Chicken</p>	<p>Store in Freezer, may thaw the night before</p> <p>Conventional Oven: Bake on a sheet pan for 10-12 minutes at 350F.</p> <p>Convection Oven: Bake on a sheet pan for 6-8 minutes at 350F.</p>
<p>Corn</p>	<p>Store in Freezer</p> <p>Microwave: Place vegetables into a microwave safe container with a lid. Add water to vegetables. Microwave on high for 1 1/2 - 3 minutes. Stir. Repeat twice. The vegetables should be hot throughout and bright-colored.</p>
<p>BBQ Pork Rib</p>	<p>Store in Freezer</p> <p>Conventional Oven: Do not thaw. Lay out patties on an oven sheet pan in a single layer. Preheat oven to 350 degrees F and bake for 12-14 minutes.</p> <p>Convection Oven: Do not thaw. Lay out patties on an oven sheet pan in a single layer. Preheat oven to 350 degrees F and bake for 10-12 minutes.</p>
<p>Tater Tot</p>	<p>Store in Freezer</p> <p>Oven: Preheat oven to 425 degrees F, spread evenly on a baking sheet, and cook frozen product for 12-17 minutes, turning once for uniform cooking.</p>