

# MEAL BUNDLE

## Heating Instructions

Food Item	Heating Instructions
<p align="center"><b>Burger Patty</b></p>	<p>Store in Freezer</p> <p><b>Oven:</b> Bake on a sheet pan at 350° F until just heated through, about 10-12 minutes.</p> <p><b>Microwave:</b> Transfer to a microwave safe dish, add water, cover loosely, and microwave in 60 second intervals, until just heated through, about 1-2 minutes.</p>
<p align="center"><b>Mozzarella Stuffed Breadstick</b></p>	<p>Store in Freezer, but Thaw in Packaging in Refrigerator up to 8 days Before Preparing</p> <p><b>Oven:</b> Preheat oven to 350°F, place on sheet pan, and bake to an internal temperature of at least 165 degrees, about 10-12 minutes.</p>
<p align="center"><b>BBQ Pork Rib</b></p>	<p>Store in Freezer</p> <p><b>Conventional Oven:</b> Do not thaw. Lay out patties on an oven sheet pan in a single layer. Preheat oven to 350 degrees F and bake for 12-14 minutes.</p> <p><b>Convection Oven:</b> Do not thaw. Lay out patties on an oven sheet pan in a single layer. Preheat oven to 350 degrees F and bake for 10-12 minutes.</p>
<p align="center"><b>French Fries</b></p>	<p>Store in Freezer</p> <p><b>Oven:</b> Preheat oven to 425° F, spread frozen fries evenly on a baking pan, and bake for 10-14 minutes, turning once for uniform cooking.</p>
<p align="center"><b>Popcorn Chicken</b></p>	<p>Store in Freezer</p> <p><b>Conventional Oven:</b> Place on a sheet pan, and bake for 10-12 minutes at 350F.</p> <p><b>Convection Oven:</b> Place on a sheet pan, and bake for 6-8 minutes at 350F.</p>
<p align="center"><b>Corn</b></p>	<p>Store in Freezer</p> <p><b>Microwave:</b> Place vegetables into a microwave safe container with a lid. Add water to vegetables. Microwave on high for 1 1/2 - 3 minutes. Stir. Repeat twice. The vegetables should be hot throughout and bright-colored.</p>
<p align="center"><b>Cheese Quesadilla</b></p>	<p>Store in Freezer</p> <p><b>Conventional Oven:</b> Preheat oven to 450°F, arrange in a single layer on parchment lined sheet pan, and bake for 15-17 minutes.</p> <p><b>Convection Oven:</b> Preheat oven to 375°F, low fan, arrange in a single layer on parchment lined sheet pan, and bake for 13-15 minutes.</p> <p>*FOR FOOD SAFETY AND QUALITY COOK BEFORE EATING TO AN INTERNAL TEMPERATURE OF 165°F. Refrigerate or discard any unused portion.</p>