

# January Virtual Menu

3 Day Meal Bundle

5 Day Virtual Menu also available on [nutrislice](#)

Week	Monday/Tuesday	Wednesday/Thursday	Friday
January 4-8	<b>Breakfast:</b> Mini Pancake Maple Burst'n Fruit / Milk <b>Lunch:</b> Cheese Pizza Baby Carrots Fruit / Milk	<b>Breakfast:</b> Yogurt Cup Oatmeal Raisin Breakfast Cookie Fruit / Milk <b>Lunch:</b> Chicken Nuggets French Fries Fruit / Milk	<b>Breakfast:</b> Chocolate Muffin Appleways Oatmeal Bar - Strawberry Fruit / Milk <b>Lunch:</b> Corn Dog Baked Beans Fruit / Milk
January 11-15	<b>Breakfast:</b> Bagel Fruit / Milk <b>Lunch:</b> Pasta with Chicken Alfredo Coleslaw Fruit / Milk	<b>Breakfast:</b> Choc Chip Oatmeal Bar WG Cereal Variety Fruit / Milk <b>Lunch:</b> Loaded Beef and Cheese Nachos Refried Beans Fruit / Milk	<b>Breakfast:</b> Banana Bread Fruit / Milk <b>Lunch:</b> BBQ Pork Rib Sandwich Tater Tots Fruit / Milk
January 19-22	<b>Breakfast:</b> Hard Boiled Egg WG Cereal Variety Fruit / Milk <b>Lunch:</b> Pepperoni Pizza Tossed Salad Fruit / Milk	<b>Breakfast:</b> Frudel Pastry - Apple Fruit / Milk <b>Lunch:</b> Cheeseburger on WG Bun Mixed Vegetables Fruit / Milk	<b>Breakfast:</b> Blueberry Muffin Appleways Oatmeal Bar - Apple Fruit / Milk <b>Lunch:</b> Cheesy Pull-Aparts Baby Carrots Fruit / Milk
January 25-29	<b>Breakfast:</b> Mini Waffles - Maple Madness Fruit / Milk <b>Lunch:</b> Cheesy Garlic French Bread Pizza Tossed Salad Fruit / Milk	<b>Breakfast:</b> WG Glazed Donut Holes Fruit / Milk <b>Lunch:</b> Breaded Chicken Patty on WG Bun Baby Carrots Fruit / Milk	<b>Breakfast:</b> Banana Bread Fruit / Milk <b>Lunch:</b> Cheese Quesadilla Refried Beans Fruit / Milk

\*To ensure food safety and product freshness, please follow the menu in the order it is listed.