

PANTHER POST



WEST SALEM MIDDLE SCHOOL
BEN WOPAT, PRINCIPAL
AMANDA BELD, ASSOCIATE PRINCIPAL



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OFFICE: 608-786-2090 FAX: 608-786-1081

In the midst of winter, I found there was,
within me, an invincible summer.

-Albert Camus-

Dear Families,

Welcome back! I hope you and your children had the opportunity to spend quality time with family, friends and loved ones during the time away from school. It's important to take advantage of these moments so we can rejuvenate, refocus, and approach the new year with a renewed sense of purpose.

We ended the month of December with a community outreach activity. Our annual Christmas Basket food drive held in conjunction with the West Salem Lions Club was also a huge success. Due to the commitment and generosity of students, families, staff, and community members, we were able to help over 70 of our neighbors before the Holidays. Well Done Panthers!

I wanted to take a moment to share a few cold weather FYI's as they relate to school. Any cancellations of afterschool programs or co-curricular activities or events will be placed on our school website as soon as the decision to cancel them has been made. Please be sure to check the website if you think something may be canceled due to inclement weather. On most winter days students will continue to go outside for recess. This is an opportunity for our middle school students to get outside, move, play, and get some fresh air. We encourage & remind students to dress for the weather when they go outside.

As make our way through the winter months let's take advantage of this time and make sure our students continue to approach each school day with purpose. While staying warm may be a seasonal focus right now, it's important to remember that hard work, learning, and achievement develop the invincible summer that our students can carry with them through every season.

Warmly,

Ben Wopat
Principal
Twitter.com/coachwopat

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Please use the links below to
view our newsletter in



IMPORTANT INFORMATION

WSMS STUDENT DROP OFF AND PICK UP

Buses will drop off students at the high school sidewalk, then they will use the new sidewalk by the track/football field to walk to the middle school.

In the interest of your child's safety, all students dropped off or picked up by parents needs to take place on East Avenue. Temporarily stopping your vehicle on Mark Street to have students get out is NOT safe, as Mark Street is very busy during peak morning and afternoon hours.

Please pull forward all the way to the end of the sidewalk to drop off your child so that more cars can get out of the street and into the lot.

MORNING PROCEDURES

Doors will open for students at 7:15 a.m. when supervision starts. They can report to the Commons or make their way to the Success Center. Breakfast starts at 7:15 a.m. as well.

Unless they have a pass from a teacher, students are to remain in the designated areas only until 7:43 a.m., when the first bell rings

Students are expected to be in their classrooms and ready for instruction at 7:50am.

NEWSLETTERS

Middle School newsletters can be found on the district website under the Families tab along the top. An e-mail reminder will be sent each month to let you know when it is available, along with a link to the actual newsletter. If you would like a hard copy of the newsletter, please let the Middle School office know.

**"GUIDE ALL STUDENTS TO BECOME
INDEPENDENT, KIND AND CONFIDENT
LIFELONG LEARNERS."**

**WEST SALEM MIDDLE SCHOOL
MISSION STATEMENT**



IMPORTANT INFORMATION

STUDENT CELL PHONE USE

Students at our middle school are NOT allowed to carry cell phones with them throughout the school day. If a student brings a cell phone to school it:

- Must be turned off

- Must be kept in the student's locker

Cell phones are absolutely NOT allowed on the playground or in the bathroom/locker room.

Students are NOT allowed to use cell phones to take video recordings of other students at school.

Students not following the guidelines will be subject to disciplinary action. Please call if you have any questions.

ALLERGIES

We have several students in the district who have severe allergies to peanuts, tree-nuts and latex. For this reason we are asking that you follow the district policy below:

Our schools are latex-controlled schools. Materials that contain high concentrations of latex, such as most balloons, are prohibited. Our schools are also peanut/tree-nut aware. Please do not send any foods that contain peanuts or tree-nuts (cashews, almonds, pecans, etc.). Please contact the office or the school nurse w/questions regarding any product or material you may wish to bring to the school before bringing the item into the school.

EMERGENCY CONTACT INFORMATION

Please remember to keep the office informed of any changes in your contact information as soon as possible. It is important for us to be able to contact you in the event of an emergency.

If you have caller ID and you have missed a phone call from the middle school, please understand that we are unable to identify the person, extension number, or department that was trying to reach you. Rest assured that if your child is sick or injured, the school nurse will leave a message for you.

Please remind your child to leave a message if they call you.

*Even though students are not allowed to use their cell phones in school, we understand that they may need to text, email or call you if they are not feeling well. Please make sure they have been to the school nurse first and the nurse will then contact you.

SCHOOL SECURITY

The middle school doors will be locked during the school hours of 8:00am - 3:10pm. When coming to the middle school, you will need to be buzzed into the building by using the button located on the east wall of the main entrance on East Ave (door A). Once you enter the building, please sign in in the office.

ATTENDANCE

Each day we are in school, it is very important for us to have the most up-to-date attendance for our students. There are several ways to report absences for illness, appointments, vacations, etc:

We highly encourage you to **report any absences, appointments, or vacations by 8:00 a.m.** each day. Even if your child was sick the day before and will be out again, we still need to hear from you. If you are not in contact us, we then have to call each family that has not reported their child's absence, which can become very time-consuming.

You can call 608-786-2090, Option 1, and leave a message at any time of the day or night. You can leave all absence messages on this voicemail. You can even leave information that is scheduled weeks to months in advance. We keep a yearly spreadsheet with all absences that are reported to us.

You can email at msoffice@wsalem.k12.wi.us. The office will be able to update your child's attendance in Skyward and call you back if there are any questions.

While we understand that appointments are sometimes forgotten, **advanced notification** allows us to have your child ready for pickup in a timely manner.

Final reminder....if your child has an appointment with a medical professional, **please try your best to get a doctor's note** so that we can verify the time away from school. Students are allotted 10 absences per year, and these doctor's notes are used so that appointments are not counted in the 10-day total.

Our goal is to work side-by-side with families to ensure that all students are safe and accounted for each day!

CALENDAR OF EVENTS

JANUARY 14-16	7TH GRADE TREES FOR TOMORROW
JANUARY 15	6TH GRADE BAND & CHOIR CONCERT - 7:00PM
JANUARY 19	NO SCHOOL - TEACHER INSERVICE
JANUARY 23	MID TRIMESTER 2
FEBRUARY 4	EARLY RELEASE - STUDENTS DISMISSED AT 12:20PM BUSSES LEAVE AT 12:30PM
FEBRUARY 6	MATHCOUNTS - REGIONALS
FEBRUARY 12 & 16	PARENT / TEACHER CONFERENCES 3:30-7:00PM
FEBRUARY 27	WINTER WELLNESS - MORE INFORMATION TO COME

ATHLETICS SCHEDULES

WINTER SPORTS SCHEDULE LINK

PLEASE CLICK ON THE LINK ABOVE TO VIEW GAME SCHEDULES FOR:

7TH AND 8TH GRADE GIRLS BASKETBALL

Lunch Menu



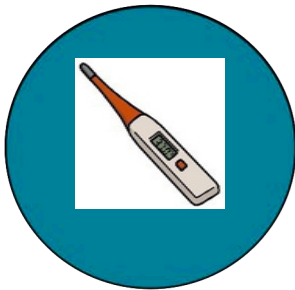
THE MOST UP-TO-DATE
MENU CAN BE FOUND ON
THE SCHOOL DISTRICT
WEBSITE HERE:

JANUARY LUNCH MENU



TOO SICK FOR SCHOOL?

Below are guidelines to help parents and school districts determine when to keep children/students home from school. The recommendations are based on guidelines provided by the Centers for Disease Control and Prevention and state public health professionals. They were developed to help prevent the spread of potentially contagious disease. Home is the best place for a child who is ill. If your child is sick with a diagnosed communicable disease, please notify the school as soon as possible. This notification will greatly assist others who, due to medical reasons and/or treatments, have weakened immune systems and may require immediate and specialized care.



FEVER

With fever greater than 100.4° F*. Student may return when fever-free for **24 hours** (WITHOUT use of fever-reducing medicine).



VOMITING/DIARRHEA

Any unexplained vomiting episode. May return **24 hours** after last episode. Diarrhea = three or more unexplained episodes of watery or loose stool in **24 hours** OR sudden onset of loose stools. May return **24 hours** after last episode.



COUGH

Serious, sustained coughing, shortness of breath, or difficulty breathing.



RASH

Any new rash accompanied by a fever. May return after rash goes away or clearance given by a health care provider.



SKIN LESIONS/SORES



Drainage from a sore that cannot be contained within a bandage OR sores are increasing in size OR new sores are developing day-to-day.




OTHER

Symptoms that prevent the student from active participation in usual school activities OR student is requiring more care than school can safely provide.

* Many authorities use either 100 (37.8 degrees Celsius) or 100.4 F (38.0 degrees Celsius) as a cut-off for fever, but this number actually can range depending on factors such as the method of measurement and the age of the person. CDC has public health recommendations that are based on the presence (or absence) of fever. What is meant by this is that the person's temperature is not elevated beyond their norm. In order to provide clarity the Wisconsin Department of Public Instruction supports the use of 100.4°F.

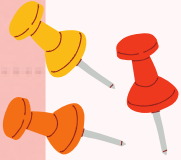


STUDENT OF THE MONTH



Each month, teachers send nominations for Student of the Month. December's focus was Work Hard - Quality work completed in a timely manner. Below is a list of three students from each grade level that exemplified this focus. Mr. Wopat, Ms. Beld, Ms. Becker and Ms. Broughton notified parents of this accomplishment.

GRADE 5



FINLEY GARBERS
ZELLA NOTTESTAD
VIM VANDEN HERIK

GRADE 7

OLIDIA BERLIN
ALISON LENNARTZ
EASTON STEELE

GRADE 6

EVAGELINE GRAY
JACKSON GRITT
BLAKE HUNDT

GRADE 8

GIANA BALSAMO
LAYLA KNEIFL
AVRAM SCHNIEPP-DUFFY



CONGRATULATIONS

for making a difference
in others lives!

We appreciate YOU!





6TH GRADE WINTER CONCERT



**Marie W. Heider
Center for the Arts**

405 E. Hamlin Street, West Salem

Thursday, January 15, 2026

7:00 P.M.



**THE 6TH GRADE CHOIR AND BAND WILL
PERFORM THEIR WINTER CONCERT,
SHOWING OFF THE MUSIC THEY HAVE
BEEN WORKING ON SINCE OCTOBER.**

**STUDENTS ARE TO REPORT TO THE
HEIDER CENTER AT 6:30PM WEARING THEIR
CONCERT BLACK
(BLACK PANTS, SOCK, SHOES, MUSIC POLO).**





5th Grade Update

Math:

Students will be doing a mini unit on Geometry concepts. They will focus on the basics of quadrilaterals and triangles. Then we will move into our next fraction unit which focuses on multiplying and dividing with fractions.

Reading:

We will start off the new year with a fun, all-day reading day! Students will also start reading a class novel, *The Phantom Tollbooth*, and work on reading skills like theme, comparing characters and setting, and figurative language.

Writing:

Students will be creating their own graphic novel that has a theme in the story. Students will write the story and illustrate the pictures. Kids will be participating in classroom spelling bees.



Science:

We have wrapped up our Ecosystems and Matter Cycling unit, and will be beginning our Matter Properties unit.

D.A.R.E:

Students will continue having weekly D.A.R.E. lessons with Deputy Cody. This will eventually lead to a final project and presentation.



Social Studies:

Colonial America is up next in history. Students will map the 13 colonies and discuss the importance of each region before moving to the US state/ capital maps.

-5th Grade Teachers:

Mrs. Fink, Mrs. Kjos, Miss Folkers, Mr. Ringlien, and Miss Schrader, Mrs. Fantz

6TH GRADE NEWSLETTER

JANUARY 2026

English – Mrs. Buisman

Happy New Year! With the start of the new year, we are starting a new unit in writing. Students will begin their opinion/argument writing unit in January. Students will practice using a variety of topics to research and make a claim that shows their opinion. Students will then back up their claims with factual evidence. We will have 2 larger papers during this unit. The first will be about whether chocolate milk should be allowed in school and the other will be a choice between 3 other school related topics.

Math – Mrs. Alo & Mrs. Jehn

Students will complete the second half of Chapter 5 in January which works on algebraic expressions and properties. At the end of this chapter, they will be able to write and evaluate algebraic expressions using the commutative, associative, and distributive properties.

Before the end of the month, students will begin Chapter 6 titled Equations. They will learn to write, solve, and graph one-variable equations and inequalities using the four basic operations. They will also work with writing and graphing two-variables equations.

Accelerated Math – Mrs. Jehn

In January students will complete the second half of Chapter 8 - Integers, Number Lines, and the Coordinate Plane. They will need to recall skills they learned to write and solve equations in Chapter 6 and apply those to writing and solving inequalities.

We will also work in Chapter 9 in January learning about statistical measures including mean, median, and mode as well as quartiles, interquartiles, range, mean absolute deviation. The concepts of measures of variation and mean absolute deviation will be new to students and may bring back fond memories of a statistics course you might have taken years ago. These are difficult topics and very abstract for 6th grade minds.



Social Studies – Mrs. Jeranek

Throughout January we will explore the Civilization of Ancient Greece. Our focus will center around geography economy, social status, governments, religious beliefs, and achievements. Students will compare Athenian and Spartan life, understand events of the Trojan War, and study the Ancient Greek Olympics. We will even participate in our own 6th grade olympics in the near future!



Science – Mrs. Jarosh

It's always exciting when our 6th graders go searching for evidence of chemical reactions! This week, students created a precipitate by mixing two clear liquids and explored the role baking soda plays in chemical reactions. They even built a model to demonstrate the combustion of methane—just like a burning candle!





7th Grade January Newsletter

ELA



Ms. Friell and Mrs. Rochester

Class Supplies: All students are required to have their binder and composition notebook. Both are left in the classroom to ensure they are never lost and are easily accessible. In addition, students should bring headphones and an independent book to class each day.

Lessons: Work to be turned in for a grade is posted on the homework hotline. If a student needs to miss school, please check GC for required work.

Writing and Language: Each class period, we practice working on sentences and/or parts of speech. Word Work also includes learning roots and spelling words. Student have been reviewing and learning strategies to write paragraphs and summaries. We will be continuing our argument unit.

Reading: During the month of January, we will be reading a dystopian choice book. Students will be assessed on reading and writing learning targets as they read the novel. We will also continue reading short fiction and nonfiction pieces as they pertain to class topics.

Dates to Know



Jan. 5- School Resumes

Jan. 14-17 - Trees for Tomorrow

Jan. 19- No School/Inservice



Tips/Helpful Links

PLEASE CHARGE YOUR IPAD EVERY NIGHT

[HOMEWORK HOTLINE](#)

Math



Mrs. Piersma and Mrs. Weber

Welcome 2026!! We hope you all had a wonderful holiday and break. We will be starting new units in all math classes. We will also be taking our mid-year screener to see the progress students have made so far this year. This also helps us keep track of correct panther time placement.

Pre-Algebra

Mrs. Weber



Welcome 2026!! We hope you all had a wonderful holiday and break. We will be starting new units in all math classes. We will also be taking our mid-year screener to see the progress students have made so far this year. This also helps us keep track of correct panther time placement.

Science

Mr. Baker



Even though we are getting into the heart of the genetics unit, we made a switch to dissect deer hearts before winter break! With that out of the way, we will be spending the next few weeks looking into our genes and why we are the way we are. We will be creating family pedigrees (like a family tree) making this a great time to talk to your kids about anything related to your family history.

Social Studies

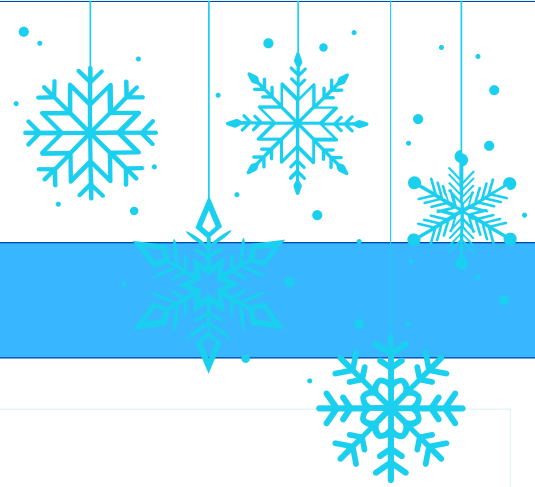
Mr. Mahlum



In 7th grade Social Studies the students will continue to focus on the Bill of Rights. Students will look at the rights we as citizens have due to the first ten amendments to our Constitution. Towards the end of the month we will look at some of the other Amendments outside of the Bill of Rights that have given citizens more rights here in America.

GRADE 8

newsletter



JANUARY EDITION

ELA- Mrs. Meyer & Ms. Sackett

To start the new year, we will hand out the new books selected by the students to be read independently. These books will lead to researching barriers faced by the characters. We will read these books each day, respond in our journals, and discuss the content with our Barriers Book Groups. In addition, we will spend time learning about effective research strategies and reviewing how to take good notes. We will use these skills as we begin to study what barriers exist and what steps have been taken to break down the barriers. Eventually, we will put the research together into a five-paragraph essay. Additionally, we will continue to practice writing a variety of sentence types and will incorporate them in our research papers.

January Targets

R.1 Make logical inferences from a text

R.2 Cite textual evidence that strongly supports an analysis of a text

R.3 Determine one or more central ideas and analyze their development over the course of the text

S.2 Analyze the purpose of information presented in diverse media and formats

S.3 Evaluate the effectiveness of the presentation

L.1 Correctly write compound sentences

L.2 Correctly write complex sentences

L.6 Demonstrate appropriate use of the conventions of standardized English grammar and usage when writing or speaking

SCIENCE- Ms. Smith- Waller

Happy New Year! Last month we started to learn about Astronomy. We began by looking specifically at the Earth-moon-sun system and how those objects interact with each other. Our first focus was the phases of the moon. We completed a few activities demonstrating how the phases change and why we see what we see. Next, we studied Lunar and Solar eclipses. After break we will do an activity where we will recreate the positions of the Earth, moon, and sun to model how these two events occur. We will finish up our first section of this unit on the Earth-moon-sun system by learning the reason we have seasons. A favorite activity for me is a kinesthetic activity where we will use our bodies to represent the Earth and move around the sun. This will help us better understand how the Earth moves in space and what we experience here on Earth as a result.

Essential Learning Outcomes:

- ESS5-2: Show understanding that solar system models explain and predict eclipses of the sun and moon
- ESS5-3: Show understanding that solar system models explain and predict seasons
- SV.1: Use appropriate science vocabulary in different contexts
- DM.1: Develop, use, and revise models to describe, test, and predict more abstract phenomena and design systems

ALGEBRA- Mrs. Coe

We will wrap up Unit 4 on Writing Linear Functions and begin Unit 5 on Solving Systems of Linear Equations. We had our first two Mathcounts competitions in November, and will have our last in school competition in December. We will decide our official Mathcounts team before the holiday break!

The learning targets for Unit 5:

- 5.1: Solve linear systems by graphing.
- 5.2: Solve linear systems by substitution.
- 5.3: Solve systems of linear equations by elimination.
- 5.4: Solve linear systems with different numbers of solutions.
- 5.5: Solve equations by graphing.
- 5.6: Graph linear inequalities in two variables.
- 5.7: Graph and write systems of linear inequalities.



MATH 8- Mrs. Coe & Mrs. Snook

We finished up Angles and Triangles (Unit 3) mid November and started working on Unit 4 Graphing and Writing Linear Equations. We will test on Unit 4 and start working on Systems of Linear Equations (Unit 5) in December.

The learning targets for Unit 4:

- 4.1: Graph linear equations.
- 4.2: Find and interpret the slope of a line.
- 4.3: Graph proportional relationships.
- 4.4: Graph linear equations in slope intercept form.
- 4.5: Graph linear equations using intercepts.
- 4.6: Write equations of lines in slope intercept form.
- 4.7: Write equations of lines in point-slope form.

SOCIAL STUDIES- Ms. Morgan

In January, 8th Grade Social Studies students will explore the challenges faced by our early presidents as they worked to build a new government and guide the young nation's growth. Students will examine how key events and individuals from the Founding Era shaped the United States, with a close look at the transition from the Articles of Confederation to the U.S. Constitution and the creation of the presidency under George Washington and John Adams.

At the same time, students will be finishing their research on a Revolutionary War topic for their individual podcasts. These podcasts, which highlight diverse voices and perspectives from the era, will be written and completed in January as a culminating project.

January Learning Targets

- 8.FE.1: Examine the impact of historical events and individuals on the Founding Era
- 8.FE.2: Use content-specific vocabulary accurately
- 8.FE.3: Explain the challenges the new nation faced following the American Revolution
- 8.FE.4: Assess Washington's and Adams' contributions to the creation of the presidency
- 8.FE.5: Explain the important rights included in the Bill of Rights and why they were included
- 8.FE.6: Critique the effectiveness of the Articles of Confederation and the U.S. Constitution
- 8.FE.7: Summarize the roles, major duties, and powers of the three branches of government and the requirements for serving in each

This unit builds critical historical thinking skills while helping students understand how the foundations of our government continue to impact the nation today.

COUNSELOR'S CORNER



We certainly ended another year on a very positive and supportive note. In conjunction with the West Salem Lions Club, we once again helped to assemble boxes of food/paper products for area families! What a tremendous example of people (kids and adults alike) caring for other people. Panther Pride at its best! A huge "thank you" to everyone who helped support this community service project. Thank you so much!! Also a huge thank you to the Dahl Dealerships who generously donated dozens of bags of food for families. This community continues to help in ways beyond measure and we are so grateful!

Our 8th grade students spent an afternoon exploring careers at Western Technical College in late December. 60 different careers were represented giving our students a variety of options to learn more about. This is always a great event and we appreciate this opportunity for our students.

Everyone is leading busy and hectic lives, yet be sure to take the time for people and events that are truly important in life. This will undoubtedly reinforce positive identity in our young adults by increasing their self-esteem and providing them with a sense of purpose! Wishing you a joyous and prosperous new year all throughout the year!

-Ms. Becker & Ms. Broughton

The Success Center



**Does your student need a little extra support staying on top of assignments?
We're here to help!**



What We Offer:

- Guided homework assistance in all core subjects
- A quiet, structured space for focus and productivity
- Encouragement to build study skills and independence
- Caring, qualified staff who make learning fun!



Hours:

- Mornings before school from 7:15am to 7:45am
- Afternoons after school from 3:15pm to 3:45pm



Location:

- Room 213 (upstairs)



Mrs. Jambois and Mrs. Gross

CREATIVE COMPUTING 7TH GRADE



JANUARY

SCRATCH

Students in Creative Computing will be finishing up their Maze Game projects for our Game Design unit. We will then spent time peer reviewing the games and using that feedback to make our games better. After that, students will make posters to share the games they created with other students in school.

Later in January we will be taking a closer look at AI and learning more about how it works, how it benefits us and the challenges it presents. Students will then create their final projects in Scratch to highlight their learning and suggest what types of limits, if any, we should put on the use of AI.

LMC & TECHNOLOGY 5TH GRADE



JANUARY

GREEN SCREEN FUN!

Students in Mrs. Fink's and Mr. Ringlien's classes have been learning how to use green screens to create wacky photos of themselves in strange places! They will be using this again later on in the trimester to share a photo of them visiting a national park.

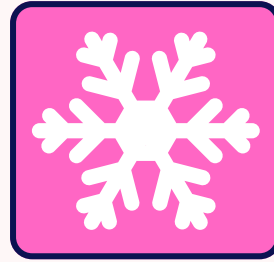
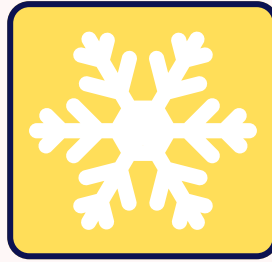
GETTING TO KNOW THE LMC

Students will continue to learn about navigating the LMC in the month of January. They will be learning how to use Destiny Discover to search and filter to help them find books that are a good fit for them.

FIRST CHAPTER FRIDAYS TO COME...

Looking forward to sharing the first chapter of these wonderful books with students in January!





MRS. HEMKER'S

January Art Newsletter

What are We Learning

5th Making maps, pop-art and animal drawings.

6th The Elements of art, simple book making, postcard design

7th Landscape and Collage

8th Copyright, censorship and wallblock planning

Art Elect pen and ink and oil crayon drawing



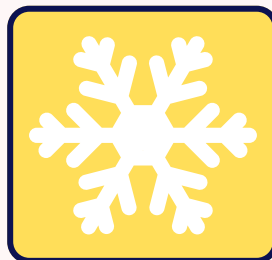
Grading Clarification

Zeros only appear in the art gradebook when something is missing, (hasn't been turned in on Google Classroom) it goes in as NE = No Evidence.

*If this happens, the assignment can still be turned in and be added to the grade book until the end of the trimester.

Current Supply Needs

- used irons
- brown paper bags
- cereal boxes
- ends of ribbon or yarn or other craft scraps



STEM AND ROBOTICS

JANUARY 2026
MR. JONES

STEM AND ROBOTICS CLASSES

6th Grade STEM: Designing an Ankle Foot Orthosis for a patient

7th Grade STEM: Multiview Sketches of 3D Objects

8th Grade STEM: Making Cardboard Pinball Machines

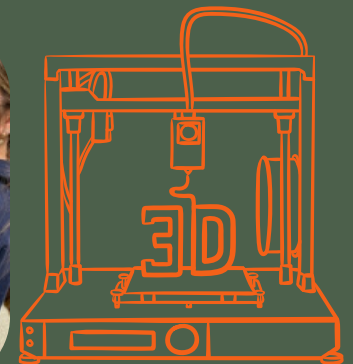
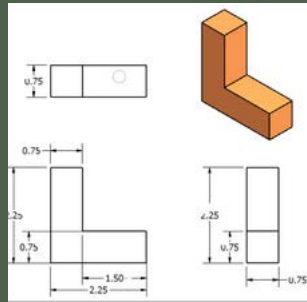
Robotics: Learning how to build and program robots

MR. JONES' PANTHER TIMES

6th Grade: 3D Printing and Architecture Research

7th Grade: 3D Printing and Air Skimmers

8th Grade: Paper Roller Coasters



ESPAÑOL NEWSLETTER

What We Are Learning

GRADO 7

Seventh graders have wrapped up our unit on gustar and hobbies. We are now moving into foods and preferences, followed by our first short novel study. This will focus on building reading confidence and comprehension.

GRADO 8

Eighth graders are beginning a new unit on tener and family members. Students will also start a Wax Museum project focused on a Hispanic figure while launching a novel study. This unit emphasizes language use, culture, and presentation skills.

PANTHER TIME

Students are learning greetings, feelings, the alphabet, numbers, and colors through fun games and energetic songs that keep them engaged and speaking Spanish.

Sonríe

Drinking/ Tomando Mate



Ponche Navideño



Warm, sweet, and packed with fruit, Christmas ponche is the taste of the holidays in a cup. Made to share and enjoy with family and friends.



Reminders

- Día de Reyes- 1/6
- Fiestas de la Calle San Sebastián (Puerto Rico)- 1/15
- Mid Term 2 Ends- 1/23
- P/T Conferences- 2/12 & 2/16

ETC

JANUARY 2026

UPDATE

WSMS NEWSLETTER

6TH GRADE

- Starting Career Exploration
- Website Design

7TH GRADE

- Nightstand Valet
- introduction to the woodshop

8TH GRADE

- Working on LED signs
- Should start building the wood base



PANTHER CREATIONS & RETAIL

This month our PCR class has been learning about Marketing and Business Concepts. In partnership with our Clinical Student from Viterbo, we have developed some hypothetical lesson sets that will test their creative design and speaking skills as they have to present a pitch in front of a panel. This Month's Pitch is about a hypothetical company that has created smart glasses. They need to come up with brand image, logo, advertisement, and slogan that all relates to the target



PANTHER TIME NEWS

6th Grade Panther time is finishing up their finger puppet projects and now learning how to use sewing machines which is a new experience for many of our students. They will then choose a choice sewing project to complete the rest of the trimester.

7th Grade Panther Time has completed rigorous testing of the pinewood derby cars and have now started designing and building their first batch of cars. Students can design up to 3 cars for the race.

Our 8th Grade Panther Time has been running the news the last couple of weeks and have been doing a great job on the morning announcements.

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HEALTHY LIVING



We hope that everyone had a great winter break and were able to be physically active while they were away from school. To start the New Year, we will be continuing our net/wall activities in all grades but also working on more health-related topics in class.



During our Tchoukball games, students in 7th and 8th grade competed in tournaments.

2026 ASL FLOOR HOCKEY

WSB @ HOLMEN
12 JANUARY | AT 4:15

WSB VS BRF
20 JANUARY | AT 4:15

WSB @ BRF
29 JANUARY | AT 4:30

WSB VS ONALASKA
3 FEBRUARY | AT 4:15

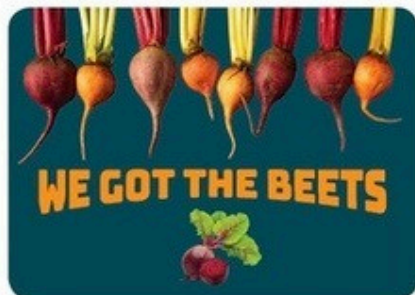
WSB @ LOGAN
5 FEBRUARY | AT 4:15

WSB VS HOLMEN
17 FEBRUARY | AT 4:15

WSB @ ONALASKA
19 FEBRUARY | AT 4:15

WSB VS CENTRAL
23 FEBRUARY | AT 4:15
*FAMILY NIGHT

WSB



Beets are The Harvest of the Month!

Add beets to your favorite family meals:

- Add grated raw beets to salad.
- Mix cooked beets into mashed potatoes for a pop of color.
- Add raw or leftover cooked beets to canned vegetable beef soup and simmer until tender.

Make meals and memories together. It's a lesson kids will use for life.

Select – Choose beets with firm, smooth skins and crisp leaves. Smaller beets are more tender.

Store – Remove greens leaving about 1 inch of stem. Store beets in a plastic bag in the refrigerator for up to 2 weeks.

Prepare – Rinse beets under cool running water and scrub with a vegetable brush. Beets can be eaten raw or cooked. You can eat the beet greens too!

Did you Know?

Most of the beets grown in Wisconsin are red beets, but there are also pink, purple, white, and yellow beets. Try a rainbow of beet colors!



Nutritious, Delicious, Wisconsin!
#WIharvestoftheMonth

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Recipe of the month

Beet Borscht

Serves 10

- 2 cups shredded fresh beets
- 1 cup shredded carrots
- 1 cup chopped onion
- 2 cups water
- 1/2 teaspoon salt
- 2 cans (14-1/2 ounces each) beef broth
- 1 cup shredded cabbage
- 1 tablespoon butter or margarine
- 1 tablespoon lemon juice
- Sour cream, optional

Directions:

1. In a saucepan, bring the beets, carrots, onion, water and salt to a boil.
2. Reduce heat; cover and simmer for 20 minutes.
3. Add broth, cabbage and butter; simmer, uncovered, for 15 minutes.
4. Just before serving, stir in lemon juice.
5. Top each serving with a dollop of sour cream if desired.

Per serving: 69 calories, 2 g fat, 8 g carbohydrate, 2 g fiber, 675 mg sodium Source: laxf2s.org



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