

How Can You #StoptheSpread?

- Stay **6 feet** from other adults unless absolutely necessary (i.e. two person transfers and/or two person holds).
- Wear a **mask** unless you are alone in your classroom.
- Wash hands frequently.
- Stay at home with ill symptoms; contact your medical provider for recommendations for testing.
- Face shields combined with a mask should be worn when:
 - you are in contact with a student who cannot wear a facial covering.
 - the child cannot control secretions including sneezes, coughs, forced expiration of breath, or spitting.
 - when staff are unable to maintain physical distancing, such as providing personal hygiene activities (changing/feeding).

Remember-Someone who is sick can spread the virus **two days before they show symptoms AND not everyone who has COVID-19 has symptoms.**

You are considered a **CLOSE CONTACT** per DHS if you:

- had DIRECT physical contact with an individual who is positive (such as hugging, kissing, handshakes).
- **were within 6 feet (with or without a mask on) for 15 minutes (accumulated time in one day or in one setting).**
- had contact with the person's respiratory secretions (being coughed on/sneezed on, touching a dirty Kleenex, sharing a drinking glass, food, towels, or other personal items).
- Stayed overnight at least one night in the same house as the ill person.

Close contacts need to quarantine for 14 days after their last contact with a positive case.

