

4K

Learning Activities

Dear Parents and Families:

During this unexpected break in our school year, your child can still engage in learning activities each day. Four- and five-year olds learn best through play and engaging with the adults in their lives, so make that the priority.

Our recommendation, as always, is that you **read to your child each day**. Your child will be bringing home extra library books and you can use the seven books you have received from the book-of-the-month club this year, as well as books you have at home. There is also a link on the next page for online read alouds. If this extra break gives you the opportunity to fit reading aloud into your schedule twice a day, that's even better.

You may find this checklist helpful for planning things to prioritize each day.

- Read together
- Play outside
- 1-2 optional learning activities

Your child's teacher has also sent home various supplies and activities. The attached menu of ideas is provided as bank of additional learning activities for you to do with your child. These activities aim to support creativity, exploration, and innovative thinking.

If you have any questions, do not hesitate to reach out to your child's teachers through email.

For your convenience, all of the information included in this packet is also available on the website under the "Families" tab.

Your continued partnership is always appreciated!

Other Activities Menu



Playing with sounds



Playing with letters



Playing with numbers



Exploration Play

<p>Have a scavenger hunt. Ask your child to find something that starts with a certain sound (say the sound, not the letter name). How fast can they find something and get back? Try a few each day.</p>	<p>Practice writing a few capital letters using the correct form (always start at the top).</p>	<p>Grab a handful of Legos. Count how many of each color. How many are there altogether.</p>	<p>Build with blocks, cardboard boxes, Legos, or anything you have on hand. Ask your child to describe what they are building.</p>
<p>As you work with objects around the house, ask your child what sound the object starts with. What does it end with?</p>	<p>Practice writing your name.</p>	<p>Sort 10 items from your pantry/fridge: healthy vs. treats; or by color, shepe, or size.</p>	<p>Cook or bake something together with your child.</p>
<p>Stretch a short word to say each sound individually (such as c ... a... t). Ask your child to blend the word together.</p>	<p>Sing the alphabet song in different voices. Sing it at rocket speed, then at turtle speed, then at normal speed.</p>	<p>Practice counting an object that you have a lot of, such as paper clips, chocolate chips, or beans. Help your child point to each object as they count.</p>	<p>While playing, give your child challenges using position words (above, below, under, over, next to, etc.) "Can you go under the swing? Can you jump above the rock?"</p>
<p>Ask your child to sing a song they learned in school. Can they teach it to you?</p>	<p>Play "I Spy" with letters. "I spy, with my little eye, something that starts with the letter M."</p>	<p>Look around your house. How many shapes can you find?</p>	<p>Do something kind for a family member . Talk about how that makes you feel.</p>
<p>Play with rhymes. Find objects around the house and have your child come up with a rhyming word. Nonsense words work, too!</p>	<p>After your child draws a picture, ask them to label it with any sounds they hear in the word. They do not need to try to write the whole word, just sounds they hear and can write.</p>	<p>How high can your child count? Have them call or video chat with a relative or friend to show off their counting skills.</p>	<p>Have your children explore with crayons or markers. Draw a self-portrait. Draw pictures of your family. Draw a picture of something you did today.</p>
<p>Recite nursery rhymes together. Some ideas:</p> <ul style="list-style-type: none"> • Baa Baa Black Sheep • Jack and Jill • London Bridge • I'm a Little Teapot • Ring Around the Rosie • Humpty Dumpty • Twinkle Twinkle Little Star • The Itsy Bitsy Spider • Hey Diddle Diddle • Mary Had a Little Lamb 	<p>Use magnet letters or write one letter each on 26 pieces of paper. Have your child put them in alphabet order or form their name. How many letters can they name?</p>	<p>Roll a die and tell someone how many dots you see.</p>	<p>Google "free coloring pages" and have your child color with crayons, markers, colored pencils, or watercolor paints.</p>
	<p>Listen to a book read aloud online from https://www.indypl.org/blog/or-parents/free-video-read-alouds</p>	<p>Drop items such as socks, stickers, toys, or blocks into two random groups. Talk about which group has more or less.</p>	<p>Play a simple game together. Talk about how you worked together to play the game.</p>