PANTHER POST

WEST SALEM MIDDLE SCHOOL



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June 2021



Dear WSMS Families,

Congratulations to students, parents and staff on partnering to finish a very unique school year! Looking back on the year, we have all had opportunities to grow as individuals and as a community of learners. I'm sure none of us will forget this time as we move forward to what hopefully will be a "return to normal" in the lives of everyone. We wish our 8th graders the best as they continue their educational journey at the high school. We know you'll do very well in the next stage of your education. You're ready!

I want to draw your attention to the many items contained within this newsletter. Some are year-end items and others are items that pertain to next school year. Please feel free to keep this newsletter someplace handy, as you may want to reference it over the next couple of months.

As always, we encourage you to take an active role in building relationships with your child, our staff and community. We thank you for your continued support of our efforts as we work together to provide the best middle school experience for your child.

Have a great summer with family and friends.

Ben Wopat Principal Twitter.com/coachwopat



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West Salem School District is excited to announce we will be offering summer meals for the community!

No need to sign up or apply - just show up and enjoy! However, we will be sending out a general interest survey to get a better idea of participation numbers. If you are interested in meals, please watch your email for this survey.

Who: Anyone is welcome. Breakfast and lunch will be FREE to anyone 18 years of age or younger. Adults can purchase a breakfast for \$2.50 or a lunch for \$4.25.

What: Guests will come through the serving line and will have the option of hot lunch and a grab-and-go breakfast. Due to safety concerns, meals will not be consumed inside the building.

When: June 9th - August 13th (Monday - Friday) from 11:45 a.m. - 12:30 p.m. —We will be closed, Monday, July 5th for the holiday.—

Where: West Salem Elementary School - Enter through door E by the north parking lot

*If you reside in district boundaries and have extenuating circumstances where transportation is absolutely not an option please contact Angie Hemker the week prior at <u>hemker.angie@wsalem.k12.wi.us</u>.

"Meet Us in the Middle"



K-8 Summer School

July 19 - August 6 8:30-11:40am

Online registration has closed, but limited spots are still available. Please contact Stephanie Williams at <u>williams.stephanie@wsalem.k12.wi.us</u> to register. Additional information can be found on the school website.







The last day of school for students is Thursday, June 3, 2021. This is a half day of school, with release at 12:20pm.

We would like to return all medications to parents no later than this date. Medications should be picked up by parents during the last week of school. No medications, except inhalers, will be given to students to transport home.

Any medications not picked up by the last day of the school will be discarded.

Should your child require medication at school during the 2021-2022 school year, the District does require a <u>new</u> prescription from your child's physician. Please have **THIS FORM** filled out to be provided at the beginning of each school year.

Should you have any questions, please contact the nurse at 608-786-1662 ext. 2.

Thank you for your cooperation. Have a safe and enjoyable summer!

Thank you, Kate Brohmer RN, BSN West Salem School District District Nurse 608-451-1185

The Middle School Newsletters can be found on the district website - <u>www.salem.kl2.wi.us</u>. An e-mail reminder will be sent each month to let you know when it is available along with a link to the actual newsletter. If you would like a hard copy of the newsletter, please let the Middle School office know.

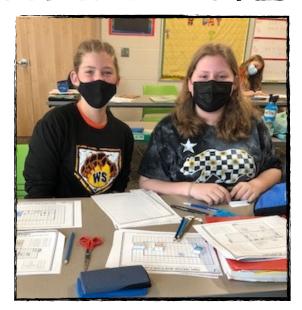


Math 7 - Mrs. Weber & Mrs. Piersma

Have a wonderful summer!! We ended the year with some fun projects. We hope your child shared them with you. Best of luck in 8th grade!

Pre-Algebra - Mrs. Weber

I hope everyone has a wonderful summer and takes some time to relax. We almost finished the 8th grade book with a lot of hard work. They are ready for algebra!!



7th grade math students used what they know about geometry to create tiny homes.





7th Grade School Forest Trip, during "Wolf Howl" at Black River State Forest.

For more pics, see p. 8.



"Meet Us in the Middle"



Allied and STEM....

Choirs 6, 7, 8 - Ms. Nimm

All three choirs have finished out the year by making recordings of themselves singing their current rehearsal songs. The plan is to put the recordings together to make one big choir sound, and send the recordings out to families in early June!

Soundscapes & Small Choir 6

Both classes have finished out the year by talking about how music works in a film. They watched and analyzed many different clips with various sounds behind them.

African Drumming 8 - Ms. Nimm

Students finished out the year by learning a few new ensembles that really challenged them as a group. They had to focus on listening and working together as a team. They also learned several new rhythm cup patterns that they were tested on.

Healthy Living - Mr. Brewer, Mrs. Olson, Ms. Serres, Mrs. Turner

Happy June!!

We have been practicing frisbee skills through Frisbee Golf and Kan Jam. We encourage you to get outside this summer and stay active in any way you find enjoyable. Thank you for a great year in Healthy Living.



Max completing his pyramid with Mrs.Turner







WEB Information "Where Everyone Belongs"

WEB is an orientation program for incoming 5th graders. The 8th graders will lead the 5th graders in activities that help create and maintain our positive school culture. The dates below are for our new WEB Leaders and incoming 5th graders.

Summer dates:

WEB Leader Training: August 16th & 17th 8:00am - 1:00pm Incoming 5th Grade: August 18th from 7:30am - 12:00pm

These events will take place in the BGC gym. Please enter through the side door from the front of the middle school. DO NOT enter through the BGC, since they will be open for child care.



"Collage Paintings" by Mrs. Hemker's 7th Graders





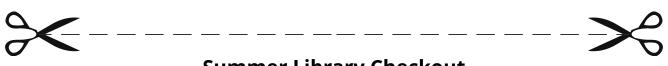




Looking for some great summer reads?

The WSMS LMC is offering summer checkout to students in grades 5, 6 and 7 this summer!

- Students can check out up to 4 books to take home for the summer.
- Books can be returned or exchanged during summer school (July 19 August 4)
- Books that aren't returned during summer school must be returned no later than the end of the first week of school.
- In order to participate in summer checkout, students must return ALL books previously checked out by May 28 AND have a permission form signed by parents (see below).



Summer Library Checkout

Student: _____ Current Grade: _____

has cleared his/her school-year library account and has permission to check out up to 4 books for summer reading. These books will be returned in good condition at the start of school, no later than September 3rd, 2021. I understand that I am responsible for any lost or damaged books.

Parent Signature:

Student Signature:

7th Grade School Forest





















End of Year iPad Collection

As the end of the year approaches, we are starting to plan the collection of our technology. *All iPads will be collected before the end of the school year.* For younger students, that technology may already be at school in the classroom. For students who regularly take iPads home, teachers will communicate exact turn in dates. CRVA students should plan to turn in their technology to the district office June 1, 2 or 3.

What needs to be turned in?

ITEM	COST TO REPLACE*
iPad^	\$299
Protective Case (Some students were also issued a cover)	\$30
Power Cord (2 parts) Charging block^ Cable	\$12 \$5
Keyboard (CRVA students only)	\$30
Headphones (Elementary School CRVA students only)	\$8
Hotspots (for those issued one)	\$100

*Insurance does not cover lost or stolen items

[^]The name on the ipad MUST match the name on the charging block. If the name label is missing on the charging block, please add the name to a piece of tape and stick it on the block.

All iPads will be erased, therefore, the following is recommended:

- Save personal files/photos you want to keep to Google Drive. Click <u>here</u> for video directions.
- Sign out of any Apple ID and/or iCloud account (Found under Settings).
- Remove any passcode (Found under Settings > Touch ID & Passcode).
- Charge the iPad (Students will be asked to turn in their iPad fully charged).

Frequently Asked Questions

What if something is damaged?

Costs to repair damaged iPads will be added to student fees owed if insurance is not a factor. Exception: missing plastic pieces of the case will not be counted as damaged. Will I get the same iPad back next year?

No. This summer the district is doing a technology update.

What if I have more questions which are not answered here?

Please contact Kathy Hilby (hilby.kathy@wsalem.k12.wi.us)



FUN FACTS

COULEE REGION

- Snap peas are also known as sugar snap peas, and are a cross between snow and garden peas.
- Half of the sugar content of peas will turn to starch within 6 hours if kept at room temperature after harvest. Peas are sweetest right off the vine!

NUTRITION INFO

1/2 cup of snap peas has 15 calories and provides vitamins A & C.

Veggie Sesame Dip

Serves 10 Ingredients:

5 cups sugar snap peas (or any vegetable)

S-

- 1/4 cup honey .
- 1/4 cup low sodium tamari or soy sauce 1/2 tsp. ground ginger .
- 1 Tbsp. canola oil
- 1 Tbsp. sesame oil 1 Tbsp. lemon juice .
- 1/4 tsp. lemon zest .

РІСК

Choose peas that have smooth, bright green, crisp pods with no signs of wilting. Fresh snap peas should *snap* when broken in half.

STORE

Store unwashed peas in a perforated bag and use within a few days. Blanched peas can be frozen and used within 12 months.

PREPARE

Before use, wash under running water and trim the stem end. Snap peas can be consumed raw or cooked. Remember, the whole pod is edible!

USE

Remove strings from snap peas. Process honey,

tamari/soy sauce, ginger, canola oil, sesame oil, lemon juice and zest in a food processor fitted with a

steel blade until smooth. Serve with the snap peas.

Directions:

Per Serving (1/2 cup): 54 calories, 3g fat, .3g saturated fat, 1g protein, 8g carbohydrate, .8g fiber, 230mg sodium

Coulee Region Farm to School is a partnership between La Crosse County Health Department, Mayo Clinic Health System – Franciscan Healthcare, Gundersen Health System, and the School Districts of Bangor, Holmen, La Crescent-Hokah, La Crosse, Onalaska, and West Salem.

Serve fresh raw snap peas with dip as a snack or as an addition to summer salads. Top steamed or roasted peas with a drizzle of olive oil and toasted almonds. Snap peas can also be sautéed or stir fried.



MAYO CLINIC HEALTH SYSTEM **GUNDERSEN** HEALTH SYSTEM

24

June 2021

TUESDAY MONDAY WEDNESDAY THURSDAY FRIDAY 2 3 4 Home Style Home Style Sweet Treat Thursday! Hamburger on WG BunWhole Kernel Sweet Corn Chef's Specials Veggie of the Day Fruit of the Day 100% Fruit Juice Slushy Home Style Baked Chips - Original Bakalar's Hot Dog on WG Bun Fresh Baby Carrots Blueberries Grab and Go • Panther PBJ Pack Coleslaw Fruit of the Day . Grab and Go • Panther PBJ Pack Panther YOGURT Pack Veggie of the Day Grab and Go Panther YOGURT Pack Panther PBJ Pack • Panther YOGURT Pack Snow Day 11 9 10 16 17







West Salem Middle School

Lunch

WEST SALEM SCHOOL DISTRICT 2020-2021 CALENDAR

16

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**Summer School July 20-August 7, 2020

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^9/28/2020 Board action to change 10/14/2020 from Early Release to a full day.

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#No school for Elementary & Middle students only

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Note, April 6 is a school day.

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First Day of School: September 1, 2020
Last Day of School: June 3, 2021
Graduation Day: May 30, 2021
Early Release Days:
October 14, February 10, May 12
+March 10, +April 1 (vaccination
clinics for staff)

SERVE WITH PASSION TO IGNITE CREATIVITY, INNOVATION, AND EXCELLENCE

- NS = No School for All students
- # = No School for Elementary & Middle School students
- ER = Early Release (Students dismissed at 12:20, Buses leave at 12:30)
- SD = Snow Day or Make-up date (March 12 & June 4)
- * = Teacher Inservice (August 25 & 26, October 30, January 18, March 19 + 2 Floating)

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NEXT YEAR'S District Calendar



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WEST SALEM SCHOOL DISTRICT 2021-2022 CALENDAR

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students only. High in school.

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	25	26	27	28	29	

First Day of School: September 1, 2021

Last Day of School: June 3, 2022

Graduation Day: May 29, 2022

SERVE WITH PASSION TO IGNITE CREATIVITY, INNOVATION, AND EXCELLENCE

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#No school for Elementary & Middle students only. High in school.

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NS = No School for All students

= No School for Elementary & Middle School students

- ER = Early Release (K-12 Students dismissed at 12:20, Buses leave at 12:30 on October 13, February 9, May 11)
- § = High School students (dismissed at 12:00 on November 17, December 8, March 2, April 6)
- SD = Snow Day or Make-up date (March 11 & April 19)
- = Teacher Inservice (August 24 & 25, October 29, January 17, March 18 + 2 Floating)